

**ORIGINAL RESEARCH**

# Practitioner Participation in National Dental Practice-based Research Network (PBRN) Studies: 12-Year Results

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**Purpose:** This study examines practitioner participation over 12 years in the National Dental Practice-Based Research Network (PBRN) studies and practitioner meetings, average length of participation, and association of practitioner- and practice-level characteristics with participation. Little information exists about practitioners' long-term participation in PBRNs.

**Methods:** The network conducted a retrospective analysis of practitioner participation in 3 main network activities during 2005 to 2017. Practitioners who completed an enrollment questionnaire, practiced in the United States, and either attended a network meeting or received an invitation to complete a questionnaire or clinical study were included in the analysis. Practitioners (n = 3669) met inclusion criteria. The network implemented 38 studies (28 clinical and 10 questionnaire), 23 of which (15 clinical and 8 questionnaire) met the criteria for the current analysis.

**Results:** Overall, 86% (N = 3148) participated in at least 1 network activity during 2005 to 2017. Questionnaire studies had the highest rate with 81% (N = 2963) completing at least 1, 21% (N = 762) completed at least 1 clinical study and 19% (N = 700) attended at least 1 network meeting. Among 1578 practitioners enrolled in the first 5 years of the Network launch, 20% (N = 320) participated in multiple network activities over 5 to 9 years, and 14% (N = 238) for 10 to 12 years. Practitioner characteristics associated with participation varied depending on the activity assessed.

**Conclusion:** The network engaged practitioners in its research activities with relatively high participation rates over a 12-year period. Strategies employed by the network to engage practitioners may serve as a model for PBRN networks for other allied health professions. (J Am Board Fam Med 2018;31:844–856.)

**Keywords:** Allied Health Personnel, Health Occupations, Retrospective Studies, Surveys and Questionnaires

Although medical practice-based research networks (PBRNs) in the United States began in the 1970s, to our knowledge no dental PBRN existed in the United

States before 2002.<sup>1,2</sup> To catalyze the development of dental PBRNs, the National Institute of Dental and Craniofacial Research (NIDCR), part of the National Institutes of Health, funded 3 regional dental PBRNs

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in 2005 for a 7-year period. By the end of their funding period in 2012, the regional PBRNs had conducted numerous studies with thousands of patients and hundreds of practitioners. Studies investigated numerous topics using a broad range of study designs; demonstrated rigor and impact on clinical practice; and demonstrated that dental practitioners could effectively contribute to every step of the research process.<sup>1,3-5</sup> Owing to the success of the regional PBRNs, NIDCR funded the PBRN initiative for an additional 7-year period, as a single, unified national network<sup>6</sup> called the National Dental PBRN. Six regional administrative sites facilitate the National Dental PBRN's ability to conduct studies with practitioners in all 50 states, with almost 7000 members currently enrolled nationwide.

The Network's mission is "to improve oral health by conducting dental practice-based research and by serving dental professionals through education and collegiality<sup>6</sup>." It accomplishes this mission by including practitioners in various steps of the study process. These include study idea generation, development of study design and data collection forms, study piloting and implementation, data interpretation, presentation, and publication of study results. All activities occur with an eye toward answering questions of daily clinical relevance that have the potential to improve clinical practice and positively impact patients' oral health. To increase the generalizability of network studies in the dental field, most studies include participation from both general dentists and specialists from a variety of practice types (ie, private, community, academic).

As the network grew, studies evolved from simple short-term questionnaire studies to more complex long-term clinical observational and randomized studies. Successful implementation of these studies required the participation of a diverse spectrum of dental practitioners and specialists, which reflected the practitioner population at large. Annual meetings of practitioners in each region are another major

participation activity available to network practitioners. These meetings provide face-to-face opportunities to interact with colleagues, hear the latest results from network studies, help design future studies, and obtain Continuing Education credit.<sup>7</sup> Meetings allow for professional networking, which is desired by PBRN participants, but has been described as difficult to achieve.<sup>8</sup>

In both medical and dental PBRNs, strong member participation is essential, even though practitioners may face increasing time pressures and decreasing autonomy. The participatory engagement of clinicians in research has been a hallmark of PBRNs, leading to high levels of member investment and better translation of research into practice.<sup>9,10</sup> The strength of PBRN research lies in its ability to conduct clinician-led "bottom-up" studies, in which the study ideas of network members are developed and implemented with the support of PBRN leaders and staff.

Although there are many benefits to a national network, there are also challenges and limitations encountered from conducting multi-site research studies.<sup>11</sup> Past literature from medical PBRNs has highlighted the facilitators, barriers, and solutions to initial participation in PBRNs.<sup>12-16</sup> Previously cited barriers to PBRN study participation include lack of time and competing demands, inadequate training and insufficient compensation, and institutional regulatory requirements.<sup>11-17</sup> However, little information exists about practitioners' participation in multiple studies, long-term retention, and participation in national PBRN networks.

The purpose of this study was to describe 1) overall National Dental PBRN practitioner participation across 3 main network activities (questionnaire studies, clinical studies and network meetings); 2) length of practitioner enrollment; and 3) the association of practitioner demographic and practice-related variables with practitioner participation in each activity assessed and length of time in the network.

