

## Correspondence

We will try to publish authors' responses in the same edition with readers' comments. Time constraints might prevent this in some cases. The problem is compounded in a bimonthly journal where continuity of comment and redress are difficult to achieve. When the redress appears 2 months after the comment, 4 months will have passed since the original article was published. Therefore, we would suggest to our readers that their correspondence about published papers be submitted as soon as possible after the article appears.

### Nutritional Supplements

*To the Editor:* The article by Eliason et al<sup>1</sup> on the use of dietary supplements, while interesting, confirmed the data from numerous other studies.<sup>2-10</sup> It is an area that could benefit from further investigation but should be approached in an unbiased scientific manner. I have the following concerns about the article:

1. For a scientific paper the authors show a clear bias with statements such as "manufacturers are free in this context to make unsubstantiated claims...."
2. I question how the authors can recruit 200 consecutive patients in a busy office and have no one refuse to participate or slip past the research assistant.
3. Simply telling physicians they should talk to their patients about nutritional supplements without providing a structure to that discussion is not helpful to the physician or patient.<sup>11</sup>

I am pleased that their practice has a better understanding of their population's supplement use and would encourage the authors to look deeper and more objectively into this interesting issue.

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### References

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7. Sobal J, Muncie HL Jr, Koch H. Prescription and recommendation of multivitamins by physicians in office based ambulatory care in the United States. *Nutr Res* 1988;8:1129-41.
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9. White-O'Connor B, Sobal J, Muncie HL Jr. Dietary habits, weight history, and vitamin supplement use in elderly osteoarthritis patients. *J Am Diet Assoc* 1989;89:378-82.
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11. Muncie HL Jr, Sobal J. The vitamin-mineral supplement history. *J Fam Pract* 1987;24:365-8.

### Early Newborn Discharge

*To the Editor:* Dr. Eric Wall's editorial on early newborn discharge was a remarkably balanced contribution to the often emotional debate on this topic.<sup>1</sup> I would like to add a clarification to his unreferenced statement defining early newborn discharge as a hospital stay of 24 hours or less after an uncomplicated vaginal delivery. As Dr. Wall notes, studies of early discharge have been limited by, among other problems, inconsistent definitions of early discharge. He fails to point out, however, that the American Academy of Pediatrics (AAP) and the American College of Obstetrics and Gynecology (ACOG) clearly define "early" and "very early" discharge as stays of 48 and 24 hours or less, respectively, after uncomplicated vaginal delivery.<sup>2</sup> In addition, the AAP's recent refinement of its recommendations states that the conditions that need to be met before discharge are unlikely to be fulfilled in less than 48 hours. It also states it is essential that infants discharged in less than 48 hours be examined by experienced health care providers within 48 hours of discharge.<sup>3</sup>

I am concerned that Dr. Wall's definition of early discharge implies that the discharge of infants at 25 to 47 hours of age is routine, therefore requiring only routine follow-up. Your readers should be aware that AAP strongly disagrees.

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### References

1. Wall EM. When medicine and politics collide: early newborn discharge. *J Am Board Fam Pract* 1996;9:298-300.
2. Guidelines for perinatal care. 3rd ed. Elk Grove Village, Ill: American Academy of Pediatrics and American College of Obstetricians and Gynecologists, 1992.
3. American Academy of Pediatrics Committee on Fetus and Newborns. Hospital stay for healthy term newborns. *Pediatrics* 1995;96:788-90.

The above letter was referred to the author of the article in question, who offers the following reply.

*To the Editor:* Dr. Madlon-Kay raises an important issue regarding the definitions of "early" and "very early" newborn discharges that I neglected to mention in my