

## **ABFP Announcement**

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# **1<sup>ST</sup> RECERTIFICATION PROCESS FOR THE Certificate of Added Qualifications in Geriatric Medicine**

**FOR HOLDERS OF CERTIFICATES DATED 1988-1998**

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**Pre-applications will automatically be sent to you: March 1996**

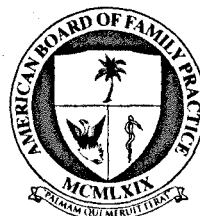
**Due date for return to ABFP: April 1, 1996**

**Examination Date: Wednesday, November 19, 1997**

(If you have not received your pre-application by mid-March 1996, please notify our office.)

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American Board of Family Practice  
Geriatric Medicine  
2228 Young Drive  
Lexington, KY 40505-4294  
(606) 269-5626 ext. 250;  
fax (606) 266-4089



# The Journal of the American Board of Family Practice

## CLASSIFIED ADVERTISING SECTION

The classified rate is \$1.75 per word (minimum charge of \$75.00 per ad insertion) and \$100.00 per column inch for classified display ads.

Please call (609) 768-9360 and ask for classified advertising rate information on various classified display ad sizes. Prepayment in full is required with all classified advertising.

Confidential reply boxes are an additional \$10.00 per insertion. Responses are sent directly every Tuesday and Thursday, and the box will remain open for three months.

**Note:** Our classified advertisements are all set in the same typeface and format. Italic, underlining or special typefaces are not available. All ads are listed by geographic location. Classified ad-

vertisements placed with JABFP are restricted to physician recruitment, faculty positions, CME courses, seminars, and practices for sale. All ads must relate to the medical field and are subject to approval.

Please refer to the schedule below for closing

### Classified Advertising Deadlines

Issue Date	Closing Date
March-April	February 1
May-June	April 1
July-August	June 1
September-October	August 1
November-December	October 3

dates. All advertisements for employment must be nondiscriminatory and comply with all applicable laws and regulations. Ads that discriminate against applicants based on sex, age, race, religion, marital status or physical handicap will not be accepted.

Classified advertising orders, correspondence, and payments should be directed to:

**M. J. Mrvica Associates, Inc.**  
155 South White Horse Pike  
Berlin, NJ 08009  
Tel (609) 768-9360  
Fax (609) 753-0064

### Northeast

#### MASSACHUSETTS

- Home/office for sale
  - Large private parking lot
  - Convenient to Rtes 93, 128, 3
  - Possible expansion of professional space.
- Call 617-272-58909, Burlington, MA.

**NORTHWESTERN NJ** - Family Practice opportunities with competitive compensation package available for BE/BC Family Physicians. Send CV to: Attention: Elizabeth Lejeune, Northwest Covenant Medical Center, Dover General Campus, 24 Jardine Street, Dover, NJ 07801. Fax: 201-989-3575. Phone: 201-989-3604.

**FAMILY PRACTICE FACULTY** position available in a community hospital of 354 beds affiliated with Penn State-Hershey. Join 6 full-time faculty in a well-established 18-resident program. Responsibilities include teaching residents and medical students, outpatient and inpatient care (including obstetrics), and specific time allotted for research and development of research curriculum. Applicant must be Board Certified in Family Practice with minimum of 2 years teaching and practice experience. Research fellowship considered a plus. Competitive salary and outstanding benefits include a clinical appointment at Penn State-Hershey Medical Center. Located in a small city offering abundant shopping, dining, culture, recreation, and high quality of life in the heart of the beautiful Allegheny Mountains. Send letter of intent and CV to:

Elissa J. Palmer, M.D., F.A.A.F.P.  
Family Medicine Residency Program Director  
Allegheny Family Physicians  
501 Howard Avenue, Suite F2  
Altoona, PA 16601  
(814) 946-2020

**SUBURBAN PITTSBURGH - FAMILY PRACTICE FACULTY** - An excellent opportunity exists for a BC Family Practitioner to become a member of a prestigious faculty group. This fully-accredited program, which currently consists of eighteen

residents, is anticipating expansion. The program is sponsored by a progressive, mid-sized community hospital noted for its outstanding medical staff. Opportunity to live in a community which provides all of the benefits of a small town and an easy commute to a major metropolitan city. Enjoy award winning school districts, quality affordable housing and a vast array of cultural amenities. Excellent compensation/benefits. For more information please contact: Elaine Bolanis at Daniel Stern Associates, The Medical Center East, 211 North Whitfield Street, Pittsburgh, PA 15206. Call 800-438-2476 or fax 800-892-2781.

