

The first chapter provides a well-done, concise, and useful state-of-the-art progress report on implementation of CPRs in the United States. The second chapter provides the same information on CPRs in Europe. Both chapters are beneficial and are recommended reading.

Substantial changes have occurred in the area of CPRs since 1991, however, and we all would have benefited from a complete review of the topic by the Institute of Medicine.

This report to the Institute of Medicine and the National Academy of Sciences, while not difficult to read, would be more accessible had it not been organized in a report format. The text is grouped into five large sections, including introduction, the rationale for CPRs, the technologies that were available in 1991, a description of a method of implementing the CPR, and conclusions and recommendations. There are no illustrations; the few graphs and tables are quite readable.

This book was published for physicians in all disciplines, with an emphasis on those in primary care. It is also intended for hospital and practice administrators and those who deal with other aspects of medical records. I wish that, instead of adding 2 new chapters in the beginning, the entire book had been updated.

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Fracture Management for Primary Care. By M. Patrice Eiff, Robert Hatch, and Walter L. Calmbach. 304 pp., illustrated. Philadelphia, WB Saunders Company, 1998. \$49.95 (paper). ISBN 0-7216-6394-X.

For many years I have reserved an empty spot on my bookshelf for a practical orthopedic text that deals with common fractures. *Fracture Management for Primary Care* now fills this spot, and I suspect the same will be true for many other family physicians, residents, and generalists who treat orthopedic injuries. The authors, Patrice Eiff, Robert Hatch, and Walter Calmbach, all are family physician educators who have considerable experience and personal interest in primary care orthopedics. The practical perspective they bring to the text helps the primary care physician understand basic fracture management, as well as referral indications, better than any comparable text prepared by our orthopedic colleagues.

The text begins with a general overview of basic principles and statistical information about the types of fractures that family physicians will encounter. The following chapters begin with fractures of the fingers and progress sequentially through the upper extremity to the shoulder girdle, the spine, the pelvis, and finally the lower extremity. This organization allows a quick review of related fractures in an anatomical area without having to refer to the index or table of contents. The writing in these chapters is clear and concise and reflects careful editing. A final chapter briefly reviews

pediatric fractures, which is useful but needs expansion to give adequate information about this special class of traumatic injury.

Superbly reproduced radiographs supplement the discussion of important fractures. In addition, ample illustrations help emphasize anatomical points and clarify the mechanisms of injury. The anatomic diagrams highlight adjacent soft-tissue structures that might also be injured and complicate the treatment of specific fractures. Throughout most chapters tables display summary information about fracture types, treatment options, and healing times. These tables provide a quick reference for giving practical advice to patients.

We have already added this text to the teaching library at our family practice residency, and I recommend it for any primary care residency. Its reasonable length also makes possible its inclusion as a standard text for orthopedic rotations for medical students and residents. In addition to educators, primary care physicians in office settings and emergency departments can use this book as a working guide for on-the-spot reviews of common fractures. *Fracture Management for Primary Care* is available at a fair price and will be a welcome addition to an existing primary care library.

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The 1998 CLC Integrative Medicine: A Balanced Account of the Data. Edited by Stephen Wirth and Mary Farkas. Ukiah, Calif, Creative Logic Co, 1997. 77 pp. \$6.95 (paper). ISBN 0-9661161-2-7.

Because this pocket book has no preface or introduction, I am uncertain how the editors intended this book to be used. It could be described as an annotated bibliography and resource list of alternative medicine strategies. Included are brief critiques of some of the more common forms of alternative medicine, including acupuncture, exercise, herbal therapy, homeopathy, message therapy, art therapy, therapeutic touch, chiropractic, and so on. A section on systems approach to the potential use of complementary therapies looks at how complementary therapy can be applied to various organ systems. There is a 27-page table on various nutrients and herbs as well as a list of 431 references.

Although many family physicians are interested in nontraditional approaches, I do not believe this volume would be of much interest to most family physicians. The organization is not clear, nor is the volume easy to read. Additionally, the print is extremely small. I presume that the compactness of this book suggests someone might want to carry it with them, but I cannot see how it would be useful in a clinical setting. For those who are interested in exploring alternative techniques, far better and more readable books are available at most large bookstores.

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