

---

**CLASSIFIED ADVERTISING**

---

Classified advertising orders, correspondence and payments should be directed to: *JABFP*, Classified Advertising, 1440 Main Street, Waltham, MA 02154.

Classified advertisements placed with *JABFP* are restricted to physician recruitment, faculty positions, CME courses/seminars and practices for sale. All ads must relate to the medical field and are subject to approval.

Please refer to the schedule below for closing dates. Classified rate is \$1.40 per word (minimum charge of \$75.00 per ad insertion) and \$95.00 per column inch for classified display ads. Prepayment in full is required with all classified advertising. We accept American Express, Visa or MasterCard. Confidential reply boxes are an additional \$10.00 per insertion. Responses are sent directly every Tuesday and Thursday and the box will remain open for three months.

All advertisements for employment must be nondiscriminatory and comply with all applicable laws and regulations. Ads that discriminate against applicants based on sex, age, race, religion, marital status or physical handicap will not be accepted.

**NOTE:** Our classified advertisements are all set in the same typeface and format. All ads are highlighted by geographic territory.

For more information please call (800) 635-6991 (outside MA), (617) 893-3800 (in MA). Fax # (617) 893-5003.

<i>Issue Date</i>	<i>Closing Date</i>	<i>Issue Date</i>	<i>Closing Date</i>
Jan.-Feb.	Dec. 7, 1991	March-April	Feb. 1, 1992
May-June	April 1, 1992	July-Aug.	June 3, 1992
Sept.-Oct	Aug. 1, 1992	Nov.-Dec.	Oct. 1, 1992

---

**PACIFIC**

**FACULTY POSITION**—Northern California—Two faculty positions at U.C. Davis affiliated Family Practice Program at Stockton, California. Eighteen Resident Program with five year accreditation, newly appointed, energetic Program Director. Delightful location, within one-and-a-half hours from the Sierra Mountains and the Pacific Ocean, 45 minutes from the State Capitol. Affordable housing. Salary negotiable depending on experience. AA/EOE. Please send CV to: Asma Jafri, M.D., P.O. Box 1020, Stockton, CA 95201 FAX # (209) 468-6747.

**CHIEF OF FAMILY MEDICINE AND RESIDENCY PROGRAM DIRECTOR**—For (proposed) family practice residency in a university affiliated County medical center soon to start construction of a new 275-bed facility, including family practice center in a suburban/rural community near Los Angeles. Academic rank in Department of Family Medicine at University of Southern California commensurate with experience and qualifications. Residency-trained, ABFP certified, experienced in residency teaching and administration all essential. Experience in research, private practice and hospital staff relations desirable. Competitive salary and benefits. Equal opportunity employer. Send C.V. and letter of interest to William Loos, M.D., Medical Director, HIGH DESERT MEDICAL CENTER, 44900 North Sixtieth Street West, Lancaster, California 93534.

---

---

**MIDWEST**

---

**FAMILY PRACTICE**—Group practice or solo opportunity available in southeastern lower Michigan for BC/BE Physician. 65 bed state-of-the-art rural hospital. OB required. Generous compensation package. Excellent schools, recreational, and cultural activities. Contact Gordon Weatherhead, Director, DCSI, 329 Columbia, Algonac, MI 48001 313-794-4982.

**FACULTY POSITION**—St. John's Mercy Medical Center, St. Louis, Missouri. Fully-accredited, community hospital based, 18 resident program seeking full-time faculty member. Program expanding to include two satellite offices to broaden the clinical base for faculty and residents. Position includes: resident and medical student teaching (main campus), participation in faculty practice, curriculum development and departmental administrative duties. Faculty development by Dr. Kathy Munning-Simon. Applicants must be residency trained, BC family physicians. Competitive salary and benefits. Inquiries to: James Lord, M.D., Chairman, Search Committee, Department of Family Medicine, St. John's Mercy Medical Center, 615 South New Ballas Road, St. Louis, MO 63141.

**ASSOCIATE DIRECTOR, FAMILY PRACTICE RESIDENCY PROGRAM**—La Grange Memorial Hospital (La Grange, IL), a 274-bed, Level II trauma care center, invites family practice physicians to apply for faculty position in only residency program in hospital. Prefer private practice experience, residency and or teaching experience and active obstetrics interest. La Grange Memorial Hospital is a member of a small, progressive hospital system providing services to a three county area in west suburban Chicago. Direct inquiries with CV to Lucille Skuteris, Director of Physician Relations, 5101 S. Willow Springs Road, La Grange, IL, 60525, or call 1-800-325-2014.