### SCHENECTADY, NEW YORK

**Unique opportunity for a BC/BE family practice physician with a fellowship in family practice medicine to help develop and establish a new family practice in Schenectady, NY to provide care to an underserved area. Will be affiliated with local area acute care hospitals and clinics. The practice will be comprised of 3 family practice physicians. Attractive salary and benefit package. The Practice is close to major urban areas as well as recreational opportunities in the Adirondack State Park. Please respond to:**

JABFP / Box Ad 1002  
2 Greenwich Office Park  
Greenwich, CT 06831

of 55,000. Call is 1:6 (shared with two solo FPs). Salaried house physician position may also exist. Strong industrial base with more Fortune 500 companies per population square mile than any other county in the state! Safe, family oriented community located just 35 minutes from golf resort of Pinehurst, two hours or less from the coasts and all four of North Carolina's largest cities. Progressive 124-bed hospital. Competitive compensation package. Melissa Ciarrocca, Scotland Memorial Hospital, (800) 764-7497. FAX (910) 291-7499.

**COASTAL CAROLINA** - Family Medicine Faculty: The New Hanover Regional Medical Center in affiliation with the University of North Carolina in Chapel Hill and the Coastal Area Health Education Center is aggressively developing a new residency training program in Family Medicine in Wilmington, NC. To that end we are recruiting two additional full time faculty members. These opportunities include teaching, patient care, administrative responsibilities and scholarly activities. Applicants must demonstrate qualities consistent with the comprehensive care of families to include maternal/child health. Board Certification in Family Medicine essential; experience and training in residency/medical student education as well as private practice highly desirable; fellowship training in OB, Sports Medicine, or Academic Family Medicine preferred. Send letter of inquiry and CV to: James Lenhart, M.D., Program Director in Family Medicine, Coastal AHEC, Family Medicine Residency Program, P.O. Box 9025, Wilmington, NC 28402-9025. (910) 343-0161. All inquiries will be held in confidence. Coastal Family Medicine and affiliated institutions are equal opportunity employers. Women and minorities are encouraged to voluntarily identify themselves.

**FAMILY MEDICINE/INTERNAL MEDICINE:** Board certified/Eligible for expanding group practice in beautiful waterfront east coast community. Competitive salary and benefits. Send resume to:

JABFP  
Reply No. 1001  
2 Greenwich Office Park  
Greenwich, CT 06831

### Southeast

**NORTH CAROLINA** - Outstanding opportunity for BC/BE FP to practice solo or join three BC associates in growing community of 34,000 draw area

**ASSOCIATE DEAN, UNIVERSITY OF ALABAMA SCHOOL OF MEDICINE, TUSCALOOSA PROGRAM.** Dean, College of Community Health Sciences The University of Alabama School of Medicine is seeking nominations and applications for the position of Associate Dean, University of Alabama School of Medicine-Tuscaloosa Program/Dean-College of Community Health Sciences. The Tuscaloosa Program is a branch campus of the medical school and as such is responsible for the medical education of third and fourth year medical students at that campus. The incumbent should have a terminal degree (MD or PhD or equivalent) and, if an MD, should be board certified in a specialty, preferably a primary care specialty. He or she should be committed to high quality medical education and related fields in a manner compatible with the aims, goals and mission statements of the medical school and university. He or she should have administrative experience in a medical school, preferably one with multiple campuses, and should have skills in managerial work in an evolving matrix organization. For further information or to make nomination or application, please send curriculum vitae to: Amy Thompson, Director, Administrative Services, Medical Dean's Office-MEB 310, University of Alabama School of Medicine, Birmingham, AL 35294-3293, Telephone 205-934-1111, Fax 205-934-0333. The University of Alabama System is an Equal Opportunity/Affirmative Action Employer.

