# A Cross-Sectional Study of Factors Associated With Pediatric Scope of Care in Family Medicine

Anuradha Jetty, MPH, Max J. Romano, MD, MPH, Yalda Jabbarpour, MD, Stephen Petterson, PhD, and Andrew Bazemore, MD, MPH

*Purpose:* The objective of this study was to identify demographic and practice characteristics associated with family physicians' provision of care to children including a subgroup analysis of those who see pediatric patients younger or older than 5 years of age.

*Methods:* This cross-sectional study used data from US family physicians taking the American Board of Family Medicine continuous certification examination registration questionnaire in 2017 and 2018. The outcome of interest was self-reported care of pediatric patients in practice. We performed bivariate and multivariate logistic regression examining the association between various demographic and practice characteristics with the outcome of interest. We performed subgroup analyses for physicians seeing patients under 5 years old and from 5 to 18 years old.

**Results:** Among the 11,674 family physicians included in the final analysis, 9744 (83.8%) saw pediatric patients. Physician- and practice-level factors associated with seeing pediatric patients included rural practice, younger age, non-Hispanic White race/ethnicity, independent practice ownership, nonsolo practice, lower pediatrician density, and higher income geographic area. More family physicians saw 5-to-18-year-olds than < 5-year-olds (83.6% vs 68.2%; P < .001), and the factors associated with pediatric care were similar among these age subgroups.

*Conclusions:* A majority of continuous certification US family physicians see pediatric patients in practice; however, rates of pediatric care vary widely based on various demographic and practice characteristics. Efforts to maintain a broad scope of practice for US family physicians will require exploration of the underlying mechanisms driving these practice patterns. (J Am Board Fam Med 2021;34:196–207.)

*Keywords:* Behavioral Medicine, Child Health, Cross-Sectional Studies, Family Medicine, Family Physicians, Logistic Models, Primary Care Physicians, Social Determinants of Health

#### Introduction

Family physicians are trained to care for "all ages, all genders, each organ system, and every disease entity."<sup>1</sup> This comprehensive scope of practice is a key feature of effective primary care.<sup>2,3</sup> While

general pediatricians provide the majority of ambulatory care to children in the United States,<sup>4</sup> family physicians are the usual source of care for about 20% of US children.<sup>5</sup> Although family medicine training prepares physicians to care for patients from the "cradle to the grave," some family physicians do not care for children after completing training. Anecdotally, many factors may influence a family physician's decision to stop caring for children, including organizational, personal, social, and economic factors. Recent research has demonstrated that early-career family physicians (FP) with a broader scope of practice experience less burnout;<sup>6</sup>

This article was externally peer reviewed.

*Submitted* 19 June 2020; revised 22 September 2020; accepted 2 October 2020.

From the Robert Graham Center: Policy Studies in Family Medicine and Primary Care, Washington, DC (AJ, MJR, YJ, SP, AB); Johns Hopkins Bloomberg School of Public Health General Preventive Medicine Residency, Baltimore, MD (MJR); American Board of Family Medicine, Lexington, KY (AB).

Funding: None.

Conflict of interest: None.

*Prior presentation:* This work was presented in preliminary form as posters at the 2019 Academy Health Annual Research Meeting, June 2–4, Washington, DC, "Provision of Care to Children Low Among Older, Asian and Hispanic Family Physicians as well as those in Urban and HMO practices." Also presented at the 2019 AAMC Annual

Health Workforce Research Conference, May 1–3, Alexandria, VA, "Provision of Care to Children Low Among Older, Asian and Hispanic Family Physicians."

Corresponding author: Anuradha Jetty, MPH, Robert Graham Center, 1133 Connecticut Avenue, NW, Suite 1100, Washington, DC 20036 (E-mail: ajetty@aafp.org).

however, many fail to attain the scope of practice that they intend on graduation from residency.<sup>7</sup> Maintaining pediatric scope of practice is a key priority for family medicine educators and leaders.<sup>8,9</sup>

In a national study, authors Phillips et al<sup>5</sup> found a decrease in trends in proportion of FPs seeing pediatric patients from 26% in 1992% to 16% in 2002 with a simultaneous increase in pediatricians. A previous study by Makaroff et al<sup>10</sup> using data from the American Board of Family Medicine (ABFM) showed a declining percentage of family physicians providing care to pediatric patients; however, the study did not distinguish within the age range of 0 to 18 years, leading to the possibility that responses were driven by physicians caring for older adolescents rather than younger pediatric patients.<sup>10</sup> The objective of this study was to identify demographic and practice characteristics associated with family physicians' provision of care to children with a subgroup analysis of those who see pediatric patients younger than 5 years and, children aged 5 years and older.

