

JABFM

JOURNAL OF THE AMERICAN BOARD OF FAMILY MEDICINE

Editor

Marjorie Bowman, MD, MPA
Dayton, OH

Deputy Editor

Dean A. Seehusen, MD, MPH
Augusta, GA

Executive Editor

Warren Newton, MD, MPH
Lexington, KY

Associate Editor

Christy J.W. Ledford, PhD

Editorial Board

Ian M. Bennett, MD, PhD
Seattle, WA
John M. Boltri, MD
Rootstown, OH
Timothy N. Crawford, PhD,
MPH
Dayton, OH
Larry Culpepper, MD, MPH
Boston, MA
Jennifer E. DeVoe, MD, DPhil
Portland, OR
Vanessa A. Diaz, MD, MS
Charleston, SC
Aimee R. Eden, PhD, MPH
Rockville, MD
Nancy Elder, MD, MSPH
Cincinnati, OH
Joshua J. Fenton, MD, MPH
Sacramento, CA
Jeanne Ferrante, MD, MPH
Somerset, NJ
Beverly Green, MD, MPH
Seattle, WA
Larry A. Green, MD
Aurora, CO
Masahito Jimbo, MD, PhD, MPH
Ann Arbor, MI
Mark S. Johnson, MD, MPH
Washington DC
Rodger Kessler, PhD, ABPP
Phoenix, AZ
Sean C. Lucan, MD, MPH
Bronx, NY
Megan R. Mahoney, MD
Stanford, CA
Arch G. Mainous, PhD
Gainesville, FL
Zsolt J. Nagykaldi, PhD
Oklahoma City, OK
Brian J. Park, MD, MPH
Portland, OR
Donald Pathman, MD, MPH
Chapel Hill, NC
Sarina Schrager, MD
Madison, WI
Hazel Tapp, PhD
Portland, OR
Eric M. Wall, MD, MPH
Seattle, WA
Imam M. Xierali, PhD
Dallas, TX

VOLUME 37, NUMBER 3

MAY-JUNE 2024

CONTENTS**EDITORS' NOTE**

- Clinical and Practice Innovation Improving the Practice of Family Medicine **357**
Marjorie A. Bowman, Dean A. Seehusen, Jacqueline Britz, and Christy J. W. Ledford

EDITORIAL OFFICE NEWS AND NOTES

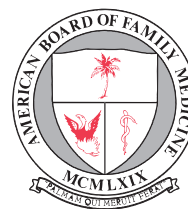
- Peer Reviewers for the *Journal of the American Board of Family Medicine* in 2023 **360**
Marjorie A. Bowman, Dean A. Seehusen, Christy J. W. Ledford, and Phillip Lupo

CLINICAL REVIEWS

- Management of Chronic Heart Failure with Reduced Ejection Fraction **364**
Brandon Williamson and Carl Tong
- GLP-1 RAs and SGLT2-Is to Lower Glucose and Reduce the Risk of Cardiovascular and Diabetic Kidney Disease **372**
Leigh Morrison, Jonathan Gabison, and Lauren Oshman

ORIGINAL RESEARCH

- Opioid Dose Reductions by Sex and Race in a Cohort of Patients in a Family Medicine Clinic **383**
Mechelle Sanders, Kevin Fiscella, Mathew Devine, Jefferson Hunter, Yasin Mohamed, and Colleen T. Fogarty
- Barriers and Facilitators to Using a Clinical Decision Support Tool for Opioid Use Disorder in Primary Care **389**
Stephanie A. Hooker, Leif I. Solberg, Kathleen M. Miley, Caitlin M. Borgert-Spaniol, and Rebecca C. Rossom