**KENTUCKY MOUNTAINS: MCDOWELL, KENTUCKY** is base for varied family practice. 60-bed hospital in small, rural community, two hours from Lexington, KY, via excellent roads. "Cradle-to-grave" medicine in friendly, safe area. Generous salary, productivity bonus, and benefits package. Contact Andrew Johns, Appalachian Regional Healthcare, P.O. Box 8086, Lexington, KY 40533, 1-800-888-7045 or (606) 226-2537 collect. EOE.

#### Midwest

**115-PHYSICIAN, MIDWEST MULTISPECIALTY** - BE/BC candidates for general family medicine practice with no OB required. FPs also sought for our ambulatory Urgent Care Center, 12 hour shifts, 8AM-8PM, seeing 50-60 pts. per day. Safe, thriving family community, Money Magazine Top 20, low unemployment, low crime. Purdue University offers academics, cultural events, sports.

Physician Recruitment,  
Arnett Clinic, POB 5545,  
Lafayette, IN 47904.  
800/899-8448

**MISSOURI:** 30 physician MSG seeking BE/BC Family Practice Physician signing bonus and outstanding compensation. Collegetown with service area of 87,000. Call 1/6 or urgent care/no call position available. Fax CV to: (314) 447-6775. Attention: UT&A.

**LAKE MICHIGAN SHORELINE COMMUNITY.** Join 85 physicians at an integrated health care system in southeastern Wisconsin. Enjoy working in a progressive organization with eight family physicians and affiliate with two local hospitals. Excellent call coverage, no obstetrics, and an attractive income package. Easy access to both Chicago and Milwaukee. For more information, call T. Benson Glynn at (800) 243-4353.

**AHEC - FORT SMITH, ARKANSAS** is recruiting a family physician for a full time faculty position. Community based, University administered 6-6-6 Program in community of 75,000 in scenic Arkansas river valley near Ozark and Ouachita Mountains. Temperate climate with four seasons. Duties include teaching residents and medical students and direct patient care including operative OB. Competitive salary with excellent benefit package. Must be ABFP certified and able to obtain an Arkansas license. Call (501) 785-2431 for Larry L. Hanley, M.D., Program Director or L.C. Price, M.D., AHEC Director, or send CV to 612 So. 12th St., Fort Smith, AR 72901-4702. EOE.

#### Southwest

**NEEDED IN MOUNTAIN COMMUNITY** close-in to major city MD Family Practice Physician BC/BE who wants to run own practice.

Vincent Botarelli  
POB 1990  
Tijeras, NM 87059  
505-281-1177

**ESTABLISHED FAMILY PRACTICE FOR SALE.** Beautiful piney woods of East Texas, lakes, fishing, hunting, golf, and a great family environment. Near major metropolitan area. Send inquiries to: P.O. Box 29557, Dallas, TX 75229-0557, fax (214) 488-9598.

**ASSOCIATE RESIDENCY DIRECTOR.** Associate Director, Clinica Campesina Family Medicine Track of the University of Colorado Family Medicine Residency. Unique opportunity with community-based training program in Lafayette, CO. Seeking an experienced, energetic physician committed to working with underserved populations, to lead this successful program. Must be board certified in family medicine with experience in administration and residency training. Obstetrics required. Fluency in Spanish helpful. Explore the possibilities! Interested applicants send CV and references to Janet Rasmussen, Clinica Campesina Family Health Services, 1345 Plaza Court North, #1A, Lafayette, CO 80026 by June 1, 1996. UCHSC is committed to Equal Employment Opportunity Affirmative Action.

#### Saudi Arabia

**SAUDI ARABIA:** International Opportunity. The King Faisal Specialist Hospital & Research Centre, a 500-bed tertiary hospital in Riyadh, Saudi Arabia, is currently seeking board-certified Family Practitioners to work in a clinic setting. Candidates must have a minimum of 7 years experience, including post-graduate training, in Family Practice. Send a current CV to: HCA International, Washington Square, Suite 311, 222 2nd Ave. N., Nashville, TN 37201. Fax (615) 259-7093 or call (800) 932-4685 (US & CN).