Long-term PBRN participation data are necessary to demonstrate the value of this research context to the practitioners it aspires to affect, and in turn to show that this type of research is sustainable and worthy of future funding.

## Methods

The network conducted a retrospective analysis of practitioner participation in network studies and

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those of the authors and are not to be construed as necessarily representing the views of the respective organizations or the National Institutes of Health. An Internet site devoted to details about the nation's network is located at <http://NationalDentalPBRN.org>.

*Conflict of interest:* none declared.

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attendance at annual meetings from 2005 to 2017. We included the 3669 practitioners who 1) completed a network enrollment questionnaire, 2) practiced in the United States, 3) were dentists, and 4) who met 1 or more of these 3 criteria: a) were eligible (invited) to complete a questionnaire study, b) were (invited) to participate in a clinical study, or 3) attended a network meeting. All network members are eligible to attend their region's respective meeting. Nonmembers who attended regional meetings are not included in the present analysis. The only specified eligibility criterion for attending network meetings was network membership in the region hosting the meeting. As the focus of this article is on participation, and network meeting attendance is a distinct way of participating, meeting attendance is included as both an eligibility criterion and participation measure.

Table 1 provides a descriptive list of studies that the network has conducted and those included in the present analysis according to the phase of the network in which the study was conducted. The network had 2 phases. Phase 1 was during 2005 to 2012 and covered Minnesota (included Health Partners of Minnesota), Permanente Dental Associates in Oregon, and the South Central and South Atlantic regions of the United States. Phase 2 is from 2012 to 2017, and covers the entire United States. In addition, as the network grew in Phase 2, it tracked different information not tracked in Phase 1, specifically invitations to participate in each study, allowing for calculations of participation rates among those invited.

### **Study Inclusion Criteria**

- A questionnaire study (practitioner respondents only) or a clinical study (enrolled patients or collected patient data).
- Baseline data collection completed as of December 31, 2017.
- Network membership and completion of the enrollment questionnaire were requirements for the study.
- To be eligible for follow-up analysis, clinic visits a year after the baseline visit must be required.

Twenty-three (15 clinical and 8 questionnaire) of 38 (28 clinical and 10 questionnaire) network studies were included. Of the 15 clinical studies included, 10 were in Phase 1, of which 3 (studies 8, 9,

and 13) were included only in analyses assessing retention of patients for yearly follow-up visits (they were not counted as separate studies in this report); 5 clinical studies were from Phase 2. Of the 8 questionnaire studies, 5 were from Phase 1 and 3 were from Phase 2. The network administered questionnaire study 16 twice in phase 1, 2 years apart; they are counted as separate studies in this report.

### **Study Exclusion Criteria**

- Did not require network membership to participate: Studies 1 and 14 (Study 1 was part of network development, started in 2001, and study 14 involved primarily hygienists rather than dentists).
- Required participation in another study: Study 11 was not included because it was among participants in study 5 and did not entail clinic visits (apart from those in study 5 already included in the present analysis). Similarly, study 18 was not included because it was a short-term follow-up of study 17, not requiring patient return visits (only telephone follow-up).
- Required dental record abstractions only: Studies 2, 7, and 19.
- Baseline data collection not complete as of December 31, 2017: This includes 9 studies, numbers 26 through 38.

Questionnaire study completion, clinical study participation and network meeting attendance were obtained from practitioner databases and study databases. The practitioner database provided information on study invitations (questionnaires and clinical studies) for studies conducted after 2012 in Phase 2. Among practitioners who participated in a follow-up study, that is, those who recalled at least 1 patient in a 1-year follow-up visit, we report the proportion of patients followed for at least 1 year. Network databases also provided the following variables: date of first and last patient enrollment in a clinical study and number of patients enrolled per study. A network enrollment questionnaire (required for network membership) provided practitioner characteristics (gender, race, year graduated dental school, type of study practice and region). Network clinical studies typically record demographic characteristics of the patients enrolled, including the postal ZIP code of residence, thereby allowing for geographical mapping.