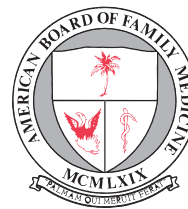


CONTENTS

Continued

- Recent Innovations in Primary Care Cancer Survivorship Roles **399**
Jennifer R. Hemler, Benjamin F. Crabtree, Denalee O'Malley, Jenna Howard, Lisa Mikesell, Rachel Kurtzman, Benjamin Bates, and Shawna V. Hudson
- Telemedicine Adoption During COVID-19 Pandemic: Perspectives from Primary Care Clinicians in Safety-Net Settings **409**
Amelie Foumena Nkodo, Martha M. Gonzalez, Sarah Reves, and Rebecca S. Etz
- Factors Associated with Patient Engagement in a Health and Social Needs Case Management Program **418**
Christine H. Lo, Margae J. Knox, Elizabeth A. Hernandez, and Amanda L. Brewster
- Elastic Scattering Spectroscopy on Patient-Selected Lesions Concerning for Skin Cancer **427**
Miguel Tepedino, David Baltazar, Karim Hanna, Alina Bridges, Laurent Billot, and Nathalie C. Zeitouni
- Relationship Between Primary Care Physician Capacity and Usual Source of Care **436**
Michael Topmiller, Hannah Shadowen, Hoon Byun, Mark Carrozza, Jeongyoung Park, Yalda Jabbarpour, and Alison Huffstetler
- Implementation Strategies Used by Facilitators to Improve Control of Cardiovascular Risk Factors in Primary Care **444**
Allison M. Cole, Gina A. Keppel, Laura-Mae Baldwin, Erika Holden, and Michael Parchman
- How An Academic Direct Primary Care Clinic Served Patients from Vulnerable Communities **455**
Winston Liaw, Ben King, Henry Olaisen, Sara Pastoor, Amin Kiaghadi, Nina Cloven, Brian Reed, Omar Matuk-Villazon, Steven Waldren, and Stephen Spann

JABFM (Journal of the American Board of Family Medicine) (ISSN 1557-2625) is published six times a year in January, March, May, July, September, and November by the American Board of Family Medicine, Inc., 1648 McGrathiana Parkway, Fifth Floor, Lexington, KY 40511 with printing services provided by Intellicor Communications, 3575 Hempland Road, Lancaster, PA 17601. For more information please refer to the Information for Readers page. POSTMASTER: Send address changes to JABFM Subscriptions, American Board of Family Medicine, 1648 McGrathiana Parkway, Suite 550, Lexington, KY 40511.
 © Copyright 2024 by the American Board of Family Medicine. All rights reserved. The *Journal* does not hold itself responsible for statements made by any contributor. Statements or opinions expressed in the *Journal* reflect the views of the author(s) and not the official policy of the American Board of Family Medicine.



CONTENTS

Continued

BRIEF REPORTS

- Adjusting Clinical Plans Based on Social Context **466**
*Emilia H. De Marchis, Benjamin Aceves, Na'amah Razon,
 Rosy Chang Weir, Michelle Jester, and Laura M. Gottlieb*
- Families' Perspectives on Social Services Navigation After Pediatric
 Urgent Care **479**
*Alison Aronstam, Denisse Velazquez, Holly Wing,
 Danielle Hessler, Victoria F. Keeton, Karen Sokal-Gutierrez, and
 Laura M. Gottlieb*

PRIORITY UPDATES FROM THE RESEARCH LITERATURE (PURLs)

- Less Aggressive Hydration May Be More in Acute Pancreatitis? **487**
Timothy Mott, Thomas DePriest, Patrick Fry, and Timothy Linder
- Shoring Up Osteoporosis Management: A Fresh Start? **490**
Noah Furr, Ansley Ulmer, and Brock Cardon

COMMENTARIES

- Addressing the Marketing Practices of Medicare Advantage Plans **494**
Forrest Bohler and Eli Y. Adashi
- Why Opportunities for Tenure Matter for Minoritized Faculty in
 Academic Medicine **497**
*Claudia Alvarez, Deyanna M. Boston, Lauren W. Norman,
 Brett A. Thomas, José E. Rodríguez, and Kendall M. Campbell*
- Why Are Family Physicians' Panels Shrinking? **502**
Thomas Bodenheimer



CONTENTS

Continued

POLICY BRIEF

- Self-Reported Panel Size Among Family Physicians Declined by Over 25% Over a Decade (2013-2022) **504**
Andrew Bazemore, Zachary J. Morgan, and Kevin Grumbach

REFLECTIONS IN FAMILY MEDICINE

- Person-Centered, Goal-Oriented Care Helped My Patients Improve Their Quality of Life **506**
Lee A. Jennings and James W. Mold

CORRESPONDENCE

- Chestfeeding for Lactating People Living with HIV **512**
Bailey White, Bryce Ringwald, and Emily Gorman
- Outbreak of Hand, Foot, and Mouth Disease Among University Residential Students **513**
Philip Hunter Spotts
- Re: Early-Career Compensation Trends Among Family Physicians **514**
Fareedat O. Oluyadi, Arianne Cordon-Duran, and Carl E. Lambert Jr.
- Re: Why Do Physicians Depart Their Practice? A Qualitative Study of Attrition in a Multispecialty Ambulatory Practice Network **514**
Rosbell Muir, Lauren D. Feld, and Monica Verduzco-Gutierrez
- Response: Re: Why Do Physicians Depart Their Practice? A Qualitative Study of Attrition in a Multispecialty Ambulatory Practice Network **515**
Leah Colucci, Ryan O'Connell, and Edward R. Melnick