## UNIVERSITY OF TENNESSEE COLLEGE OF MEDICINE CHATTANOOGA UNIT DEPARTMENT OF FAMILY MEDICINE



The Department of Family Medicine is seeking four full-time faculty members for a new Department of Family Medicine.

Applicants must hold an MD degree or the equivalent and be certified by the American Board of Family Practice. Must provide a full range of practice, including women's health care; special clinical skills are desired. Experienced applicants at Assistant Professor or above with proven abilities needed for opportunities in patient care, teaching, scholarly activities and administration. Salary and academic appointment commensurate with training and experience.

#### Contact:

J. Mack Worthington, MD  
Professor and Chairman  
932 East Third Street, Suite 400  
Chattanooga, TN 37403  
(423) 778-2957

◆ ATLANTA ◆  
Georgial

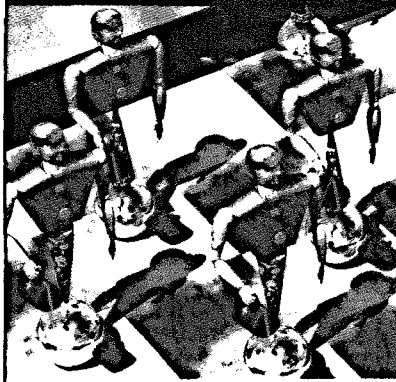
A partner in the prestigious 9-hospital Promina Health System is pleased to announce the availability of several outstanding FP opportunities. We offer:

- ◆ Friendly neighborhood Family MedCare Center sites in one of the Southeast's most desirable locations.
- ◆ A regular scheduled work week with minimal evening or weekend demands (usually 40 hours).
- ◆ Complete nursing and administrative support in modern facilities.
- ◆ Total out-patient care—NO IN-PATIENT RESPONSIBILITIES.
- ◆ Comprehensive hospital services that include: outpatient surgery, women's center, immediate care center.
- ◆ Very competitive financial and benefits package: secure salary income, 3 weeks paid vacation; \$2,000 CME stipend (1 week); paid malpractice, PAID health, life and dental for you and your family, 403B saving plan, pension plan and generous relocation plan!

For more information, please contact:

MARK HALIK ◆ HENRY RIENSTRA  
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You and the Naval Reserve.  
Full Speed Ahead.

Working With Us  
Could Put You  
In The Hospital

Family Health Plan, a flourishing managed health care organization in Milwaukee, Wisconsin, is seeking well-qualified physicians to staff a newly-formed hospital service in two of Family Health Plan's affiliated hospitals on a full-time basis.

The successful candidates will have board certification in internal medicine or family practice. Our in-patient physicians will work with a team of other qualified physicians in the care of hospitalized medical and surgical patients. Extensive experience in the in-patient setting, including appropriate hospital utilization, is essential.

Our physicians enjoy highly competitive salaries and excellent benefits including:

- 4 weeks of paid vacation
- 7 1/2 paid holidays
- 3 personal days
- Malpractice insurance
- Health, dental, life and disability insurance
- 2 weeks of CME/ \$3,500 CME monies
- Payment of hospital dues
- Licensing and board (re)certification fees
- Generous retirement benefits



So, if you're looking for an opportunity to work in a hospital setting, we'd like to welcome you to the Family.

PLEASE CONTACT:

Jeanne Dermody, Professional Staffing Manager  
Family Health Plan

11524 W. Theo. Trecker Way, Milwaukee, WI 53214  
OR CALL TOLL FREE: 1-800-236-3471



"A lot of people visit this place to escape their lives. I moved here to enjoy mine."

- Dr. Brent James, Executive Director, IHC Institute for Health Care Delivery Research

Living in the Intermountain West gives me a quality career and lifestyle. I can work for one of the nation's leading health care systems and enjoy a life rich in the arts and natural recreation.

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Health Care

## The Best Being at Baylor

The Baylor Health Care System, a nationally renowned health care provider, is currently seeking highly qualified Family Practice physicians for its growing primary care network in Dallas/Ft. Worth, Texas. Comprised of a prestigious 1455-bed tertiary teaching facility and 7 owned/affiliated medical centers, Baylor has an array of premier practice opportunities that offer:

- ★ Prime Dallas/Ft. Worth metro, suburban and rural locations!
- ★ Multi-specialty and single specialty positions in private practice and employment settings.
- ★ Net income guarantee or salary arrangement with incentives and bonuses.
- ★ Comprehensive benefits including health, malpractice and relocation assistance for selected positions

Dallas/Fort Worth is regarded as one of the top U.S. metropolitan cities providing you and your family access to upscale amenities and a unique, family-oriented lifestyle.

