

The Use of Electronic Health Records in the Exam Room and Patient Satisfaction: A Systematic Review

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Background: Physicians may hesitate to implement electronic health record (EHR) systems because they fear a decrease in patient satisfaction. We conducted a systematic review to determine whether physician EHR use in the patient room affects patient satisfaction.

Methods: We searched the literature using MEDLINE (Ovid), EMBASE, CINAHL, Cochrane Library, PsycINFO, Proceedings First, and ProQuest Digital Dissertations. Our inclusion criteria were a description of physician EHR use in the examination room, EHR use in an outpatient setting, setting in the United States, publication year no earlier than 2000, and measurement of patient satisfaction. We included both qualitative and quantitative research. We included 7 articles in the final analysis: 3 cross-sectional, and 4 pre-design and post-design.

Results: Several studies had methodological concerns. Six studies found that physician EHR use had either a positive or neutral effect on patient satisfaction. One study found a negative effect on the physicians' perception of patient satisfaction. The reported statistical results from these studies were not homogenous enough for meta-analysis.

Conclusion: Studies examining physician EHR use have found mostly neutral or positive effects on patient satisfaction, but primary care researchers need to conduct further research for a more definitive answer. (J Am Board Fam Med 2009;22:553–562.)

Electronic health record (EHR) systems are becoming a major component of the twenty-first century health care delivery system, and their adoption by physicians is rising.¹ Many practitioners hope that electronic medical records will provide more efficient care and reduce medical errors.² Computer-based documentation tools can certainly improve

access to summaries of patient care encounters³ and they may improve compliance with recommended health maintenance guidelines as well.^{4,5} Perhaps equally important, they can also facilitate practice-based research, quality improvement, and the generation of new knowledge.⁶

The Future of Family Medicine report strongly endorses physician use of EHR, likening it to the “central nervous system of the practice.”⁶ The US federal government recently announced initiatives to increase the use of computers in routine ambulatory care.⁷ In addition, the United States' leading primary care physician organizations issued the Joint Principles of the Patient-Centered Medical Home (PCMH) in February of 2007,⁸ with endorsement by the American Medical Association in early 2009⁹; one PCMH principle specifically relates to the use of information technology to improve the quality and efficiency of health care.⁸

The PCMH model also affirms that patients' satisfaction with their physician is an important marker in health care^{8,10}; patient compliance,^{11–13} health outcomes,^{14–17} perceptions of physician competence,^{18–20} and even the incidence of malpractice suits^{21, 22} are all closely related to physicians' interpersonal skills. As physicians spend

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more time interacting with the computer, though, some worry that they may have less time to interact effectively with their patients.²³ Specific fears include a loss of eye contact, less opportunity for psychosocial discussion, and decreased sensitivity to patient responses because of missed nonverbal communication cues.²³ Researchers have explored the validity of these concerns since the introduction of the ambulatory EHR in the 1970s.

Several studies in the 1980s and 1990s examined the impact on patients of physician computer use in the examination room, including a systematic review that found that both practitioners and patients were concerned about the possible negative impact of computers on the doctor-patient relationship.²⁴ Because of refinements and improvements in software design since then, however, these early studies are less applicable to the physicians of today.

More recently, another systematic review in 2004 studied the effect of physician computer use on the quality of care, but it evaluated patient satisfaction only within the context of other studies.²⁵ Studies performed in primary care environments during the mid-1990s raised concerns about the potential impact of computer-based documentation on patient satisfaction²⁶ and patient-physician communication.^{4,27}

No twenty-first century systematic review has yet attempted to provide a definitive answer to these concerns. Our systematic review seeks to examine the impact on patient satisfaction of physician computer use during the ambulatory patient encounter.

Methods

Study Selection

We performed an extensive search of the literature from January 2000 until March 2008 using MEDLINE (Ovid), EMBASE, CINAHL, Cochrane Library, PsycINFO, Proceedings First, and ProQuest Digital Dissertations. In addition, we manually searched the citations of the final selection of articles and we used the Web of Science Citation Index to examine articles that cited our selected list. Search strategies were specific to the databases and included Medical Subject Headings associated with keywords that reflected EHRs, patient satisfaction, and the outpatient setting. Two reviewers performed this initial search independently.