**Table 1. Summary of 38 Network Studies\* to Date**

Study #	Study Title	Study Design	# of Practitioners	# of Patients/ Other Entities	Study Type(s)	Classify as. . .	Included in Present Report
Phase 1 studies (2007 to 2012, network not nationwide)							
Included in present report							
3	Assessment of caries diagnosis and treatment	Paper Qx to dentists	494	—	Qx	Qx	Yes
4	Reasons for placing the first restoration on permanent tooth surfaces	Cross-sectional; consecutive patients	192	4844 patients	Clinical	Clinical	Yes
5	Reasons for replacement or repair of dental restorations	Cross-sectional; consecutive patients	157	6092 patients	Clinical	Clinical	Yes
6	CONDOR case-control study of ONJ	Case-control study	81	764 patients	Clinical	Clinical	Yes
8	Longitudinal study of dental restorations placed on previously un-restored surfaces	Prospective cohort study	192	4844 patients	Clinical	Clinical	Yes as FU
9	Longitudinal study of repaired or replaced dental restorations	Prospective cohort study	157	6092 patients	Clinical	Clinical	Yes as FU
10	Development of a patient-based provider intervention for early caries management	Cross-sectional; clinical data collection and Qx	10	336 patients	Qx and Clinical	Clinical	Clinical only
12	Prevalence of questionable occlusal caries lesions	Cross-sectional	58	4478 patients	Clinical	Clinical	Yes
13	Longitudinal study of questionable occlusal caries lesions	Prospective cohort study	58	4478 patients	Clinical	Clinical	Yes as FU
15	Blood glucose testing in dental practice	Cross-sectional	23	387 patients	Clinical	Clinical	Yes
16a	Assessing the impact of participation in PBRNs on patient care	Paper Qx with dentists and dental hygienists	613	—	Qx	Qx	Yes
16b	Assessing the impact of participation in PBRNs on patient care - repeated 2 years	Paper Qx with dentists and dental hygienists	556	—	Qx	Qx	Yes
17	Peri-operative pain and root canal therapy	1-week prospective cohort study	55	655 patients	Clinical	Clinical	Yes
20	Primary care management of TMJD	Electronic Qx with dentists	434	—	Qx	Qx	Yes
21	Infrastructure update survey	Electronic Qx with dentists	649	—	Qx	Qx	Yes
Excluded from present report							
1	Dental tobacco control RCT	Randomized clinical trial	190	11,898 patients	Qx and Clinical	Clinical	No
2	Practice-based root canal treatment effectiveness	Retrospective cohort study	13	84 patients	Clinical	Clinical	No
7	Retrospective cohort study of ONJ	Retrospective cohort study using electronic data	—	572,606 patients	Clinical	Clinical	No
11	Patient satisfaction with dental restorations	Cross-sectional	159	4680 patients	Clinical	Clinical	No
14	Hygienists' internet tobacco cessation RCT	Randomized clinical trial	100	1814 patients	Clinical	Clinical	No

*Continued*

**Table 1. Continued**

Study #	Study Title	Study Design	# of Practitioners	# of Patients/ Other Entities	Study Type(s)	Classify as...	Included in Present Report
18	Persistent pain and root canal therapy	Prospective cohort study	55	655 patients	Clinical	Clinical	No
19	Diagnoses for persistent dentoalveolar pain following root canal therapy	Nested case series study	63	354 patients	Clinical	Clinical	No
Phase 2 studies (2013 to 2017, network was nationwide)							
Included in present report							
22	Isolation techniques used when performing root canal treatment	Electronic and paper Qx with dentists	1491	—	Qx	Qx	Yes
23	Management of suspicious occlusal caries lesions	Randomized clinical trial	125	3093 patients	Qx; Clinical	Clinical	Yes
24	Management of dentin hypersensitivity (2 parts)	#1: electronic Qx with dentists #2: prospective cohort study	200	1,876 patients	Qx; Clinical	Clinical	Clinical only
25	Reducing prescription opioid misuse	Electronic Qx with dentists	822	—	Qx	Qx	Yes
28	Factors for Successful Crowns Stage 1	Electronic Qx with dentists	1852	—	Qx	Qx	Yes
29	Factors for Successful Crowns Stage 2	Prospective cohort study	207	3847 patients	Clinical	Clinical	Yes
32	Cracked tooth registry study	Prospective cohort study	236	3017 patients	Clinical	Clinical	Baseline only
34	Anterior open-bite treatment	Prospective cohort study	96	358 patients	Clinical	Clinical	Baseline only
Excluded from present report							
26	Understanding dental information networks	Electronic Qx with dentists	1860	—	Qx	Qx	No
27	Quit Advisor DDS smoking cessation study	Feasibility non-randomized controlled clinical trial	30	248 patients	Clinical	Clinical	No
30	Leveraging EDR data for clinical research	EDR extraction of patients who received root canal treatment and select restorations	99	1,207,155 procedures	Clinical	Clinical	No
31	Common practices of head & neck examinations in U.S. dental offices	Electronic and paper Qx with dentists	1126	—	Qx	Qx	No
33	Risk for oral cancer/HPV study	Prospective cohort study	37	1025 patients	Clinical	Clinical	No
35	Predicting root canal treatment outcomes	Prospective cohort study	172	1883 patients	Clinical	Clinical	No
36	TMD treatment methods	Prospective cohort study	198	1576 patients	Clinical	Clinical	No
37	Multi-risk assessment in the dental office	3 parts planned, Qx, cohort, then telephone interviews with insurance executives	Planned	810 patients; 20 dental insurance executives	Qx, Clinical	Clinical	No
38	Prophylactic use of antibiotics in dental office	Electronic and paper Qx with dentists	2500 (planned)	—	Qx	Qx	No

\*Study number refers to order in which study was implemented.

Detailed study information can be accessed at <http://nationaldentalpbrn.org/studies.php>.

CONDOR, Collaboration on Networked Dental and Oral Health Research; DDS, Doctor of Dental Surgery; EDR, Electronic Dental Records; FU, Follow-up; HPV, Human Papilloma Virus; ONJ, Osteonecrosis of the Jaw; PBRNs, Practice Based Research Networks; Qx, Questionnaire; RCT, Root Canal Therapy; TMD, Temporomandibular Disorder; TMJD, Temporomandibular Joint Disorder.

