

**Editor**

Marjorie Bowman, MD, MPA  
Dayton, OH

**Deputy Editor**

Anne Victoria Neale, PhD, MPH  
Detroit, MI

**Executive Editor**

James C. Puffer, MD  
Lexington, KY

**Associate Editor**

Dean A. Seehusen, MD, MPH  
Fort Gordon, GA

**Editorial Board**

William A. Alto, MD  
Seattle, WA

Ian M. Bennett, MD, PhD  
Philadelphia, PA

Alfred O. Berg, MD  
Seattle, WA

John M. Boltri, MD  
Rootstown, OH

Richard D. Clover, MD  
Louisville, KY

Larry Culpepper, MD, MPH  
Boston, MA

Jennifer E. DeVoe, MD, DPhil  
Portland, OR

Vanessa A. Diaz, MD, MS  
Charleston, SC

L. Miriam Dickinson, PhD, MS  
Aurora, CO

Chyke A. Doubeni, MD, MPH  
Philadelphia, PA

Nancy Elder, MD, MSPH  
Cincinnati, OH

Joshua J. Fenton, MD, MPH  
Sacramento, CA

Jeanne Ferrante, MD, MPH  
Somerset, NJ

Kenneth S. Fink, MD, MGA,  
MPH

Kapolei, HI  
Adam Goldstein, MD, MPH  
Chapel Hill, NC

Beverly Green, MD, MPH  
Seattle, WA

Larry A. Green, MD  
Aurora, CO

Masahito Jimbo, MD, PhD, MPH  
Ann Arbor, MI

Mark S. Johnson, MD, MPH  
Washington DC

Lawrence Leung, MD, MA  
Kingston, ON

Zsolt J. Nagykaldi, PhD  
Oklahoma City, OK

M. Norman Oliver, MD, MA  
Charlottesville, VA

Donald Pathman, MD, MPH  
Chapel Hill, NC

Sarina Schrage, MD  
Madison, WI

Kendra Schwartz, MD, MSPH  
Detroit, MI

Hazel Tapp, PhD  
Charlotte, NC

Eric M. Wall, MD, MPH  
Seattle, WA

Imam M. Xierali, PhD  
Washington DC

**CONTENTS****EDITORS' NOTE**

- Research in Family Medicine by Family Physicians for the Practice of Family Medicine **427**  
*Marjorie A. Bowman, Anne Victoria Neale, and Dean A. Seehusen*

**COMMENTARY**

- Telehealth: A Very Useful Tool That Enables and Improves Patient Access **430**  
*Charles R. Doarn*

**POLICY BRIEF**

- Who is Using Telehealth in Primary Care? Safety Net Clinics and Health Maintenance Organizations (HMOs) **432**  
*Megan Coffman, Miranda Moore, Anuradha Jetty, Kathleen Klink, and Andrew Bazemore*

**ORIGINAL RESEARCH**

- The Fit Family Challenge: A Primary Care Childhood Obesity Pilot Intervention **434**  
*Bonnie T. Fortberg, Raquel Rosen, Sarah Roth, Luke Casias, L. Miriam Dickinson, Letoynia Coombs, Nida S. Awadallah, Meaghann K. Bernardy, and W. Perry Dickinson*
- Family Medicine Panel Size with Care Teams: Impact on Quality **444**  
*Kurt B. Angstman, Jennifer L. Horn, Matthew E. Bernard, Molly M. Kresin, Eric W. Klavetter, Julie Maxson, Floyd B. Willis, Michael L. Grover, Michael J. Bryan, and Tom D. Thacher*
- Patient Portal Use and Blood Pressure Control in Newly Diagnosed Hypertension **452**  
*William Manard, Jeffrey F. Scherrer, Joanne Salas, and F. David Schneider*
- C-Reactive Protein Level as Diagnostic Marker in Young Febrile Children Presenting in a General Practice Out-of-Hours Service **460**  
*Marijke Kool, Gijs Elsbout, Bart W. Koes, Arthur M. Bobnen, and Marjolein Y. Berger*



## CONTENTS

### Continued

- Communicating Findings of Delayed Diagnostic Evaluation to Primary Care Providers **469**  
*Ashley N. D. Meyer, Daniel R. Murphy, and Hardeep Singh*
- Provision of Recommended Chronic Pain Assessment and Management in Primary Care: Does Patient-Centered Medical Home (PCMH) Recognition Make a Difference? **474**  
*Nancy Elder, Michelle Penn, Harini Pallerla, Mary Beth Vonder Meulen, Amy Diane Short, Tiffany Diers, Ryan Joseph Imhoff, Brendan Wilson, and Jill Martin Boone*
- System Transformation in Patient-Centered Medical Home (PCMH): Variable Impact on Chronically Ill Patients' Utilization **482**  
*Caroline S. Carlin, Thomas J. Flottemesch, Leif I. Solberg, and Ann M. Werner*

### SPECIAL COMMUNICATION

- A Primary Care Panel Size of 2500 Is neither Accurate nor Reasonable **496**  
*Melanie Raffoul, Miranda Moore, Doug Kamerow, and Andrew Bazemore*

### CLINICAL REVIEW

- Antibiotic Prophylaxis for Patients with a History of Total Joint Replacement **500**  
*Steven F. DeFroda, Eliza Lamin, Joseph A. Gil, Kunal Sindhu, and Scott Ritterman*

### BRIEF REPORTS

- The Performance of Fertility Awareness-based Method Apps Marketed to Avoid Pregnancy **508**  
*Marguerite Duane, Alison Contreras, Elizabeth T. Jensen, and Amina White*
- Evaluating the Evidence for Choosing Wisely™ in Primary Care Using the Strength of Recommendation Taxonomy (SORT) **512**  
*Kenneth W. Lin and Joseph R. Yancey*

*JABFM (Journal of the American Board of Family Medicine)* (ISSN 1557-2625) is published six times a year in January, March, May, July, September, and November by the American Board of Family Medicine, Inc., 1648 McGrathiana Parkway, Fifth Floor, Lexington, KY 40511 with printing services provided by Cenveo Publisher Services, 5457 Twin Knolls Road, Suite 200 Columbia, MD 21045. For more information please refer to the Information for Readers page. POSTMASTER: Send address changes to JABFM Subscriptions, American Board of Family Medicine, 1648 McGrathiana Parkway, Suite 550, Lexington, KY 40511.

© Copyright 2016 by the American Board of Family Medicine. All rights reserved. The *Journal* does not hold itself responsible for statements made by any contributor. Statements or opinions expressed in the *Journal* reflect the views of the author(s) and not the official policy of the American Board of Family Medicine.

# JABFM

JOURNAL OF THE AMERICAN BOARD OF FAMILY MEDICINE



VOLUME 29, NUMBER 4

JULY–AUGUST 2016

## CONTENTS

*Continued*

### CORRESPONDENCE

---

- Re: Over Half of Graduating Family Medicine Residents Report More Than \$150,000 in Educational Debt **516**  
*John M. Westfall and Kim Marvel*
- Response: Re: Over Half of Graduating Family Medicine Residents Report More Than \$150,000 in Educational Debt **516**  
*Andrew Bazemore*

### BOARD NEWS

---

- Reducing Burden, Ensuring Competence, Improving Quality, and Enhancing Professionalism: How Can ABFM Contribute to All? **518**  
*Robert Phillips*