We sought to include only studies describing EHR use in the examination room, in an outpatient

office setting, published after the year 2000, written in English, performed in the United States, and specifically measuring patient satisfaction as an outcome. We retrieved all papers that addressed the research question in the first screen, regardless of the study design. We excluded editorials, letters, and conceptual papers.

After the first screen, 2 reviewers independently examined the titles and, if needed, abstracts of the retrieved articles to determine which articles were potentially relevant for our analysis (Figure 1). A third reviewer settled any disagreement between the 2 reviewers as was necessary at each stage of the process.

Evaluation Process

Previous systematic reviews have used scoring systems to assess the validity of studies selected for review. However, existing scoring systems do not provide adequate breadth and depth of criteria to evaluate the wide scope of study methodologies in our set of studies. Thus we will report individual study characteristics without using a scoring system.

Data Extraction and Pooling

Two reviewers (ETO and RM) independently extracted relevant data from each article into a structured spreadsheet. Source, setting, EHR system used, study design and characteristics, population, year, and reported results were noted. A third reviewer (JSI) reviewed the extracted data tables and confirmed their accuracy.

Of the 7 articles in this review, 2 (Joos et al,²⁸ and Rouf et al²³) only give post-EHR information and hence could not be considered for any type of meta-analysis comparing patient satisfaction scores of both before and after EHR implementation.

Of the remaining 5 articles, which do give some before and after implementation results, 2 Gadd and Penrod articles (2000⁸ and 2001²⁹) give physician satisfaction results on 5-point Likert scales. In these articles, physicians were either asked to rate the rapport they had with their patients before and after EHR implementation on how they perceived the quality of care.

The other 3 articles (Garrison et al,³⁰ Hsu et al,² and Johnson et al³¹) give patient satisfaction results in percentage format; that is, what percent rated their overall care as either “excellent” or “very good.” Even if all 5 papers reported their results