## Analysis

The numbers of practitioners who participated in a clinical study, in a questionnaire study, and who had attended a network meeting were all calculated. The participation rates for questionnaire studies and clinical studies, namely, the proportion of invited practitioners who completed a questionnaire study or enrolled a patient, respectively, were calculated for studies conducted after 2012. For practitioners who participated in a clinical study, descriptive statistics (mean, standard deviation [SD]) for number of patients enrolled and length of time (number of days) spent enrolling them were calculated. The associations among the number of clinical studies participated in, the number of questionnaire studies completed, and the number of meetings attended were assessed using Spearman rank correlations. For time in the network, median and interquartile range (IQR) were calculated due to skewed data.

The practitioner characteristics listed before are described. There were 4 outcome variables of interest: 1) participation in a clinical study, 2) participation in a questionnaire study, 3) attendance at a network meeting, or 4) network membership for 10 or more years. For each outcome of interest, the frequency of practitioner characteristics was obtained and  $\chi^2$  tests or Fisher's exact tests were used as appropriate to assess the significance of the differences. To identify independent associations, logistic regression was used with an entry criterion of  $P < .10$  and a retention criterion of  $P < .05$ . Odds ratios (ORs) and 95% CIs were calculated from the models. Some categories were collapsed based on bivariate analysis. All analyses were performed using SAS software (SAS v9.4, SAS Institute Inc., Cary NC).

## Results

### Overall Activities

Overall, 3669 practitioners met inclusion criteria, of whom 86% ( $N = 3148$ ) participated in at least 1 network activity (clinical study, questionnaire study or network meeting). Questionnaire studies had the highest participation rate among practitioners with 81% ( $N = 2963$ ) completing at least 1; 21% ( $N = 762$ ) completed at least 1 clinical study and 19% ( $N = 700$ ) attended at least 1 network meeting. In Phase 1, 833 practitioners participated in questionnaire studies and 306 in clinical studies. In Phase 2,

2453 participated in questionnaire studies and 544 in clinical studies. These results are not mutually exclusive, as some practitioners participated in specified activities in both. The larger number of participants for both types of studies in Phase 2 as compared with Phase 1 reflects the growth of the network, which became national in Phase 2 and expanded to include practitioners from the Northeast and Southwest United States.

### Participation Rates

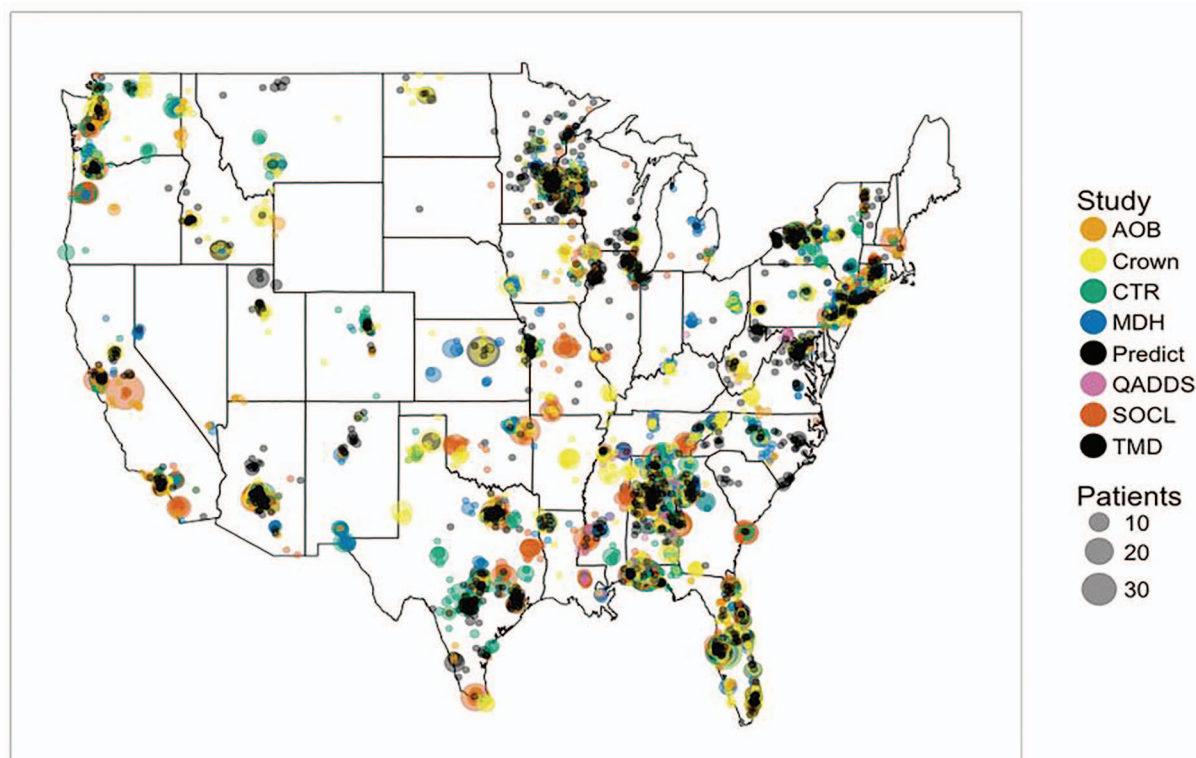
The average participation rate for questionnaire studies (percent of invited who completed) was 75% (ranged from 58% to 87%), and the average participation rate for clinical studies (percent of invited who enrolled a patient) was 86% (ranged from 74% to 97%).