## Methods

#### Data Source

We performed a cross-sectional study using data from the ABFM Family Medicine Certification examination practice demographic questionnaire in 2017 and 2018. When the questionnaire was conducted, family physicians were required to take the Family Medicine Certification examination every 10 years to continue board certification. The ABFM has over 92,000 current Diplomates, and about 10% continue certification each year, of whom 100% must complete the questionnaire, which contains demographic and practice characteristics.<sup>11</sup> In 2017 and 2018, the ABFM questionnaire included information on the percent of a physician's patients at their principal practice site in various age ranges and standard physician and practice characteristics.

## Outcomes

We defined the outcome of provision of pediatric care as family physicians with over 0% of patients ages 18 years and younger (0/1). Our outcome variable was constructed as a binary measure as it was based on responses to the question, "At your principal practice, what is the percentage of patients you see across the following age ranges? (should sum to 100%) with options (a) Age < 5 (b) Age 5 to 18 (c) Age 19 to 64 (d) Age 64+" We performed a

subgroup analysis defining the secondary outcomes as either family physicians who saw children younger than 5 years old (0/1) or those who saw children 5 to 18 years old (0/1). We excluded physicians who reported no time spent providing direct patient care and those with missing values.

# Predictors

Physician characteristics include age, race, ethnicity, and practice characteristics such organization, size and rurality, care delivery in English and other non-English languages. Throughout this article, patients aged 18 years and younger are referred to as "pediatric."

We geocoded the practice addresses provided by the family physicians in the ABFM survey, to obtain the Federal Information Processing Standard (FIPS) codes. Using these FIPS codes we linked the survey data to the United States Department of Agriculture 2013 Rural-Urban Continuum Code (RUCC) to determine the rurality of the county served by the family physicians. Counties with RUCC 1 to 3 were categorized as urban, and counties with codes 4 to 9 were categorized as rural. This rural-urban stratification has been used in prior research.<sup>12</sup>

In addition, we calculated the counts of pediatricians and total population at the Primary Care Service Area (PCSA) level by linking Dartmouth Atlas (2013, version 3.1, Lebanon, NH) PCSAs to census tracts in the American Medical Association Masterfile and 2010 US Census.

We used the 5-year American Community Survey Summary Data file (2013 to 2017) to construct county poverty status. We included variables for high poverty level (percent of population earning less than 200% of federal poverty level) and questionnaire year.

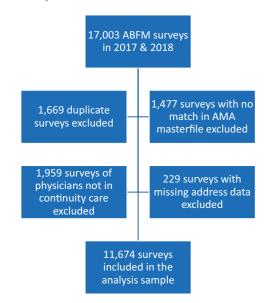
## Study Sample

We obtained a sample of 13,854 family physicians after cross-matching with the American Medical Association Masterfile. Our final analysis (Figure 1) consisted of 11,674 family physicians providing direct patient care in continuity care settings (excluded hospitalists and emergency care).

# Analysis

We conducted summary statistics on the distribution of demographic and practice characteristics of all FPs in the sample and by the provision of care to children ( $\leq$  18 years). Then we used chi-squared tests for categorical and *t*-test for continuous variables on each Am Board Fam Med: first published as 10.3122/jabfm.2021.01.200300 on 15 January 2021. Downloaded from http://www.jabfm.org/ on 3 May 2025 by guest. Protected by copyright.

Figure 1. Study flow diagram showing the analysis sample: American Board of Family Medicine (ABFM) Certification examination practice demographic questionnaire data (2017 to 2018). Lack of exact match between the National Provider Identifier (NPI) and physician's identification number from the American Medical Association (AMA) because some physicians do not have an NPI or may have changed last name (n = 1477).



outcome. We performed multivariate logistic regressions to model the association between physicians' demographic and practice characteristics and the outcome of provision of care to all children, to children < 5 years, and to children ages 5 to 18 years. Finally, we mapped the percentage of family physicians seeing children in each state. Statistical analyses were performed using Stata 14.0 (StataCorp, College Station, TX) with  $\alpha$  level 0.05.