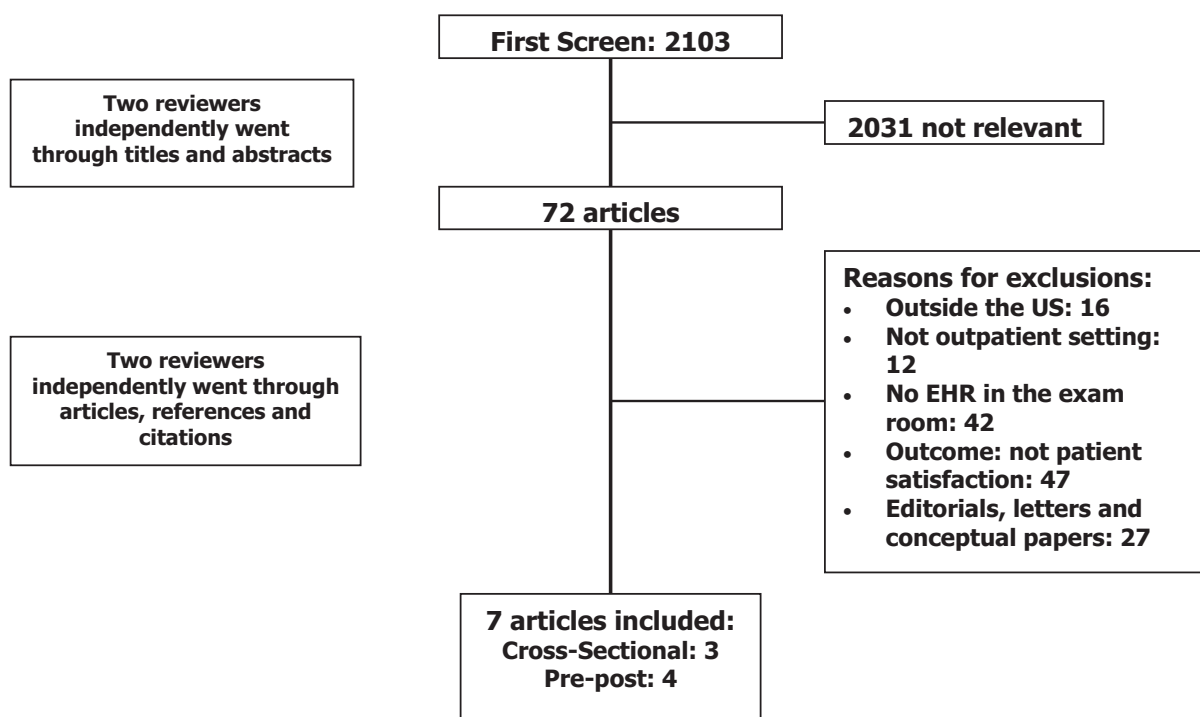


Figure 1. Study inclusion process. EHR, electronic health record.

using similar statistics (such as all Likert scores), we still think that, because 2 articles sampled physicians and 3 sampled patients, the individuals cited in these articles are too different; therefore, pooling the responses from these articles would not be appropriate.

Results

Of the original 2103 studies obtained in the first screen, 72 articles' titles and abstracts indicated possible fulfillment of the inclusion criteria; we obtained and reviewed these articles in full.

We excluded the majority of the 72 reviewed articles because of no mention of EHR in the examination room (42 articles) or of patient satisfaction as one of the outcomes (47 articles). Two reviewers independently read and judged those 72 articles against our inclusion criteria, resulting in our final list of 7 articles to include in the analysis. Of these 7 articles, 3 were cross-sectional and 4 had a design studying results before and after EHR implementation. No qualitative studies met our inclusion criteria. Overall, the studies were quite disparate in design, participants, and findings.

Study Designs

All were single-site studies. Three used commercial EHR systems, 3 used noncommercial systems, 2 of

the studies were performed by the same author(s), and one did not describe the type of system used. Three used a cross-sectional design and 4 used a predesign/postdesign (Table 1). Only 2 justified their sample size. Methodological design details of the 7 articles may be found in Table 2.

Study Participants

Mean age of the patients ranged from 46 to 71.8 years of age.^{2,8,23,28-31} Age of physicians was less consistently and precisely characterized. Response rates varied widely for both patients and physicians. The proportion of male to female patients also varied widely. Demographic data about physicians was not consistently gathered across the studies (Table 1).

Cross-Sectional Studies' Findings

The 3 cross-sectional studies that we examined found either neutral (Rouf et al²³ and Joos et al²⁸) or positive (Gadd and Penrod⁸) patient attitudes about physician EHR use during the outpatient visit, although these attitudes sometimes varied with the physician's level of experience (Table 3).

Rouf et al²³ surveyed 155 adult patients from a Veterans Affairs primary care clinic and explored how physician experience modifies the impact of