Practitioners who participated in 1 or more of 8 recent clinical studies successfully enrolled patients from a broad geographic coverage (Figure 1). Protocol training was conducted by network Regional Coordinators using either in-office training or via remote means (webinar, conference call), thereby allowing for enrollment of practices at distances far from the network's regional administrative sites.

### Clinical Studies

Among the 762 practitioners who participated in at least 1 clinical study, the mean (SD) number of patients enrolled per study was 17 (10), with a range from 4 to 38; for Phase 1 ( $n = 255$ ), the mean (SD) was 26 (11) and for Phase 2 ( $n = 544$ ), the mean (SD) was 13 (7). The mean (SD) number of days spent enrolling patients per study was 94 (68), with a range from 36 to 140 days; for Phase 1 the mean (SD) was 82 (46) and for Phase 2 the mean (SD) was 85 (71) days. In studies where there was a yearly follow-up component, the proportion of practitioners with 1-year followup ranged from 31% to 80%. All studies with followup were in Phase 1. For study 4, 153 (80%) of 192 practitioners recalled at least 1 patient for followup, and the mean (SD) number of patients enrolled was 27 (10), with a mean (SD) of 15 (7) retained at 1 year; Study 5, 91 (58%) of 157 had followup, mean (SD) number of patients enrolled was 38 (12) with a mean (SD) of 28 (10) retained at 1 year; Study 12, 18 (31%) of 58 had followup, the mean (SD) number of patients enrolled was 20 (12) with mean (SD) of 17 (10) retained at 1 year.

**Figure 1. Distribution of 15,462 patients enrolled in 8 Network studies.**



<sup>1</sup>{AOB} Anterior Open-Bite Treatment; {Crown} Factors for Successful Crowns; {CTR} Cracked Tooth Registry; {MDH} Management of Dentin Hypersensitivity; {Predict} Predicting Outcomes of Root Canal Treatment; {QADDS} Quit Advisor DDS Smoking Cessation; {SOCL} Decision Aids for Suspicious Occlusal Caries Lesions; {TMD} Management of Painful Temporomandibular Disorder  
<sup>2</sup>15 AOB patients in Puerto Rico, 10 CTR patients in Alaska

Among the 3148 practitioners who participated in at least 1 network activity, 71% participated in 1, 18% in 2 and 11% in all 3 types of activities. Number of each type of activity participated in was as follows: among the 762 who participated in at least 1 clinical study, 61% participated in 1, 20% in 2, 12% in 3, and 8% in more than 3; among the 2963 who completed at least 1 questionnaire study, 40% completed 1, 34% 2, 12% 3, and 14% more than 3; and among the 700 who attended a network meeting, 46% attended 1, 21% 2, 13% 3% and 20% more than 3 (Figure 2).

There were weak to moderate Spearman's rank correlations among the number of each activity completed, participated, or attended: number of clinical studies participated in and number of questionnaire studies completed,  $r = 0.17$ ,  $P < .001$ ; number of questionnaire studies completed and number of meetings attended,  $r = 0.22$ ,  $P < .001$ ; and number of clinical studies participated in and number of meetings attended,  $r = 0.44$ ,  $P < .001$ .

