## **REFLECTIONS IN FAMILY MEDICINE**

## Poetry in a Pill

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Today they announced discovery of poetry in a pill form. Take one 3 times a day, no prescription needed.

Those around me greeted the news almost impassively, as if a new species had arrived with little fanfare, and only a few muted smiles.

The reality eventually took hold, as recognition that a long-sought marriage had occurred, uniting disciplines and theory, aspirations and ability, onto a common path where breakthroughs are not inevitable, but result from continuous creativity.

We greet new pills for sleep with praise, new pills for hearts with awe, new pills for pain with relief, new pills for pleasure with excitement. How then should we greet this, the first pill for the soul? What emotion do we have to acknowledge prolonged insight into the nature of existence? As we swallow this pill, we marvel in the exhalation of voices that resonate through centuries, in caves, palaces, and prisons, in prose, psalms, and stories, in words jumping off rocks, in the power that radiates from the pen and from the mind unleashed from rules.

This is the thought that exhorts us, the thought that, like Sisyphus, is never enough and pushes us harder, higher, and faster, to converse inside a space as powerful at this moment as the universe above and below, formed at the dawn of creation:

Two millennia of research into the nature of the soul have finally brought art and science together, with millions of new inspirations, visions that link faith and science and faith.

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