If you are currently seeking a new Family Practice and would like additional information regarding these exceptional opportunities, please contact:



**WESLEY MILLICAN or  
SHERRY CHOWDERY**  
**1-800-887-8759**

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**JABFP**  
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The Journal of the  
American Board of  
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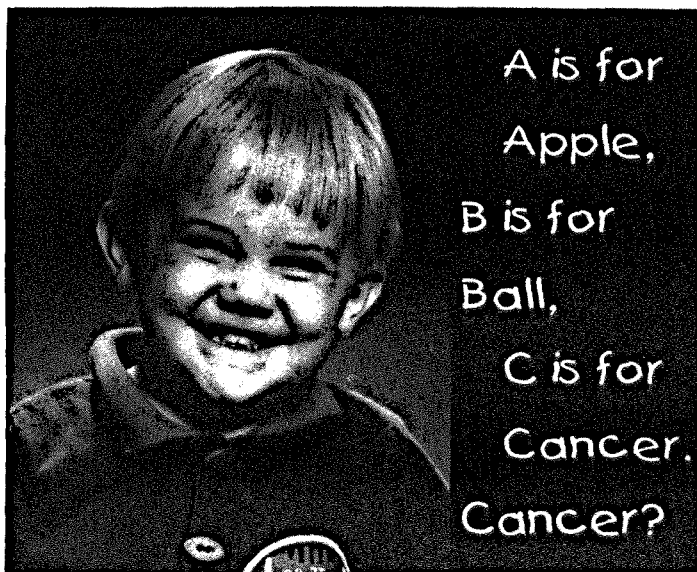
## Come to beautiful... NORTH CAROLINA!

Join our busy North Carolina Family Medicine practice! This friendly neighborhood clinic setting requires no hospital duties and is located in a safe, family-oriented community just 45 minutes from exciting Charlotte. You and your family can enjoy nearby amenities that include:

- The Blue Ridge Mountains ●Recreational Lakes
- East Coast fun ●Pro-sports!

Best of all, you will be affiliated with the prestigious Nalle Clinic—one of the largest multi-specialty groups in the country! Serving Charlotte and surrounding communities for 75 years, the Nalle Clinic is managed by PHYCOR, the medical management company that operates and manages 30 multi-specialty clinics nationwide. As a Nalle Clinic physician, you will receive a comprehensive salary plus production incentives, shared call and generous benefits package! For more info, call:

**HENRY RIENSTRA or MARK HALIK ● 1-800-444-2159**



Although cancer is a very grown-up disease, thousands of children like Adam learn all about it each year when they're diagnosed with one of its deadly forms.

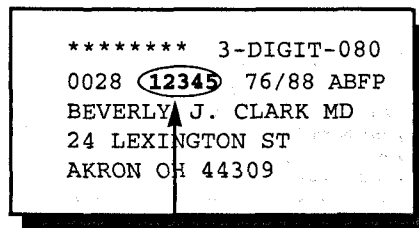
But these children have a fighting chance because of life-saving research and treatments developed at *St. Jude Children's Research Hospital*. To learn more about the work doctors and scientists are doing at St. Jude and how you can help, call:



**ST. JUDE CHILDREN'S  
RESEARCH HOSPITAL 1-800-877-5833.**  
Danny Thomas, Founder

# ATTENTION

## DIPLOMATES OF THE ABFP ADDRESS CHANGE FORM



5-digit ABFP Identification Number

The Board prefers the use of *professional addresses*, because the address given will become your "address of record" with the Board and will be published in our Directory of Diplomates.

Current addresses for all Diplomates are necessary for communication from the Board relating to the Examinations, updated Recertification information, etc., as well as to ensure the receipt of the *Journal of the American Board of Family Practice*.