**FAMILY PHYSICIAN**—for Assistant Director position in Cedar Rapids Family Practice Residency, Cedar Rapids, Iowa. Interest in obstetrics required; writing or research is encouraged with adequate time and support available. Full range of faculty responsibilities including clinical teaching, patient care and administration; a cooperative approach to decision-making and planning. Ideal candidate will be family practice residency-trained and ABFP certified/ eligible. Residency jointly sponsored by two community hospitals with 900 beds, 24 residents and no competing residencies. Strong philosophical and financial support from hospitals and medical community. Fully accredited by ACGME, operational since 1971. Excellent salary and benefits; creative and challenging environment. Send inquiries to: Curtis L. Reynolds, III, M.D., Director, Cedar Rapids Medical Education Program, 1026 A Avenue NE, Cedar Rapids, IA 52402.

---



# ATTENTION

## DIPLOMATES OF THE ABFP ADDRESS CHANGE FORM

***** 3-DIGIT-080 0028 <b>12345</b> 76/88 ABFP BEVERLY, J. CLARK MD 24 LEXINGTON ST AKRON OH 44309
--

5-digit ABFP Identification Number

The Board prefers the use of *professional addresses*, because the address given will become your "address of record" with the Board and will be published in our Directory of Diplomates.

Current addresses for all Diplomates are necessary for communication from the Board relating to the Examinations, up-dated Recertification information, etc., as well as to ensure the receipt of *The Journal of the American Board of Family Practice*.

Name \_\_\_\_\_

### Current Address

### New Address

Street \_\_\_\_\_

Street \_\_\_\_\_

City/State \_\_\_\_\_

City/State \_\_\_\_\_

Zip Code \_\_\_\_\_

Zip Code \_\_\_\_\_

Effective Date of Change \_\_\_\_\_

Signature of Diplomate \_\_\_\_\_

ABFP Identification Number \_\_\_\_\_  
(5-digit number above name on mailing label)

Year of Certification or Recertification \_\_\_\_\_

**Return to:**           **Ann Stockham**  
                          **The American Board of Family Practice**  
                          **2228 Young Drive**  
                          **Lexington, KY 40505**



**MICRO-K<sup>10</sup>**  
 (Potassium Chloride)  
 Extended-Release Capsules, USP 750 mg  
 (10 mEq K)



**W** WYETH-AYERST  
 LABORATORIES  
 Philadelphia, PA 19101

The appearance of this capsule is a  
 registered trademark of A.H. Robins.

© 1991, Wyeth-Ayerst Laboratories.




**You're  
 looking at  
 the answer  
 to your  
 recruitment  
 problems!**

# JABFP

THE JOURNAL OF THE AMERICAN BOARD OF FAMILY PRACTICE

The Journal of the American Board of Family Practice

Diagnostic Antimicrobial Susceptibility	225
Prostatal H <sub>2</sub> production in the Elderly	250
Exercise for Patient Health	258
Macrosyphilis	262
Nonsteroidal Anti-Inflammatory Drugs	267
Macronutrient Intake	270