Table 1. Description of Studies

| Author | Setting | EHR Used | Study Design | Patients Description | Physicians Description |
|-----------------|--|--|---|---|--|
| Gadd (2000) | Single center, university based, Physical Medicine and Rehabilitation department, Pittsburgh, PA | Epicare, commercial | Pre/post implementation for physicians' perceptions; only postimplementation for patients Patients surveyed 6 months after implementation of EHR | Age 19 to 83 years (median, 45 years); 37% "unsophisticated" with computer use 165 surveys analyzed | 5 faculty (2 women, 3 men); average age, 37 years |
| Gadd (2001) | Single center, university based, Physical Medicine and Rehabilitation, internal medicine, renal, pulmonary, geriatrics, ID, Pittsburgh, PA | Epicare, commercial | Physicians' perception of patient satisfaction before and 6 months after EHR implementation | No patients characteristics described 124 encounters analyzed | 75 physicians (97% before EHR implementation and 95 faculty (70%) after EHR implementation; average age, 40 years |
| Garrison (2002) | Single center, academic family medicine clinic, Midwest | In-house developed | Pre (2 years before EHR)/post | Patients with hypertension, dyslipidemia Mean age, 64 years 56.5% women Analyzed 200 before and 304 after EHR implementation | 33 (9 faculty, 24 residents) 2 nurse practitioners 3 years' experience with EHR |
| Hsu (2005) | Single center, Kaiser Permanente, Portland, OR | Epic systems | Pre (2 months prior)/post (1 and 7 months after) | Mean age, 55 years 64% women 32% with college degree 107 before EHR implementation; 81 and 125 after implementation | 8 (out of 17 primary care physicians in internal medicine and family practice) Age not described |
| Johnson (2005) | Single center, Hospital-based pediatric teaching clinic | Clicitate, non commercial, developed by author | Pre (historical)/post (1 year after EHR) survey | Pediatric population (<18 months) for well child exams Parents surveyed 149 encounters before EHR implementation; 221 encounters after implementation | Before implementation of EHR: 25% male, 44% PGY1 After implementation: 38% male, 21% PGY1 (both significantly different) |
| Joos (2006) | Single center Adult ambulatory primary care and urgent care clinic in an academic hospital; TN | Unknown | Cross-sectional Physicians' perception of patient satisfaction | Not described | 46 (out of 70 physicians) 37% younger than 30 years of age 54% male Median of 5 years in practice |
| Rouf (2006) | VA system Primary care clinic NY | VA system, non commercial | Cross-sectional | Group faculty: mean age, 72 years; 100% male Group residents: mean age, 69.5 years; 93.5% male 6 patients/physician (internist) 155 analyzed | Faculty: 11 (out of 18); mean age, 42 years; 36% male; 6 years in practice Residents: 12 (out of 32); mean age, 30 years; 68% male; 2.2 years in practice |

EHR, electronic health record; ID, infectious disease; PGY1, postgraduate year 1; VA, Veterans Affairs.

Table 2. Methodological Evaluation of Studies

| Study | Funding | Population | Independent Variable | Dependent Variable | Other Methodological Issues |
|-----------------|------------------------|---|--|--|---|
| Gadd (2000) | None specified | Sampling method: non random, sequential Sample size: not justified Response rate: 82% | EHR was in the exam room for more than 6 months prior to data collection Unsure how many physicians used it or how they did | Survey for patient satisfaction attitudes, developed and validated Blinding of data collector: N/A Blinding of analyst: not specified | Possible variable experience with EHR usage inside the room Potential confounders considered in analysis: patient age, gender, self-rated computer sophistication or computer use |
| Gadd (2001) | None specified | Sampling method: nonrandom Sample size: not justified Response rate: 77% in pre- and in post- | Time (preimplementation and postimplementation of EHR) Unsure how many physicians used EHR or how they did | Physicians' perception; instrument validated Blinding of data collector: N/A Blinding of analyst: not specified | No confounders were considered in the analysis Postintervention data collection over 18 months period |
| Garrison (2002) | HRSA grant | Sampling method: nonrandom for post-random for pre- Sample size justified Clear eligibility criteria Comparison to a historical sample Response rate 64% in post- | Time (pre/post) Describes if physicians used EHR inside room | Questionnaire designed for this study, piloted, but no mention of validation Blinding of data collector or data analyst: not mentioned | Addressed respondent bias Analyzed if associations with physicians' perception of physicians' computer skills and patients' personal use of computer No adjustments for confounders mentioned |
| Hsu (2005) | Garfield memorial fund | Sampling method: nonrandom; PCP volunteers and their patients; convenience Sample size: not justified Eligibility criteria defined Patients' response rate: 80% | Physicians familiar with the system prior to the intervention Training happened between data collection times in post (100% physicians attended) Use of EHR assessed after the encounter by physicians | Self-administered questionnaire, pre-tested; based on "Medical Outcomes Study" No mention of blinding in data collection or analysis Questionnaire based on a tool developed by Wissow et al to assess satisfaction No mention of blinding of data collector or analyst | Confounders considered in analysis: age, gender, self-reported health status, race/ethnicity, annual household income, education, previously seen the PCP Confounders considered in analysis: Physician sex and year of training, possible within physician correlations |
| Johnson (2005) | Multiple* | Sampling method: nonrandom in post-Eligibility defined Control: random selection, historical Sample size justified Response rate 92% (post) | EHR already in place before this survey done No direct assessment of use of EHR; but general questions (not after each encounter) | Survey built after qualitative section, tested for face validity No blinding for data collection or analysis | Confounders considered in the analysis: gender, computer skill, message basket use and years of practice (but not for the outcome of interest) |
| Joos (2006) | No funding | Sampling method: nonrandom, convenient Sample size not justified Response rate 66% (physicians) | EHR already in place | Questionnaires from Medical Outcomes Study—reviewed for face validity—and piloted No blinding | Confounders considered in the analysis; done but not specified which ones |
| Rouf (2006) | HRSA | Eligibility specified Sampling method: nonrandom Sample size not justified Response rate 61% of attending and 38% of residents | | | |