Name \_\_\_\_\_

### Current Address

### New Address

Street \_\_\_\_\_

Street \_\_\_\_\_

City/State \_\_\_\_\_

City/State \_\_\_\_\_

Zip Code \_\_\_\_\_

Zip Code \_\_\_\_\_

Effective Date of Change \_\_\_\_\_

Signature of Diplomate \_\_\_\_\_

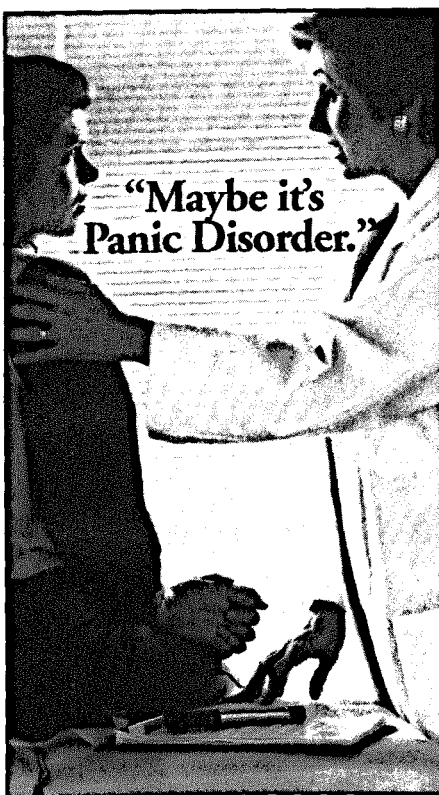
ABFP Identification Number \_\_\_\_\_

(5-digit number above name on mailing label)

Year of Certification or Recertification \_\_\_\_\_

**Return to:**

**The American Board of Family Practice  
2228 Young Drive  
Lexington, KY 40505**



"Maybe it's  
Panic Disorder."

Your patient talks about repeated episodes of racing heartbeat, shortness of breath, dizziness and feelings of overwhelming terror. But medical tests show nothing is wrong. Maybe it's time to consider Panic Disorder.

Three to six million Americans have Panic Disorder, and with appropriate treatment, 70 to 90 percent of them improve significantly. To learn more about Panic Disorder, its symptoms and treatment, call 1-800-64-PANIC.

## Panic Disorder

It's real. It's treatable.

National Institute of Mental Health  
National Institutes of Health

A public service message brought to you by this publication and the NIMH Panic Disorder Education Program.

# Esgicplus™ tablets

Butalbital 50mg (Warning: May be habit forming)  
/Acetaminophen 500mg/Caffeine 40mg

**References:** 1. Benson GD. Hepatotoxicity following the therapeutic use of antipyretic analgesics. *Am J Med.* 1983;75(suppl 5A):85-93. 2. Jick H. Effects of aspirin and acetaminophen in gastro-intestinal hemorrhage. *Arch Intern Med.* 1981;141:316-321. 3. Mielke CH Jr. Comparative effects of aspirin and acetaminophen on hemostasis. *Arch Intern Med.* 1981;141:305-310. 4. Hansten PD. *Drug Interactions.* 5th ed. Philadelphia, PA: Lea & Febiger, 1985, p. 95. 5. Insel PA. Analgesic-antipyretics and antiinflammatory agents; drugs employed in the treatment of rheumatoid arthritis and gout. In: Gilman AG, Rall TW, Nies AS, Taylor P, eds. *The Pharmacological Basis of Therapeutics.* 8th ed. New York, NY: Pergamon Press; 1990:638-681.

## ESGIC-PLUS™ Tablets

(Butalbital, Acetaminophen and Caffeine Tablets, USP)  
50mg/500mg/40mg

**Brief Prescribing Information:** (Please see package insert for full prescribing information) Each Esgic-plus™ Tablet contains: Butalbital, USP 50 mg. **WARNING:** May be habit forming. Acetaminophen, USP 500 mg, Caffeine, USP 40 mg. In addition each tablet contains the following inactive ingredients: microcrystalline cellulose, croscarmellose sodium, colloidal silicon dioxide and stearic acid.

**CONTRAINDICATIONS:** This product is contraindicated under the following conditions: • Hypersensitivity or intolerance to any component of this product. • Patients with porphyria. **WARNINGS:** Butalbital is habit-forming and potentially abuseable. Consequently, the extended use of this product is not recommended.