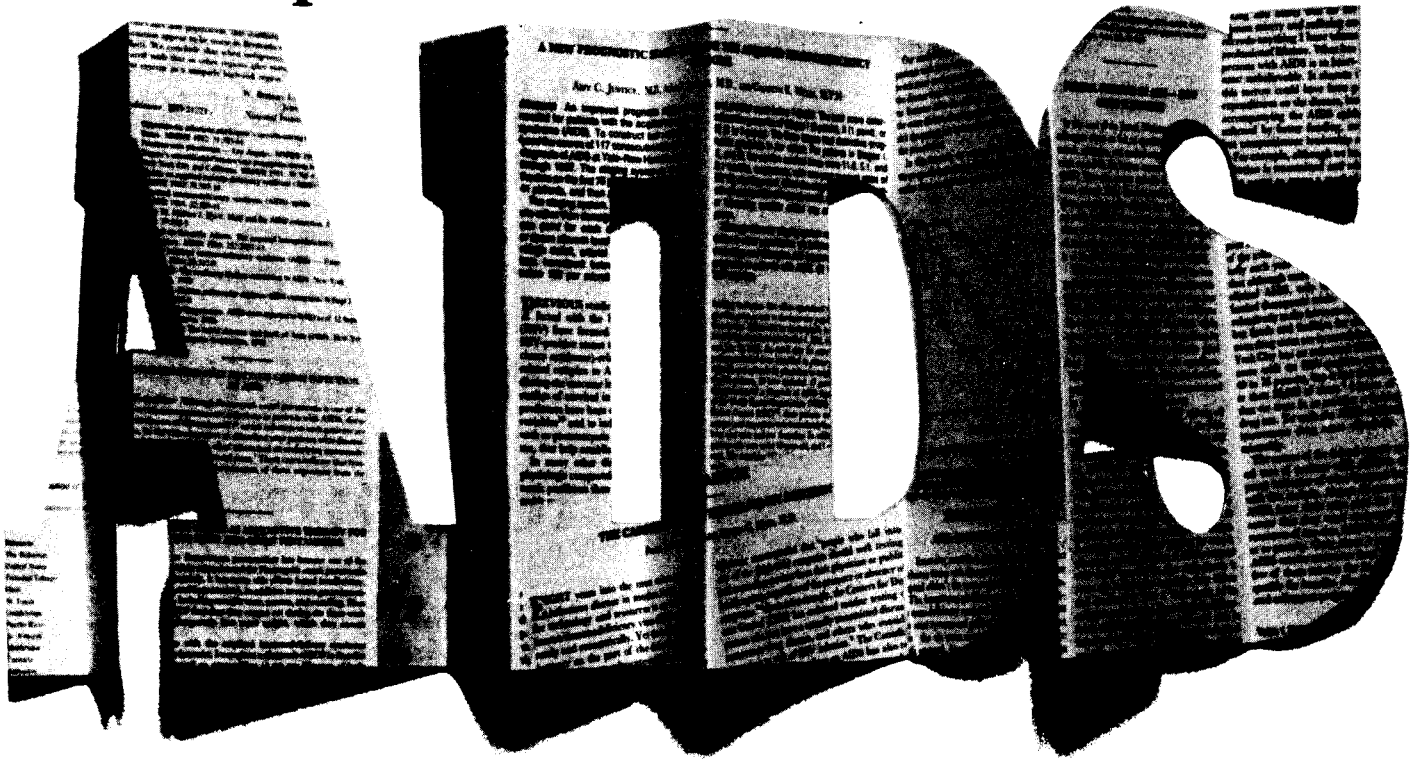


It's the *Journal of the American Board of Family Practice*. Where you reach the best job candidates in Family Practice. More of them. More often. To find out more, just contact Classified Advertising at (617) 893-3800.



**The Journal of the American Board  
 of Family Practice**

From the publisher of the first clinical studies on



Comes the latest  
reprint collection on  
this important topic.

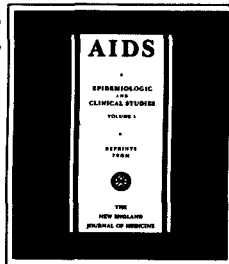
In the coming years, you and thousands of physicians like you will be providing —often for the first time—primary care for AIDS patients.

**AIDS: Epidemiologic and Clinical Studies, Volume II** can help you diagnose, evaluate and treat these patients.

This second volume in the Reprint Collection Series includes 63 original articles, published from February 1987 to February 1989, in *The New England Journal of Medicine*. These articles, along with editorial, correspondence and critical responses from practitioners in the field, provide a unique perspective for clinical understanding of Acquired Immunodeficiency Syndrome, its cause, characteristics, treatment, and public health implications.

Articles of particular interest:

- A study of the prevalence of HIV in teenagers and young adults.
- Evaluation of the extent of symptomatic HIV infection in adults presenting to an inner-city hospital for emergency treatment.
- New retrovirus, HIV-2, and the need for seroepidemiologic surveillance.
- Methods of diagnosing opportunistic infections.
- Clinical therapy trials of the drug azidothymidine (AZT).



TO ORDER CALL TOLL FREE  
**1-800-THE-NEJM**

In MA, CALL  
617-893-3800, ext. 1199



**The New England  
Journal of Medicine**

Please send me \_\_\_\_\_ copies of  
**AIDS: Epidemiologic and Clinical Studies,  
Volume II.**

Hardcover, 440 pages, ISBN 0-910133-29-8 for \$45.00\* + \$3.50 postage and handling per copy.

Paperbound, 440 pages, ISBN 0-910133-25-5 for \$35.00\* + \$2.75 postage and handling per copy.