## Results

Among the family physicians in the final analysis, 9744 family physicians (83.4%) saw pediatric patients (Table 1). The percentage of family physicians seeing pediatric patients declined from 84.3% in 2017 to 83.0% in 2018. More family physicians saw 5-to-18-year-olds than < 5-year-olds (83.0% vs 67.0%; P < .001).

Bivariate analysis demonstrated that older family physicians compared with younger ( $\geq 60$  years, 86.9% vs <40 years, 80.7%; *P* < .001), and family physicians from racial/ethnic minorities (non-Hispanic Blacks, 80.3% vs non-Hispanic Whites, 85.7%; Hispanic, 74.4% vs non-Hispanic Whites, 85.7%; Asian, 78.9% vs non-Hispanic Whites, 85.7%; P < .001) were less likely to see pediatric patients relative to non-Hispanic White family physicians (Table 1). Family physicians in large practices were less likely to see pediatric patients (79.2% vs 85.9%; P<.001) (Table 2). Relative to family physicians who owned their practices, a lower proportion of those working in Health Maintenance Organizations (HMOs) (88.8% vs 71.4%; P < .001) and "Other" practice organizations reported seeing pediatric patients (88.8% vs 45.0%; P < .001). Compared with family physicians with practice locations in the South, those in the Midwest were more likely to see pediatric patients (80.3% vs 88.9%; P < .001). Likewise, family physicians in rural areas were more likely to see pediatric patients than family physicians in urban areas (90.6% vs.82.0%; P < .001).

Multivariable analysis showed that provision of care to children was lower among older ( $\geq 60$  years) compared with younger (< 40 years) family physicians (odds ratio [OR], 0.57; 95% CI, 0.46-0.70) (Figure 2A, Appendix Table 1). Non-Hispanic Asian (OR, 0.65; 95% CI, 0.55-0.76) and Hispanic (OR, 0.50; 95% CI, 0.40-0.61) family physicians had lower odds of seeing pediatric patients relative to non-Hispanic White family physicians. We did not see any difference with non-Hispanic Black physicians. Internationally trained family physicians had 0.74 times the odds of providing care to children than those trained in the United States. Family physicians in solo practice had lower odds of seeing pediatric patients than physicians in group practice. In comparison with family physicians who worked in independently owned practices, odds of seeing pediatric patients was lower among those who worked in managed care/HMO practices or safety-net clinics (OR, 0.30; 95% CI, 0.24-0.38 and OR, 0.48; 95% CI, 0.39-0.59, respectively). Family physicians practicing in PCSAs with higher pediatrician density were less likely to see pediatric patients.

Family physicians with practices in the West (OR, 1.38; 95% CI, 1.19-1.60) and Midwest (OR, 1.54; 95% CI, 1.32-1.80) had higher odds of seeing pediatric patients than those in the South, as were those practicing in rural areas compared with urban areas (OR, 1.38; 95% CI, 1.15-1.67). Family physicians who provided care in a language other than English were more likely to see pediatric patients than English-only speaking physicians (OR, 1.45; 95% CI, 1.27-1.65). There was no significant difference in the percentage of family physicians

						С	are of (	Children			
	Demogr	raphics	<u>≤18 }</u>	ears	_	< 5 Y	ears		5 to 18	8 Years	_
Characteristics	n	%	n	%	P-Value	n	%	P-Value	n	%	P-Value
Gender											
Female	5094	43.6	4183	82.1	<.001	3341	65.6	< .001	4174	81.9	<.001
Male	6580	56.4	5561	84.5		4527	68.8		5553	84.4	
Age in years											
< 39	1419	12.1	1233	86.9	<.001	1056	74.4	<.001	1232	86.8	<.001
40 to 49	4314	37.0	3632	84.2		2939	68.1		3624	84.0	
50 to 59	3936	33.7	3260	82.8		2606	66.2		3255	82.7	
60+	2005	17.2	1619	80.7		1267	63.2		1616	80.6	
Location of medical school											
International medical graduate	1200	10.3	936	78.0	<.001	694	59.0	<.001	934	77.8	<.001
United States medical graduate	10,474	89.7	8808	84.1		7174	69.2		8793	84.0	
Type of medical degree											
Osteopath	1146	9.8	997	87.0	<.001	813	70.9	.006	996	86.9	<.001
MD	10,528	90.2	8747	83.1		7055	67.0		8731	82.9	
Race/ethnicity											
Non-Hispanic, White	8296	71.1	7102	85.6	<.001	5944	71.6	<.001	7093	85.5	<.001
Non-Hispanic, Black	547	4.7	439	80.3		310	56.7		437	79.9	
Asian	1605	13.7	1250	77.9		881	54.9		1246	77.6	
Non-Hispanic, Other	532	4.6	431	81.0		332	62.4		430	80.8	
Hispanic	694	5.9	522	75.2		401	57.8		521	75.1	