**PRECAUTIONS: General:** Esgic-plus™ Tablets should be prescribed with caution in certain special-risk patients, such as the elderly or debilitated, and those with severe impairment of renal or hepatic function, or acute abdominal conditions. **Information for Patients:** This product may impair mental and/or physical abilities required for the performance of potentially hazardous tasks such as driving a car or operating machinery. Such tasks should be avoided while taking this product. Alcohol and other CNS depressants may produce an additive CNS depression, when taken with this combination product, and should be avoided. Butalbital may be habit-forming. Patients should take the drug only for as long as it is prescribed, in the amounts prescribed, and no more frequently than prescribed. **Laboratory Tests:** In patients with severe hepatic or renal disease, effects of therapy should be monitored with serial liver and/or renal function tests. **Drug Interactions:** The CNS effects of butalbital may be enhanced by monoamine oxidase (MAO) inhibitors. Esgic-plus™ Tablets may enhance the effects of: other narcotic analgesics, alcohol, general anesthetics, tranquilizers such as chloridiazepoxide, sedative-hypnotics, or other CNS depressants, causing increased CNS depression. **Drug/Laboratory Test Interactions:** Acetaminophen may produce false-positive test results for urinary 5-hydroxyindoleacetic acid. **Carcinogenesis, Mutagenesis, Impairment of Fertility:** No adequate studies have been conducted in animals to determine whether acetaminophen or butalbital have a potential for carcinogenesis, mutagenesis, or impairment of fertility. **Pregnancy: Teratogenic Effects:** Pregnancy Category C: Animal reproduction studies have not been conducted with this combination product. It is also not known whether Esgic-plus™ Tablets can cause fetal harm when administered to a pregnant woman or can affect reproduction capacity. This product should be given to a pregnant woman only when clearly needed. **Nonteratogenic Effects:** Withdrawal seizures were reported in a two-day-old male infant whose mother had taken a butalbital-containing drug during the last two months of pregnancy. Butalbital was found in the infant's serum. The infant was given phenobarbital 5 mg/kg, which was tapered without further seizure or other withdrawal symptoms. **Nursing Mothers:** Caffeine, barbiturates and acetaminophen are excreted in breast milk in small amounts, but the significance of their effects on nursing infants is not known. Because of potential for serious adverse reactions in nursing infants from Esgic-plus™ Tablets, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother. **Pediatric Use:** Safety and effectiveness in children below the age of 12 have not been established.

**ADVERSE REACTIONS: Frequently Observed:** The most frequently reported adverse reactions are drowsiness, light-headedness, dizziness, sedation, shortness of breath, nausea, vomiting, abdominal pain, and intoxicated feeling. **Infrequently Observed:** All adverse events tabulated below are classified as infrequent. **Central Nervous:** headache, shaky feeling, tingling, agitation, fainting, fatigue, heavy eyelids, high energy, hot spells, numbness, sluggishness, seizure. Mental confusion, excitement or depression can also occur due to intolerance, particularly in elderly or debilitated patients, or due to overdosage of butalbital. **Autonomic Nervous:** dry mouth, hyperhidrosis. **Gastrointestinal:** difficulty swallowing, heartburn, flatulence, constipation. **Cardiovascular:** tachycardia. **Musculoskeletal:** leg pain, muscle fatigue. **Miscellaneous:** pruritus, hives, fever, earache, nasal congestion, tinnitus, euphoria, allergic reactions. Several cases of dermatological reactions, including toxic epidermal necrolysis and erythema multiforme, have been reported. The following adverse drug events may be borne in mind as potential effects of the components of this product. Potential effects of high dosage are listed in the OVERDOSAGE section. **Acetaminophen:** allergic reactions, rash, thrombocytopenia, agranulocytosis. **Caffeine:** cardiac stimulation, irritability, tremor, dependence, nephrotoxicity, hyperglycemia.