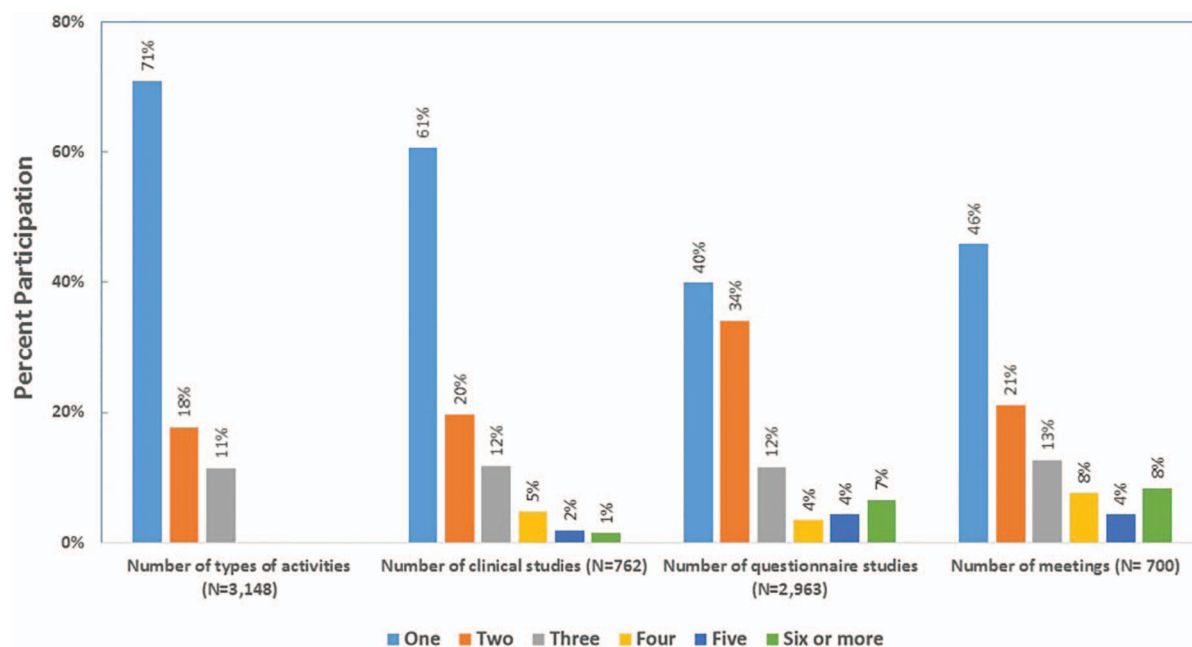
### **Time in Network**

Time in the network was estimated for 3444 (94%) members; 225 who enrolled used article forms and had the enrollment date missing. The mean years in the network (SD) was 5.1 (2.4), with median (IQR) of 4.0 (4 to 5), and range of 1 to 12 years. Among the 3148 members who participated in at least 1 of the activities assessed in this analysis, time in the network was estimated for 2958 (94%). The mean years in the network for these practitioners (SD) was 5.6 (2.5), with median (IQR) of 4.0 (4 to 6), and range of 1 to 12 years. Among 1578 practitioners enrolled in the first 5 years of the Network launch, 20% ( $N = 320$ ) participated in multiple network activities over 5 to 9 years, and 14% ( $N = 238$ ) for 10 to 12 years.

### **Practitioner Characteristics**

Overall, 73% ( $N = 2466$ ) were male, the majority (80%) were non-Hispanic white, and were in private practice (80%). Of note, 317 (9%) were in

**Figure 2. Distribution of participants according to the number of types of activities, and number of each type of activity, they participated in among those who participated in any.**



more than 1 type of practice during their time in the network. The median (IQR) year graduated from dental school was 1988 (1980 to 2000), with a range from 1954 to 2014. As shown in Figure 1, practitioners were located across a broad national geographic range, as judged by the residence locations of the patients whom they enrolled in clinical studies.

### **Practitioner Characteristics and Network Activity**

Several practitioner characteristics were associated with network activity, but not in a consistent manner (Table 2).

#### *Clinical Studies*

Practitioners who graduated before 1980 (most experienced) participated in clinical studies less frequently than those who graduated 1980 or later (18% vs 21%,  $P = .03$ ). These associations remained independently significant in a logistic regression model (multi-other race: OR = 2.6; 95% CI, 1.2 to 5.3;  $P = .01$ ; changed practice type: OR = 4.8; 95% CI, 3.8 to 6.1;  $P < .001$ ; graduated before 1980: OR = 0.8; 95% CI, 0.6 to 1.0;  $P = .05$ ). Gender was not associated with participating in a clinical study. The 1% of practitioners who were multi-racial, or of American Indian or Hawaiian/Pacific Islander race, participated in clinical

studies at a much higher rate than any other race/ethnic group (41% vs 20%,  $P = .002$ ).

#### *Questionnaire Studies*

Male dentists (83% vs 80%,  $P = .04$ ) and those who graduated dental school before 1990 (84% vs 80%,  $P < .001$ ) completed questionnaire studies at higher rates than their counterparts, while those who practiced in an academic setting completed questionnaire studies at lower rates than those practicing in other settings (60% vs 83%,  $P < .001$ ). Completion rates differed by race of practitioners (highest for multi-other race [88%], and lowest for Hispanics [74%] and Asians [79%], and intermediate for whites and African-Americans [both 83%];  $P = .005$ ). Only graduating dental school before 1990 (OR = 1.3; 95% CI, 1.1 to 1.5;  $P = .01$ ) and practicing in academic settings (OR = 0.3; 95% CI, 0.2 to 0.4;  $P < .001$ ) were independently associated with completing a survey.

#### *Meeting Attendance*

Non-Hispanic whites (18% vs 27%,  $P < .001$ ) and those who graduated dental school 2000 or later (15% vs 21%,  $P < .001$ ) were less likely to attend network practitioner meetings. These associations remained independently significant in a logistic regression model (non-Hispanic white race: OR =



