# CONTENTS

## EDITORS’ NOTE

Practical, Office-based Interventions That Improve Care Today  
*Marjorie A. Bowman, Anne Victoria Neale, and Dean A. Seehusen*

## EDITORIAL OFFICE NEWS AND NOTES

New Mobile Website and *JABFM* Editorial Board Member Elected to the Institute of Medicine  
*Phillip Lupo, Jr., Anne Victoria Neale, and Marjorie A. Bowman*

## COMMENTARY

Solo Practitioners Remain Important Contributors to Primary Care  
*Deborah N. Petkes and Stacy Berg Dale*

## POLICY BRIEF

Fewer Family Physicians Are in Solo Practices  
*Lars E. Peterson, Elizabeth Baxley, Carlos Roberto Jaén, and Robert L. Phillips*

## ORIGINAL RESEARCH

BREATHE OUT: A Randomized Controlled Trial of a Structured Intervention to Improve Clinician Satisfaction With “Difficult” Visits  
*Jennifer Y. C. Edgoose, Caitlin J. Regner, and Larissa I. Zakletskaia*

The Effects of Myofascial Trigger Point Injections on Nocturnal Calf Cramps  
*Do-Hyeong Kim, Duck Mi Yoon, and Kyung Bong Yoon*

The Effect of Regular Primary Care Utilization on Long-Term Glycemic and Blood Pressure Control in Adults With Diabetes  
*Julia J. Smith, Matthew D. Berman, Vanessa Y. Hiratsuka, and Roxylan R. Frazier*
CONTENTS

Continued

The Impact of Health Coaching on Medication Adherence in Patients With Poorly Controlled Diabetes, Hypertension, and/or Hyperlipidemia: A Randomized Controlled Trial
David H. Thom, Rachel Willard-Grace, Danielle Hessler, Denise DeVore, Camille Prado, Thomas Bodenheimer, and Ellen Chen

38

Improving Breast and Colon Cancer Screening Rates: A Comparison of Letters, Automated Phone Calls, or Both
Lindsay Phillips, Samantha Hendren, Sharon Humiston, Paul Winters, and Kevin Fiscella

46

Fundamental Issues in Implementing an Ambulatory Care Electronic Health Record
Ann Scheck McAlearney, Jennifer L. Hefner, Cynthia Sieck, Milisa Rizer, and Timothy R. Huerta

55

Monitoring Suicidal Patients in Primary Care Using Electronic Health Records

65

Comparable Sustained Virologic Suppression Between Community-and Academic-based HIV Care Settings
Carolyn Chu, Moonseong Heo, Alex Peshansky, Galina Umanski, Paul Meissner, Cindy Voss, and Peter A. Selwyn

72

Intrapartum Antibiotics and Childhood Atopic Dermatitis
Debra L. Wohl, William J. Curry, Dave Mauger, Jennifer Miller, and Kaitlyn Tyrie

82

Gastric Bypass May Promote Weight Loss in Overweight Partners
Floor Aarts, Nalini N. E. Radbaksibun, Mariska van Vliet, Rinie Geenen, Ines A. von Rosenstiel, Chris Hinnen, Jos H. Beijnen, Dees P. M. Brandjes, Michaela Diamant, and Victor E. A. Gerdes

90

Patient Factors Associated With Documented Provision of JNC 7–Recommended Hypertension Care at an Academic Family Medicine Office
Ajay Koti and Richard G. Roetzheim

97
CONTENTS

Continued

Provision of Family Planning to Women With Cardiovascular Risk Factors
Shivani M. Reddy, Ambili Ramachandran, Howard Cabral, and Lewis Kazis

RESEARCH LETTERS

Rate of Urinary Retention in Adults With Down Syndrome: A Prospective Study
Brian Chicoine and Suela Sulo

An iPhone-Assisted Particle Repositioning Maneuver for Benign Paroxysmal Positional Vertigo (BPPV): A Prospective Randomized Study
Brock Organ, Hao Liu, and Matthew Bromwich

SPECIAL COMMUNICATION

Birth History Is Forever: Implications for Family Medicine
Casey Crump

CLINICAL REVIEWS

Improvement in Lung Cancer Outcomes With Targeted Therapies: An Update for Family Physicians
Christian Rolfo, Francesco Passiglia, Marcin Ostrowski, Lúcia Farracho, Tereza Ondučková, Ana Dolcan, Marta Castiglia, Roy Remmen, Konstantinos Papadimitriou, and Patrick Pauwels

Diagnosis and Management of Upper Gastrointestinal Bleeding in Children
Susan Owensby, Kellee Taylor, and Thad Wilkins

BRIEF REPORTS

A Rare Case of Neck Pain: Acute Longus Colli Calcific Tendinitis in a Possibly Immunocompromised Individual
Kerlie Estimable, Cynthia Rizk, and George G. A. Pujalte
Continued

Staphylococcus epidermidis in Urine Is Not Always Benign: A Case Report of Pyelonephritis in a Child
Valentina Lozano, Gabriela Fernandez, Patricia L. Spencer, Susan L. Taylor, and Robert Hatch

151

Low-Dose Quetiapine Induced or Worsened Mania in the Context of Possible Undertreatment
Hun Y. Millard, Barbara A. Wilson, and Douglas L. Noordsy

154

BOARD NEWS

Strategy for Revising and Updating Maintenance of Certification Self-Assessment Modules (SAMs)
Michael D. Hagen, Martin A. Quan, Roger Fain, and William DeBord

159

CORRESPONDENCE

Re: A Predictive Equation to Guide Vitamin D Replacement Dose in Patients
Jane B. Whitner

160

Re: Promotion of Family-Centered Birth With Gentle Cesarean Delivery
Ronald E. Pust

160

Response: Re: Promotion of Family-Centered Birth with Gentle Cesarean Delivery
Susanna Magee, Cynthia Battle, John Morton, and Melissa Nothnagle

161

Re: Family Physicians' Knowledge of Commonly Overused Treatments and Tests
Kieran Walsh

161

Response: Re: Family Physicians' Knowledge of Commonly Overused Treatments and Tests
Douglas Maurer, Mark Stephens, Brian Reamy, Brian Crownover, Paul Crawford, and Tammy Chang

162