**DRUG ABUSE AND DEPENDENCE: Abuse and Dependence:** Butalbital: Barbiturates may be habit-forming. Tolerance, psychological dependence, and physical dependence may occur especially following prolonged use of high doses of barbiturates. The average daily dose for the barbiturate addict is usually about 1500 mg. As tolerance to barbiturates develops, the amount needed to maintain the same level of intoxication increases; tolerance to a fatal dosage, however, does not increase more than two-fold. As this occurs, the margin between an intoxication dosage and fatal dosage becomes smaller. The lethal dose of a barbiturate is far less if alcohol is also ingested. Major withdrawal symptoms (convulsions and delirium) may occur within 16 hours and last up to 5 days after abrupt cessation of these drugs. Intensity of withdrawal symptoms gradually declines over a period of approximately 15 days. Treatment of barbiturate dependence consists of cautious and gradual withdrawal of the drug. Barbiturate-dependent patients can be withdrawn by using a number of different withdrawal regimens. One method involves initiating treatment at the patient's regular dosage level and gradually decreasing the daily dosage as tolerated by the patient.

**OVERDOSAGE:** Following an acute overdosage of Esgic-plus™ Tablets, toxicity may result from the barbiturate or the acetaminophen. Toxicity due to caffeine is less likely, due to the relatively small amounts in this formulation. **Signs and Symptoms:** Toxicity from barbiturate poisoning includes drowsiness, confusion, and coma; respiratory depression; hypotension; and hypovolemic shock. In acetaminophen overdosage: dose-dependent, potentially fatal hepatic necrosis is the most serious adverse effect. Renal tubular necrosis, hypoglycemic coma and thrombocytopenia may also occur. Early symptoms following a potentially hepatotoxic overdose may include: nausea, vomiting, diaphoresis and general malaise. Clinical and laboratory evidence of hepatic toxicity may not be apparent until 48 to 72 hours post-ingestion. In adults, hepatic toxicity has rarely been reported with acute overdoses of less than 10 grams, or fatalities with less than 15 grams. Acute caffeine poisoning may cause insomnia, restlessness, tremor, and delirium, tachycardia and extrasystoles. **Treatment:** A single or multiple overdose with this combination product is a potentially lethal polydrug overdose, and consultation with a regional poison control center is recommended. Immediate treatment includes support of cardiorespiratory function and measures to reduce drug absorption. Vomiting should be induced mechanically, or with syrup of ipecac, if the patient is alert (adequate pharyngeal and laryngeal reflexes). Oral activated charcoal (1 g/kg) should follow gastric emptying. The first dose should be accompanied by an appropriate cathartic. If repeated doses are used, the cathartic might be included with alternate doses as required. Hypotension is usually hypovolemic and should respond to fluids. Pressors should be avoided. A cuffed endotracheal tube should be inserted before gastric lavage of the unconscious patient and, when necessary, to provide assisted respiration. If renal function is normal, forced diuresis may aid in the elimination of the barbiturate. Alkalinization of the urine increases renal excretion of some barbiturates, especially phenobarbital. Meticulous attention should be given to maintaining adequate pulmonary ventilation. In severe cases of intoxication, peritoneal dialysis, or preferably hemodialysis may be considered. If hypoprothrombinemia occurs due to acetaminophen overdose, vitamin K should be administered intravenously. If the dose of acetaminophen may have exceeded 140 mg/kg, acetylcysteine should be administered as early as possible. Serum acetaminophen levels should be obtained, since levels four or more hours following ingestion help predict acetaminophen toxicity. Do not await acetaminophen assay results before initiating treatment. Hepatic enzymes should be obtained initially, and repeated at 24-hour intervals. Methemoglobinemia over 30% should be treated with methylene blue by slow intravenous administration.

**Toxic Doses (for adults):** Butalbital: toxic dose 1g (20 tablets); Acetaminophen: toxic dose 10g (20 tablets); Caffeine: toxic dose 1g (25 tablets). **CAUTION:** Federal law prohibits dispensing without prescription.

Manufactured by: MIKART, INC., Atlanta, GA 30318  
Distributed by: FOREST PHARMACEUTICALS, INC., Subsidiary of Forest Laboratories, Inc., St. Louis, MO 63045

Revised 3/94  
Code 374A00



FOREST PHARMACEUTICALS, INC.  
UAD LABORATORIES  
St. Louis, Missouri 63045