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EHR, electronic health record; HRSA, Health Resources and Services Administration; PCP, primary care physician.

Table 3. Summary of Studies' Findings

| Author | Outcome | Results | Authors' Conclusion | Our Interpretation |
|-----------------|--|--|--|--------------------|
| Gadd (2000) | 1 to 5 Likert scale (strongly disagree to strongly agree) | General Satisfaction Scale 4.59 (± 0.47); Physician Computer Use Scale 4.00 (± 0.68)* | Patients did not indicate a sense of loss of rapport with their physicians | Neutral |
| Gadd (2001) | 1 to 5 Likert scale (highly detrimental to highly beneficial) | Before implementation: mean score, 3.20 (± 0.60) After implementation: mean score, 2.91 (± 0.85) $P = .019$ | Physicians perceive EHR use had a detrimental impact on patient's satisfaction with quality of care and physician autonomy | Negative |
| Garrison (2002) | Percentage of "excellent or very good" to "How would you rate the overall care you received?" | Before implementation: 81% After implementation: 83.5% $P = NS$ | No difference in patient satisfaction after the introduction of point-of-care computers at the clinic | Neutral |
| Hsu (2005) | Percentage of reporting "excellent satisfaction" | 2 months before implementation: OR, 1 (reference) 1 month after implementation: OR, 1.64; 95% CI, 0.83–3.24 7 months after implementation: OR, 1.50; 95% CI, 1.01–2.22 | The examination room computers seemed to have positive effects on physician-patient interactions | Positive |
| Johnson (2005) | Percentage who report "strongly agree" to satisfaction with attention given by physician and medical care received | <i>Attention</i> After implementation: OR, 0.89; 95% CI, 0.49 to 1.59, <i>before implementation</i> being the reference <i>Medical care received</i> After implementation: OR, 1.77; 95% CI, 0.97 to 3.25, <i>before implementation</i> being the reference | The adoption of computer based documentation in a primary care pediatric clinic did not significantly affect parent satisfaction with the encounter | Neutral |
| Joos (2006) | Percentage of response to "the new system has increased patient satisfaction" | 31% agree 62% neutral 7% disagree | Physicians did not know whether or not the use of EHR impacted patient satisfaction | Neutral |
| Rouf (2007) | Percentage that "strongly agree" they were satisfied with overall relationship with physician | Patients seeing residents: 50% Patients seeing faculty: 71%; $P = .02$ | Patients seeing residents were more likely to report negative effect on the patient-physician interaction. However, only 8% of all patients reported that the computer interfered with their relationship with their doctor. | Neutral |

*General Satisfaction Scale: 10 overall visit and patient satisfaction items; Physician Computer Use Scale: 5 computer-related satisfaction items. EHR, electronic health record; OR, odds ratio.