**Table 2. Practitioner Characteristics Overall and According to Whether They Participated in Activities Assessed**

	All		Any Clinical Study		Any Questionnaire Study		Any Meeting		In Network 10 + Years	
	N* (n = 3669)	% (col† %)	N* (n = 762)	% (row‡ %)	N* (n = 2963)	% (row‡ %)	N* (n = 700)	% (row‡ %)	N* (n = 297)	% (row‡ %)
<b>Gender</b>										
Male	2466	73	490	20	2,040	83	501	20	235	10
Female	891	27	192	22	710	80	183	21	60	7
				<i>P</i> § = .3		<i>P</i> = .04		<i>P</i> = .9		<i>P</i> = .01
<b>Race-ethnicity</b>										
White	2740	80	540	20	2284	83	499	18	254	9
Black	146	4	34	23	121	83	44	30	16	11
Asian	323	9	78	24	255	79	83	26	14	4
Hispanic	191	6	31	16	141	74	46	24	5	3
Other/multi¶	34	1	14	41	30	88	12	35	6	18
				<i>P</i> = .004		<i>P</i> = .005		<i>P</i> < .001		<i>P</i> < .001
<b>Year graduated dental school</b>										
Before 1980	793	23	139	18	673	85	163	21	77	10
1980 to 89	1057	31	237	22	888	84	233	22	103	10
1990 to 99	717	21	143	20	556	78	154	21	80	11
2000+	891	26	181	20	731	82	136	15	36	4
				<i>P</i> = .08		<i>P</i> < .001		<i>P</i> < .001		<i>P</i> < .001
<b>Practice type</b>										
Private	2741	80	491	18	2236	82	441	16	165	6
HP/PDA	120	3	21	18	114	95	28	23	2	2
Public	128	4	9	7	113	88	22	17	0	0
Academic	131	4	13	10	79	60	39	30	1	1
Other/changed	317	9	157	50	287	91	150	47	129	41
				<i>P</i> < .001		<i>P</i> < .001		<i>P</i> < .001		<i>P</i> < .001
<b>Region</b>										
Western	469	13	157	33	381	81	137	29	34	7
Midwest	343	10	111	32	272	79	115	34	36	10
Southwest	616	18	117	19	475	77	73	12	0	0
South Central	884	25	156	18	785	89	176	20	176	20
South Atlantic	533	15	97	18	464	87	99	19	51	10
Northeast	636	18	67	11	488	77	89	14	0	0
				<i>P</i> < .001		<i>P</i> < .001		<i>P</i> < .001		<i>P</i> < .001

\*Numbers not summing to total N in column heading due to missing data.

†Column (overall) percent. Excludes missing; column percents not summing to 100 within each practitioner/practice characteristic is due to rounding.

‡Percent of row characteristic that has column characteristic, e.g., percent of male practitioners who participated in a clinical study.

§*P*-value from  $\chi^2$  test or Fisher exact test for difference in proportions.

¶Of the 34 Other/multi-race: 14 multi, 9 American Indian/Alaskan, 7 Hawaiian/Pacific Islander, 4 different race each cycle.

||Practices in the Health Partners Dental Group (Minnesota) or the Permanente Dental Associates (Oregon).

HP/PDA, Health Partner/Permanente Dental Associates.

0.5; 95% CI, 0.4 to 0.7; *P* < .001; changed practice type: OR = 4.4; 95% CI, 3.5 to 5.6; *P* < .001; graduated 2000 or later: OR = 0.6; 95% CI, 0.5 to 0.7; *P* < .001).

#### Network Membership >10 Years

Male dentists (10% vs 7%, *P* = .01) were more likely to be in the network for 10 or more years

than their counterparts, while those who graduated from dental school 2000 or later were less likely to (4% vs 10%, *P* < .001). Long-term participation differed by race, and was highest for multi-other race [18%], lowest for Hispanics [3%] and Asians [4%], and intermediate for whites [9%] and African-Americans [11%], (*P* < .001). All but the gender association remained independently associated

with long-term network activity (changed practice: OR = 15.8; 95% CI, 11.7 to 1.2;  $P < .001$ ; graduated 2000 or later: OR = 0.3; 95% CI, 0.2 to 0.5;  $P < .001$ ; race-ethnicity:  $P < .001$ ).

In summary, only 2 practitioner characteristics were consistently associated with network participation, and both of these groups only comprised a small number of practitioners. A higher proportion of the 1% ( $N = 34$ ) of practitioners who were either multi-racial or of Hawaiian or American Indian race participated in each of the activities assessed than did any other race. Similarly, higher proportions of practitioners who had changed their practice setting type (eg, from private to academic) participated in clinical studies, attended network meetings and were in the network for 10 or more years than did their counterparts.

## Discussion

Although there are over 183 active PBRNs in the United States,<sup>18</sup> to our knowledge this is one of the first examinations of practitioner participation rates, average duration of participation and characteristics associated with long-term participation in a national network. Our results indicate that the National Dental PBRN has been successful at engaging and retaining member practitioners in clinical and nonclinical research activities over a period of 12 years, with 86% participating in at least 1 network activity (study or meeting) after enrollment in the network. The National Dental PBRN utilized best practices and team-based research described by primary care PBRNs to develop regional infrastructure, and support systems that may promote increased practitioner participation by reducing administrative and logistic burdens.<sup>19–23</sup>

The network has employed and adapted strategies that other PBRNs have found effective at engaging and retaining practitioners including selecting feasible studies, minimizing overlap of study participation, providing training materials adapted to clinical practice, and having the research team available for practitioner queries throughout participation.<sup>11</sup>

The network also provides both in-person and remote support for practitioners participating in studies, allowing for geographically diverse participation and real-time assistance. When implementing clinical studies, care is taken in the design not to impede office flow, and typically to enroll over a

short time interval, namely, 2 to 4 months. Practitioners in this analysis enrolled an average of 17 patients per study during a mean enrollment period of 94 days. The network launches studies regularly, allowing practitioners to choose opportunities that best suit their clinical interests, patient population, and current workload.