 Table 1. Demographic Characteristics of Family Physicians Providing Care to Children (n = 11,674): American

 Board of Family Medicine Certification Examination Practice Demographic Questionnaire Data (2017 to 2018)

seeing children associated with physician gender, pediatric population percentage, allopathic versus osteopathic training, or PCSA poverty rate.

Subgroup analysis results for pediatric patients <5 years old and 5-to-18-years old were similar to results for all pediatric patients with a few exceptions. (Figure 2B) Non-Hispanic Black family physicians were less likely to see patients <5 years old than non-Hispanic White family physicians (OR, 0.74; 95% CI, 0.68-0.90), but this pattern did not persist among patients 5 to 18 years old (OR, 0.97; 95% CI, 0.76-1.24) or among all pediatric patients. Family physicians practicing in academic settings were more likely to see patients <5 years old than those in independent practices (OR, 1.32; 95% CI, 1.07-1.62); however, there was no difference in rates of seeing 5-to-18-year-olds (OR, 0.81; 95% CI, 0.62-1.04) or among all pediatric patients (OR, 0.83; 95% CI, 0.64-1.08). Family physicians practicing in PCSAs with the middle or highest third of pediatric population share were more likely to see pediatric patients <5 years old than those practicing in the lowest third (OR, 1.36; 95% CI, 1.21-1.52; and OR, 1.31; 95% CI, 1.18-1.46,

respectively); however, there was no difference in rates of seeing 5-to-18-year-olds or among all pediatric patients. The number of PCSAs with adequate physician supply increased from 3699 with only pediatricians to 6450 with pediatricians and family physicians (Supplementary Content Maps 1 and 2).

Variation existed by state in the percentage of family physicians providing care to pediatric patients, with the lowest in Florida (56%) and the highest in South Dakota (85%) (Figure 3).

## Discussion

From 2017 to 2018, 83.6% of practicing family physicians in the United States reported seeing some pediatric patients in their primary practice location. Fewer family physicians saw children <5 years old, yet the factors associated with seeing younger patients were largely the same as the factors associated with seeing older or all pediatric patients. Compared with previously published data from 2006 to 2009, the physician and clinic-level factors associated with seeing pediatric patients were mostly unchanged.<sup>10</sup> Similar to previously

Table 2. Characteristics of Practice and Geographic Areas Served by Family Physicians Providing Care to Children (n=11,674): American Board of Family Medicine Certification Examination Practice Demographic Questionnaire Data (2017-2018)	d Geographic Areas Se 10graphic Questionnai	rved by Family Phy re Data (2017-201	/sicians F 8)	roviding	Care to Chil	dren (n	=11,674):	American B	oard o	f Family M	ledicine
							Care of Children	ldren			
	Practice & Geographic Characteristics	ic Characteristics		≤18Years	ars		Under 5 Years	ears		5 to 18 years	rears
Characteristics	u	%	u	%	P-Value	u	%	% P-Value	u	%	% P-Value