EHR on the physician-patient interaction. This patient population was predominantly white, male, and elderly. The researchers compared responses between those patients seeing residents versus those patients seeing faculty; both resident and faculty used EHRs during the visit. Rouf et al²³ used the patient-physician dyad as the unit of analysis and statistically adjusted for the clustering effect of individual patients within physicians. They found that patients seeing trainees were more likely to report potentially negative effects of the computers on their clinical interaction than the patients seeing faculty. Specifically, patients seeing residents were less likely to “strongly agree” that they were satisfied with their overall relationship with the physician than were patients seeing faculty (50% vs 71%, respectively; $P = .02$). Few patients overall (8%), however, thought that the computer interfered with the patient-physician relationship.

Joos et al²⁸ also used surveys after EHR implementation to explore its effect on patient satisfaction along with other aspects of clinic process improvement. They only surveyed physicians, so the measures of patient satisfaction were based on physician perception. Of the 66% of physicians who responded to the survey, 62% did not think that the EHR had an effect on patient satisfaction whereas 31% felt that the new system had increased satisfaction and 7% felt that it had decreased satisfaction.

In 2000, Gadd and Penrod⁸ also found no significant effect on patient satisfaction with physician use of EHR during the encounter. Although this study was a pre/post design, the relevant variables to this review were only measured once (post) and thus we include their results with the other cross-sectional studies. They surveyed physicians in Physical Medicine and Rehabilitation outpatient facilities before and after EHR implementation. They also surveyed patients after the implementation regarding “general satisfaction” and “physician computer use.” Physicians perceived no effect on patient satisfaction (results cited as “not significant”; numeric results not available) whereas patients reported a high general satisfaction scale (mean score, 4.59 out of 5.00 possible points; SD, 0.47).

Pre/Post Studies' Findings

Two of the 4 studies that evaluated patient satisfaction before and after EHR implementation

found no effect on patient satisfaction (ie, neutral results by Johnson et al³¹ and Garrison et al³⁰), whereas one found a positive result (Hsu et al²) and another found a negative effect (Gadd and Penrod²⁹) (Table 3).

Hsu et al² showed positive findings when assessing patient satisfaction 2 months before and at 1 and 7 months after EHR implementation.² Overall, patients' satisfaction with visits increased 7 months after the introduction of computers (odds ratio [OR], 1.50; 95% CI, 1.01–2.52) without significant negative effects on other areas such as time available for patient concerns or communication about psychosocial issues.

Johnson et al³¹ assessed parent and physician satisfaction with ambulatory pediatric visits by comparing preintervention group visits, which used paper-based forms for data entry, versus postintervention visits, which used computer-based documentation. They measured 7 components of the health maintenance encounter, including interim history, social history, anticipatory guidance, developmental assessment, physical examination, assessment, and plan. Results showed no change (ie, a neutral result) in overall parent and physician satisfaction, particularly regarding the attention given by the physician to the patient and family (OR, 0.89; 95% CI, 0.49–1.59) as well as the overall quality of the medical care received (OR, 1.77; 95% CI, 0.97–3.25).

Garrison et al³⁰ also found a neutral effect of EHR use on patient satisfaction. They mailed surveys to patients in a family practice office to assess the patients' overall satisfaction with the quality of the health care they received along with their opinions about how their physicians' computer use affected their visit. There were no differences in overall satisfaction between the 1995 survey before adoption of EHR use and the current survey (P reported as “nonsignificant”; specific numerical results are in Table 3).

The study by Gadd and Penrod,²⁹ published in 2001, tried to determine whether EMR use had any negative impact on patient satisfaction by surveying 6 outpatient practices. Similar to Joos et al,²⁸ they used the physician's perception of patient satisfaction as their outcome. The preimplementation survey mean was 3.20 (SD, 0.60) and the postimplementation survey mean was 2.91 (SD, 0.85), resulting in a difference of -0.29 (standard error, 0.12; $P = .019$). They concluded that physicians

perceive a decrease in patient satisfaction after EHR implementation.

Meta-Analysis Results

Of the 7 articles in this review, 2 (Joos et al²⁸ and Rouf et al²³) only give information after EHR implementation.

A further look into the 2 Gadd and Penrod^{8,29} (2000 and 2001) articles show both slightly favoring satisfaction before implementation of EHR with higher average satisfaction scores than those after EHR implementation (one article was statistically significant).