Here is my check for: \$ \_\_\_\_\_

Please charge in the amount of \$ \_\_\_\_\_

VISA     AmEx     MasterCard

CARD # \_\_\_\_\_ EXP. DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

\* Mass. residents please add 5% sales tax.

All orders must be prepaid. Make checks payable to  
**The New England Journal of Medicine.** Send to:  
The New England Journal of Medicine, Box 9130,  
Waltham, MA 02254-9130, FAX: 617-893-0413

# IV INJECTION/TABLETS TENORMIN (atenolol)

(FOR FULL PRESCRIBING INFORMATION, SEE PACKAGE INSERT.)

**INDICATIONS AND USAGE:** Hypertension: TENORMIN is indicated in the management of hypertension. It may be used alone or concomitantly with other antihypertensive agents, particularly with a thiazide-type diuretic.

**Angina Pectoris Due to Coronary Atherosclerosis:** TENORMIN is indicated for the long-term management of patients with angina pectoris. **Angina Myocardial Ischemia:** TENORMIN is indicated in the management of hemodynamically stable patients with definite or suspected acute myocardial infarction to reduce cardiovascular mortality. Treatment can be initiated as soon as the patient's clinical condition allows. (See DOSAGE AND ADMINISTRATION, CONTRAINDICATIONS, and WARNINGS.) In general, there is no basis for excluding patients like those who were excluded from the ISIS-1 trial (blood pressure less than 100 mm Hg systolic, heart rate less than 50 bpm) or have other reasons to avoid beta blockade. As noted above, some subgroups (eg, elderly patients with systolic blood pressures below 120 mm Hg) seemed less likely to benefit.

**CONTRAINDICATIONS:** TENORMIN is contraindicated in sinus bradycardia, heart block greater than first degree, cardiogenic shock, and overt cardiac failure. (See WARNINGS.)

**WARNINGS:** **Cardiac Failure:** Sympathetic stimulation is necessary in supporting circulatory function in congestive heart failure, and beta blockade carries the potential hazard of further depressing myocardial contractility and precipitating more severe failure. In patients who have congestive heart failure controlled by digitalis and/or diuretics, TENORMIN should be administered cautiously. Both digitalis and atenolol slow AV conduction.

In patients with acute myocardial infarction, cardiac failure which is not promptly and effectively controlled by 80 mg of intravenous furosemide or equivalent therapy is a contraindication to beta-blocker treatment.

**In Patients Without a History of Cardiac Failure:** Continued depression of the myocardium with beta-blocking agents over a period of time can, in some cases, lead to cardiac failure. At the first sign or symptom of impending cardiac failure, patients should be fully digitized and/or given a diuretic and the response observed. If cardiac failure continues despite adequate digitalization and diuresis, TENORMIN should be withdrawn. (See DOSAGE AND ADMINISTRATION.)

**Cessation of Therapy with TENORMIN:** Patients with coronary artery diseases, who are being treated with TENORMIN, should be advised against discontinuation of therapy. Severe exacerbation of angina and the occurrence of myocardial infarction and ventricular arrhythmias have been reported in angina patients following the abrupt discontinuation of therapy with beta blockers. The last two complications may occur with or without preceding exacerbation of the angina pectoris. As with other beta blockers, when discontinuation of TENORMIN is planned, the patient should be carefully observed and advised to limit physical activity to a minimum. If the angina worsens or acute coronary insufficiency develops, it is recommended that TENORMIN be promptly reinstated, at least temporarily. Because coronary artery disease is common and may be unrecognized, it may be prudent not to discontinue TENORMIN therapy abruptly even in patients treated only for hypertension. (See DOSAGE AND ADMINISTRATION.)

**Brachycephalic Diseases:** PATIENTS WITH BRACHYCEPHALIC DISEASE SHOULD, IN GENERAL, NOT RECEIVE BETA BLOCKERS. Because of its relative beta<sub>1</sub> selectivity, however, TENORMIN may be used with caution in patients with brachycephalic diseases who do not respond to, or cannot tolerate, other antihypertensive treatment. Since beta<sub>1</sub> selectivity is not absolute, the lowest possible dose of TENORMIN should be used with therapy initiated at 50 mg and a beta<sub>2</sub>-stimulating agent (bronchodilator) should be made available. If dosage must be increased, dividing the dose should be considered in order to achieve lower peak blood levels.

**Anesthesia and Major Surgery:** It is not advisable to withdraw beta-adrenergic blocking drugs prior to surgery in the majority of patients. However, care should be taken when using anesthetic agents such as those which may depress the myocardium. Vagal dominance, if it occurs, may be corrected with atropine (1-2 mg).