The National Dental PBRN has taken steps to address the previously cited participation barriers of competing demands for time, inadequate training and insufficient compensation by using strategies frequently employed by primary care PBRNs.<sup>11,15,17,22</sup> Study protocol trainings typically take less than 1 hour and 1-page quick reference guides are provided to practitioners before their training sessions. Case report forms take less than 10 minutes to complete on average and practitioners are encouraged to have at least 1 staff member trained on the study protocol to assist with administrative tasks. Recent National Dental PBRN studies use electronic data capture on tablets, thereby reducing the amount of administrative time needed to conduct the study. The network offers Continuing Education credit to practitioners and hygienists for completing a Human Subjects Protection Training and the study protocol training, increasing the incentive to participate.

Team science research is critically important to addressing complex research questions and is necessary to accelerate adoption, implementation, and sustainability of clinical practice improvement.<sup>21</sup> A key operating principle for the network, one aimed at encouraging long-term participation, is that most study topics originate from clinical questions that practitioners themselves contribute, and that the resulting answers have the potential to immediately improve clinical practice.<sup>1</sup> In addition, no study is done in the network unless it receives approval from the network's Executive Committee, the majority voting authority is composed of practitioners in private or community clinical practice. Gibson et al<sup>13</sup> found that members of a physician PBRN cited the opportunity to enact quality improvement, contribute to clinical knowledge, and attain intellectual stimulation as the most positive aspects of PBRN participation. Keeping these aspects in mind, the National Dental PBRN has prioritized participation of practitioners throughout study design, implementation, and dissemination. The network disseminates study results to practitioners as soon as they are available, and

makes a point of providing opportunities for practitioners to serve on protocol development groups, to discuss results with colleagues at network meetings, and to present results at local study clubs or organizations as well as national and international venues.<sup>25</sup> Practitioners participating in National Dental PBRN studies cite an increase in their practice's visibility, professional stimulation, networking, and stature among patients as benefits to participating in the network.<sup>6</sup>

Although most of the approaches used by the network are not novel, they reflect best practices adopted from other PBRNs, representing their application to a new professional field and their potential application to other health fields. Although over 180 PBRNs exist, few have operated on a national scale for over 10 years, and little data exist to demonstrate long-term participation and network longevity. Studies implemented in the dental network that involve the participation of medical practitioners or study topics that have wide applicability to medicine (eg, blood glucose testing, screening for human papilloma virus, opioid prescribing practices, and smoking cessation) exemplify an overlap between dental and medical assessments.

This analysis does have limitations. First, several studies are still in active data collection and were not included. Inclusion of these studies would likely increase practitioner participation rates as they include network members who had not previously participated in other activities. Second, although network members are encouraged and reminded to electronically update their enrollment questionnaire if their practice characteristics change, some information the network has may not be current. However, the data available provide a representative assessment of practitioner participation in the National Dental PBRN from 2005 to 2017. Third, we used attendance at a network meeting as a measure of both eligibility and participation. We acknowledge that limits inferences about the proportion of network members participating in specific activities. We describe participation over 2 distinct phases of the dental network; 2005 to 2011 and 2012 to 2017. The latter reflects when the network covered the entire United States. This growth has enabled the network to conduct studies with more practitioners, and fewer patients per practitioner, which lessens impact on the practice due to participating in a study.

PBRNs often have to explain whether results from their studies are generalizable to practices at large. National Dental PBRN members are not recruited randomly, so unmeasured factors that are presumably associated with network membership, such as interest in clinical research, may make network clinicians unrepresentative of clinicians at large. However, analyses have demonstrated that network practitioners have much in common with the profession at large, albeit with some differences in characteristics while also providing substantial diversity in these characteristics.<sup>1,26</sup> This assertion is warranted because substantial percentages of network dentists are represented in the various response categories of the characteristics in the Enrollment Questionnaire; findings from several network studies document that network dentists report patterns of diagnosis and treatment that are similar to patterns determined from non-network dentists<sup>26-32</sup>; and the similarity of network dentists to non-network dentists using the American Dental Association (ADA) Survey of Dental Practice.<sup>33</sup>

## Conclusion

Practice-based research is a promising venue for advancing clinical practice by incorporating practitioners in the research process, engaging them in collegial activities and studying relevant questions and obtaining large amounts of patient data in a relatively short period of time. However, engaging community practitioners in research studies can be challenging due to competing demands for time and lack of research training and experience. The National Dental PBRN has developed an infrastructure to support practitioners nationwide in dental research. Results indicate that the National Dental PBRN has achieved high rates of sustained participation among enrolled members and provides a venue to obtain data from diverse populations. The network's infrastructure may serve as a model to other PBRNs looking to increase participation rates and expand their reach from a regional level to a national level.

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*To see this article online, please go to: <http://jabfm.org/content/31/6/844.full>.*

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