For the remaining 3 pre/post design articles, all give percentage responses that can be quantitatively pooled. The individual results were for Garrison et al³⁰ (83.5% vs 80.5%), Hsu et al² (62.8% vs 55.3%), and Johnson et al³¹ (83.6% vs 80.5%), all comparing satisfaction after EHR implementation with satisfaction before EHR implementation, respectively. Using random effects modeling for the difference in rates yielded a pooled average difference of 3.7% (95% bootstrap CI of 2.9% to 5.2%). This finding implies that patients' satisfaction responses may be anywhere from approximately 3 to 5 percentage points higher after the EHR is introduced.

This last section is given for the purposes of being thorough. We caution putting too much emphasis on this interpretation because it represents pooling of only 3 out of 7 articles in our review.

Discussion

Our goal was to describe patient satisfaction with physician EHR use in a manner that would be highly applicable to current US physicians using, or considering the use of, an EHR system in the ambulatory care setting. Thus, we excluded studies from before 2000, which reviewed systems less commonly in use today. Because the EHR adoption process has been different in Europe, we also excluded papers not in English or studies performed outside of the United States.

Applying these criteria, we found 7 studies that examined patient satisfaction after an ambulatory visit during which the physician used an EHR system in front of the patient. These studies showed mostly a positive or neutral effect of physician EHR use on patient satisfaction, but difficulties inherent in the use of patient satisfaction as an outcome

variable are an important limitation to the utility of our findings.

Patient satisfaction as an outcome variable is difficult to precisely measure,³² presenting a significant limitation to our study. Many definitions and elements of patient satisfaction exist in the patient satisfaction literature, including patients' expectations as customers,^{33,34} patients' comfort with their physical surroundings,^{35,36} and patients' perceptions of their providers' competence and caring.^{37,38} The disparity of measures that the researchers of our 7 articles used reflect only some of the wide array of patient satisfaction measures available.³⁹ In addition, patients tend to rate their physicians favorably,³⁹ which can make identifying any change in satisfaction challenging, regardless of metric.⁴⁰

A second limitation to our review was the lack of high-quality randomized control trials coupled with concerns regarding both internal and external validity (Table 2). Examination of our studies' internal validity revealed that only Garrison et al³⁰ and Johnson et al³¹ justified their sample size. In addition, Gadd and Penrod²⁹ and Garrison et al³⁰ did not consider any potential confounders in their analyses. Blinding of analyzers was not described in any of these 7 articles. Some studies (Gadd and Penrod (2000),⁸ Gadd and Penrod (2001),²⁹ and Joos et al²⁸) did not explicitly measure if the physician used the EHR during the patient encounter. All of these issues—nonjustified sample size, lack of consideration regarding confounders, no direct measure of EHR use—present concerns about the accuracy of the researchers' results in these articles.

Regarding external validity, not one of the 7 included articles randomly selected their patients. At least 2 studies (Hsu et al² and Joos et al²⁸) stated that they used a convenience sample. Although lack of randomization and use of a convenience sample are reasonable methodological choices for these types of study design, they still limit the generalizability of these researchers' findings.

Despite these limitations, these studies still yielded several useful and intriguing findings. For example, patient satisfaction in Johnson et al³¹ was dependent on physician users' experience with computers and their years in practice. The study by Rouf et al²³ similarly stated that patient satisfaction was higher with faculty physicians compared with resident physicians. Both of the Gadd and Penrod^{8,29} studies included more precise descriptions

of physician concerns about EHR implementation: increased time needed to enter orders, increased time needed to provide complete documentation, and effect on rapport between physicians and patients. The mechanisms and biases behind these findings deserve further examination.

Practitioners believe that EHR is good for health care, but the EHR's imprecisely defined effect on patients leads to understandable hesitation by some to implement this beneficial tool.^{23,29} Our systematic review found a mostly positive or neutral effect of physician EHR use on patient satisfaction, but more rigorous studies should be done to more precisely quantify and describe the impact of EHRs on patient satisfaction.

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