Additionally, caution should be used when TENORMIN I.V. injection is administered concomitantly with such agents. TENORMIN, like other beta blockers, is a competitive inhibitor of beta-receptor agonists and its effects on the heart can be reversed by administration of such agents; eg, dobutamine or isoproterenol with caution (see section on OVERDOSAGE).

**Diabetes and Hypoglycemia:** TENORMIN should be used with caution in diabetic patients if a beta-blocking agent is required. Beta blockers may mask tachycardia occurring with hypoglycemia, but other manifestations such as dizziness and sweating may not be significantly affected. At recommended doses TENORMIN does not potentiate insulin-induced hypoglycemia and, unlike nonselective beta blockers, does not delay recovery of blood glucose to normal levels.

**Thyroid Disease:** Beta-adrenergic blockade may mask certain clinical signs (eg, tachycardia) of hyperthyroidism. Patients suspected of having thyroid disease should be monitored closely when administering TENORMIN I.V. injection. Abrupt withdrawal of beta blockade may precipitate a thyroid storm; therefore, patients suspected of developing thyrotoxicosis from whom TENORMIN therapy is to be withdrawn should be monitored closely. (See DOSAGE AND ADMINISTRATION.)

**PRECAUTIONS: General:** Patients already on a beta blocker must be evaluated carefully before TENORMIN is administered. Initial and subsequent TENORMIN dosages can be adjusted downward depending on clinical observations including pulse and blood pressure. **Impaired Renal Function:** The drug should be used with caution in patients with impaired renal function. (See DOSAGE AND ADMINISTRATION.)

**Drug Interactions:** Catecholamine-depleting drugs (eg, reserpine) may have an additive effect when given with beta-blocking agents. Patients treated with TENORMIN plus a catecholamine depletor should therefore be closely observed for evidence of hypotension and/or marked bradycardia which may produce vertigo, syncope, or postural hypotension.

Should it be decided to discontinue therapy in patients receiving beta blockers and clonidine concurrently, the beta blocker should be discontinued several days before the gradual withdrawal of clonidine.

Caution should be exercised with TENORMIN I.V. injection when given in close proximity with drugs that may also have a depressant effect on myocardial contractility. On rare occasions, concomitant use of intravenous beta blockers and intravenous verapamil has resulted in serious adverse reactions, especially in patients with severe cardiomyopathy, congestive heart failure, or recent myocardial infarction.

Information on concurrent usage of atenolol and aspirin is limited. Data from several studies, ie, TIMI-II, ISIS-2, currently do not suggest any clinical interaction between aspirin and beta blockers in the acute myocardial infarction setting.

While taking beta blockers, patients with a history of anaphylactic reaction to a variety of allergens may have a more severe reaction on repeated challenge, either accidental, diagnostic, or therapeutic. Such patients may be unresponsive to the usual doses of epinephrine used to treat the allergic reaction.

**Carcinogenesis, Mutagenesis, Impairment of Fertility:** Two long-term (maximum dosing duration of 18 or 24 months) rat studies and one long-term (maximum dosing duration of 18 months) mouse study, each employing dose levels as high as 300 mg/kg/day and 150 times the maximum recommended human antihypertensive dose, did not indicate a carcinogenic potential of atenolol. A third (24 month) rat study, employing doses of 500 and 1,500 mg/kg/day (250 and 750 times the maximum recommended human antihypertensive dose) resulted in increased incidences of benign adrenal medullary tumors in males and females, mammary fibroadenomas in females, and anterior pituitary adenomas and thyroid paraffinocytic cell carcinomas in males. No evidence of a mutagenic potential of atenolol was uncovered in the dominant lethal test (mouse), *in vivo* cytogenetics test (Chinese hamster) or Ames test (*S typhimurium*).

Fertility of male and female rats (evaluated at dose levels as high as 200 mg/kg/day or 100 times the maximum recommended human dose) was unaffected by atenolol administration.

**Animal Toxicology:** Chronic studies employing oral atenolol performed in animals have revealed the occurrence of vacuolation of epithelial cells of Brunner's glands in the duodenum of both male and female dogs at all tested dose levels of atenolol (starting at 15 mg/kg/day or 7.5 times the maximum recommended human antihypertensive dose) and increased incidence of adrenal degeneration of follicles of male rats at 300 but not 150 mg atenolol/kg/day (150 and 75 times the maximum recommended human antihypertensive dose), respectively.

**Usage in Pregnancy: Pregnancy Category C:** Atenolol has been shown to produce a dose-related increase in embryo/fetal resorptions in rats at doses equal to or greater than 50 mg/kg/day or 25 or more times the maximum recommended human antihypertensive dose. Although similar effects were not seen in rabbits, the compound was not evaluated in rabbits at doses above 25 mg/kg/day or 12.5 times the maximum recommended human antihypertensive dose. There are no adequate and well-controlled studies in pregnant women. TENORMIN should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Based on the maximum dose of 100 mg/day in a 50 kg patient.**

**Nursing Mothers:** Atenolol is excreted in human breast milk at a ratio of 1.5 to 6.8 when compared to the concentration in plasma. Caution should be exercised when TENORMIN is administered to a nursing woman. Clinically significant bradycardia has been reported in breast fed infants. Premature infants, or infants with impaired renal function, may be more likely to develop adverse effects.

**Pediatric Use:** Safety and effectiveness in children have not been established.

**ADVERSE REACTIONS:** Most adverse effects have been mild and transient. The frequency estimates in the following table were derived from controlled studies in hypertensive patients in which adverse reactions were either volunteered by the patient (US studies) or elicited, eg, by checklist (foreign studies). The reported frequency of elicited adverse effects was higher for both TENORMIN and placebo-treated patients than when these reactions were volunteered. Where frequency of adverse effects of TENORMIN and placebo is similar, causal relationship to TENORMIN is uncertain.

	Volunteered (US Studies)		Total - Volunteered and Elicited (Foreign + US Studies)	
	Atenolol (n = 164)	Placebo (n = 206)	Atenolol (n = 399)	Placebo (n = 407)
<b>CARDIOVASCULAR</b>				
Bradycardia	3	0	3	0
Cold Extremities	0	0.5	12	5
Postural Hypotension	2	1	4	5
Leg Pain	0	0.5	3	1
<b>CENTRAL NERVOUS SYSTEM/NEUROMUSCULAR</b>				
Dizziness	4	1	13	8
Vertigo	2	0.5	2	2
Light-headedness	1	0	3	0.7
Tiredness	0.6	0.5	26	13
Fatigue	3	1	6	5
Lethargy	0.6	0	2	0.5
Drowsiness	0.6	0.5	12	9
Depression	0	0	3	1
<b>GASTROINTESTINAL</b>				
Diarrhea	2	0	3	2
Nausea	4	1	3	1
<b>RESPIRATORY (see WARNINGS)</b>				
Wheeziness	0	0	3	4
Dyspnea	0.6	1	6	4

**Acute Myocardial Ischemia:** In a series of investigations in the treatment of acute myocardial infarction, bradycardia and hypotension occurred more commonly, as expected for any beta blocker, in atenolol-treated patients than in control patients. However, these usually responded to atropine and/or to withholding further dosage of atenolol. The incidence of heart failure was not increased by atenolol. Inotropic agents were infrequently used. The reported frequency of these and other events occurring during these investi-

## TENORMIN • (atenolol)

gations is given in the following table.

In a study of 477 patients, the following adverse events were reported during either intravenous and/or oral atenolol administration:

	Conventional Therapy Plus Atenolol (n=244)	Conventional Therapy Alone (n=233)
Bradycardia	43 (18%)	24 (10%)
Hypotension	60 (25%)	34 (15%)
Bronchospasm	3 (1.2%)	2 (0.9%)
Heart Failure	46 (19%)	56 (24%)
Heart Block	11 (4.5%)	10 (4.3%)
BBB & Major Axis Deviation	16 (6.6%)	28 (12%)
Supraventricular Tachycardia	28 (11.5%)	45 (19%)
Atrial Fibrillation	12 (5%)	29 (11%)
Atrial Flutter	4 (1.6%)	7 (3%)
Ventricular Tachycardia	39 (16%)	52 (22%)
Cardiac Reinforcement	0 (0%)	6 (2.6%)
Total Cardiac Arrests	4 (1.6%)	16 (6.9%)
Nonfatal Cardiac Arrests	4 (1.6%)	12 (5.1%)
Deaths	7 (2.9%)	16 (6.9%)
Cardiogenic Shock	1 (0.4%)	4 (1.7%)
Development of Ventricular Septal Defect	0 (0%)	2 (0.9%)
Development of Mitral Regurgitation	0 (0%)	2 (0.9%)
Renal Failure	1 (0.4%)	0 (0%)
Pulmonary Emboli	3 (1.2%)	0 (0%)

In the subsequent International Study of Infarct Survival (ISIS-1) including over 16,000 patients of whom 8,037 were randomized to receive TENORMIN treatment, the dosage of intravenous and subsequent oral TENORMIN was either discontinued or reduced for the following reasons:

	Reasons for Reduced Dose IV Atenolol Reduced Dose (< 5mg)*	Oral Partial Dose
Hypotension/Bradycardia	105 (1.3%)	1168 (14.5%)
Cardiogenic Shock	4 (0.04%)	35 (0.44%)
Reinforcement	0 (0%)	5 (0.06%)
Cardiac Arrest	5 (0.06%)	28 (0.34%)
Heart Block (> first degree)	5 (0.06%)	143 (1.7%)
Cardiac Failure	1 (0.01%)	233 (2.9%)
Arrhythmias	3 (0.04%)	22 (0.27%)
Bronchospasm	1 (0.01%)	50 (0.62%)

\*Full dosage was 10 mg and some patients received less than 10 mg more than 5 mg.

The predominant symptoms reported following TENORMIN overdose are lethargy, disorder of respiratory drive, wheezing, sinus pause, and bradycardia. Additionally, common effects associated with overdosage of any beta-adrenergic blocking agent and which might also be expected in TENORMIN overdose are congestive heart failure, hypotension, bronchospasm, and/or hypoglycemia.

Treatment of overdose should be directed to the removal of any unabsorbed drug by induced emesis, gastric lavage, and administration of activated charcoal. TENORMIN can be removed from the general circulation by hemodialysis. Other treatment modalities should be employed at the physician's discretion and may include:

**BRADYCARDIA:** Atropine intravenously. If there is no response to vagal blockade, give isoproterenol cautiously. In refractory cases, a transvenous cardiac pacemaker may be indicated.

**HEART BLOCK (SECOND OR THIRD DEGREE):** Isoproterenol or transvenous cardiac pacemaker.

**CARDIAC FAILURE:** Digitalize the patient and administer a diuretic. Glucagon has been reported to be useful.

**ASTHMA/BRONCHOSPASM:** Vasopressors such as dopamine or norepinephrine (levaterolol). Monitor blood pressure continuously.

**BRONCHOSPASM:** A beta<sub>2</sub> stimulant such as isoproterenol or terbutaline and/or aminophylline.

**HYPOLYCEMIA:** Intravenous glucose.

Based on the severity of symptoms, management may require intensive support care and facilities for applying cardiac and respiratory support.

**DOSAGE AND ADMINISTRATION: Hypertension:** The initial dose of TENORMIN is 50 mg given as one tablet a day either alone or added to diuretic therapy. The full effect of this dose will usually be seen within one to two weeks. If an optimal response is not achieved, the dosage should be increased to TENORMIN 100 mg given as one tablet a day, increasing the dosage beyond 100 mg a day is unlikely to produce any further benefit.

TENORMIN may be used alone or concomitantly with other antihypertensive agents including thiazide-type diuretics, hydralazine, prazosin, and alpha-methyldopa.

**Angina Pectoris:** The initial dose of TENORMIN is 50 mg given as one tablet a day. If an optimal response is not achieved within one week, the dosage should be increased to TENORMIN 100 mg given as one tablet a day. Some patients may require a dosage of 200 mg once a day for optimal effect.

**Two-to-four hour control** which is achieved by giving doses larger than necessary to achieve an immediate maximum effect. The maximum early effect on exercise tolerance occurs with doses of 50 to 100 mg, but at these doses the effect at 150 mg is attenuated, averaging about 50% to 75% of that observed with once a day oral doses of 200 mg.

**Angina Myocardial Ischemia:** In patients with definite or suspected acute myocardial infarction, treatment with TENORMIN I.V. injection should be initiated as soon as possible after the patient's arrival in the hospital and after eligibility is established. Such treatment should be initiated in a coronary care or similar unit immediately after the patient's hemodynamic condition has stabilized. Treatment should begin with the intravenous administration of 5 mg TENORMIN over 5 minutes followed by another 5 mg intravenous injection 10 minutes later. TENORMIN I.V. injection should be administered under carefully controlled conditions including monitoring of blood pressure, heart rate, and electrocardiogram. Dilutions of TENORMIN I.V. injection in Dextrose Injection USP, Sodium Chloride Injection USP, or Sodium Chloride and Dextrose Injection may be used. These admixtures are stable for 48 hours if they are not used immediately.

In patients who tolerate the full intravenous dose (10 mg), TENORMIN Tablets 50 mg should be initiated 10 minutes after the last intravenous dose followed by another 50 mg oral dose 12 hours later. Thereafter, TENORMIN can be given orally either 100 mg once or 50 mg twice a day for a further 6-8 days or until discharge from the hospital. If bradycardia or hypotension requiring treatment or any other adverse effect occur, TENORMIN should be discontinued.

Data from other beta blocker trials suggest that if there is any question concerning the use of IV beta blocker or clinical estimate that there is a contraindication, the IV beta blocker may be eliminated and patients fulfilling the safety criteria may be given TENORMIN Tablets 50 mg twice daily or 100 mg once a day for at least seven days (if the IV dosage is excluded).

Although the demonstration of efficacy of TENORMIN is based entirely on data from the first seven postinfarction days, data from other beta blocker trials suggest that treatment with beta blockers that are effective in the postinfarction setting may be continued for one to three years if there are no contraindications.

TENORMIN is an additional treatment to standard coronary care unit therapy. **Elderly Patients or Patients with Renal Impairment:** TENORMIN is excreted by the kidneys; consequently dosage should be adjusted in cases of severe impairment of renal function. Some reduction in dosage may also be appropriate for the elderly, since decreased kidney function is a physiologic consequence of aging. Atenolol excretion would be expected to decrease with advancing age.

No significant accumulation of TENORMIN occurs until creatinine clearance falls below 35 mL/min/1.73m<sup>2</sup>. Accumulation of atenolol and prolongation of its half-life were studied in subjects with creatinine clearance between 5 and 105 mL/min. Peak plasma levels were significantly increased in subjects with creatinine clearances below 30 mL/min.

The following maximum oral dosages are recommended for elderly, renally-impaired patients and for patients with renal impairment due to other causes:

Creatinine Clearance (mL/min/1.73m <sup>2</sup> )	Atenolol Elimination Half-Life (h)	Maximum Dosage
15-35	16-27	50 mg daily
< 15	> 27	25 mg daily

Some renally-impaired or elderly patients being treated for hypertension may require a lower starting dose of TENORMIN: 25 mg given as one tablet a day. If this 25 mg dose is used, assessment of efficacy must be made carefully. This should include measurement of blood pressure just prior to the next dose ("trough" blood pressure) to ensure that the treatment effect is present for a full 24 hours.

Although a similar dosage reduction may be considered for elderly and/or renally-impaired patients being treated for indications other than hypertension, data are not available for these patient populations. Patients on hemodialysis should be given 25 mg or 50 mg after each dialysis; this should be done under hospital supervision as marked falls in blood pressure can occur.

**Cessation of Therapy in Patients with Angina Pectoris:** If withdrawal of TENORMIN therapy is planned, it should be achieved gradually and patients should be carefully observed and advised to limit physical activity to a minimum.

Parenteral drug products should be inspected visually for particulate matter and discoloration prior to use, immediately upon solution and container permit.

**HOW SUPPLIED: TENORMIN Tablets:** Tablets of 25 mg atenolol, NDC 0310-0107 (round, flat, uncoated white tablets with "T" debossed on one side and 107 debossed on the other side) are supplied in bottles of 100 tablets.

Tablets of 50 mg atenolol, NDC 0310-0105 (round, flat, uncoated white tablets identified with IC1 debossed on one side and 105 debossed on the other side, bisected) are supplied in bottles of 100 tablets and 1000 tablets, and unit dose packages of 100 tablets. These tablets are distributed by ICI Pharma.

Tablets of 100 mg atenolol, NDC 0310-0101 (round, flat, uncoated white tablets with IC1 debossed on one side and 101 debossed on the other side) are supplied in bottles of 100 tablets and unit dose packages of 100 tablets. These tablets are distributed by ICI Pharma. Store at controlled room temperature, 15°-30°C (59°-86°F). Dispense in well-closed, light resistant containers.

TENORMIN I.V. injection: TENORMIN I.V. injection, NDC 0310-0106, is supplied as 5 mg atenolol in 10 mL ampules of isotonic citrate-buffered aqueous solution. Protect from light. Keep ampules in outer packaging until time of use. Store at room temperature. Rev T 04/91

**ICI Pharma**  
A business unit of ICI Americas Inc.  
Whispering Willows 19697 USA