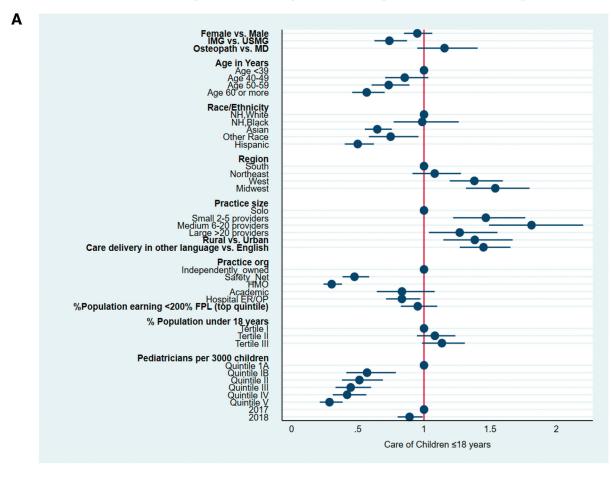
$ \begin{array}{                                    $							C	Care of Children	ldren			
n         %         n         %         P-Value         n         %         P-Value         n         %           3799         32.5         3025         80.3         <001         201         3047         80.2           1699         1446         1440         82.4         1140         67.1         1400         82.4           1089         265         2547         82.5         2032         58.9         2032         58.9         2494         80.8           3087         26.5         2747         82.5         2032         56.8         2740         82.3           3087         26.5         2747         82.5         201         720         55.8         2740         82.3           3087         3087         3131         85.9         201         730         377         85.1           3073         3473         85.8         7.001         777         903         377           3081         3131         85.9         7.01         779         874         874           3071         318         9.2         7.01         371         874         874           3017         501         274.9 <t< th=""><th></th><th>Practice &amp; Geogra</th><th>phic Characteristics</th><th></th><th><math>\leq</math> 18 Yea</th><th>I'S</th><th></th><th>Under 5 Y</th><th>ears</th><th></th><th>5 to 18 ye</th><th>ars</th></t<>		Practice & Geogra	phic Characteristics		$\leq$ 18 Yea	I'S		Under 5 Y	ears		5 to 18 ye	ars
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Characteristics	u	%	u	%	<i>P</i> -Value	u	%	<i>P</i> -Value	u	%	P-Value
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Census region											
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	South	3799	32.5	3052	80.3	< .001	2202	58.0	<.001	3047	80.2	<.001
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Northeast	1699	14.6	1400	82.4		1140	67.1		1400	82.4	
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	West	3089	26.5	2547	82.5		2032	65.8		2540	82.2	
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Midwest	3087	26.5	2745	88.9		2494	80.8		2740	88.8	
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Practice size											
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Solo	1421	12.2	1154	81.2	< .001	290	55.6	< .001	1152	81.1	<.001
3647 $31.2$ $31.1$ $8.59$ $2691$ $73.8$ $31.25$ $85.7$ $2644$ $22.7$ $2085$ $78.9$ $1679$ $63.5$ $2080$ $78.7$ $3910$ $33.5$ $3473$ $88.8$ $<.001$ $2710$ $69.3$ $<.001$ $3471$ $88.8$ $1175$ $10.1$ $999$ $85.0$ $879$ $74.8$ $997$ $84.9$ $701$ $6.0$ $607$ $86.6$ $75.5$ $6041$ $86.2$ $1175$ $35.4$ $3698$ $89.4$ $3097$ $74.9$ $481$ $71.2$ $1073$ $92.2$ $48.4$ $71.4$ $3097$ $74.9$ $601$ $89.2$ $1073$ $92.2$ $48.4$ $71.9$ $307$ $74.9$ $712$ $99.2$ $707$ $81.2$ $3097$ $74.9$ $80.6$ $89.2$ $99.2$ $9103$ $82.6$ $6.01$ $1612$ $82.1$ $79.9$	Small	3962	33.9	3374	85.2		2708	68.3		3370	85.1	
2644 $22.7$ $2085$ $78.9$ $1679$ $6.5.5$ $2080$ $78.7$ $3910$ $33.5$ $3473$ $8.8$ $<001$ $2710$ $69.3$ $<001$ $3471$ $8.8$ $<001$ $3471$ $8.8$ $<001$ $3471$ $8.8$ $<001$ $3471$ $8.8$ $<001$ $3471$ $8.8$ $<001$ $3471$ $8.8$ $<001$ $3471$ $8.8$ $<001$ $3471$ $8.8$ $<001$ $3471$ $8.8$ $<001$ $3471$ $8.8$ $<01$ $374$ $349$ $8.94$ $712$ $997$ $949$ $712$ $992$ $712$ $992$ $712$ $992$ $712$ $992$ $712$ $992$ $712$ $992$ $712$ $992$ $712$ $992$ $992$ $992$ $992$ $992$ $992$ $992$ $992$ $992$ $992$ $992$ $992$ $992$ $992$ $992$ $992$ $992$ $992$ $992$	Medium	3647	31.2	3131	85.9		2691	73.8		3125	85.7	
	Large	2644	22.7	2085	78.9		1679	63.5		2080	78.7	
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Practice organization*											
	Independently owned	3910	33.5	3473	88.8	<.001	2710	69.3	<.001	3471	88.8	<.001
ganization $678$ $5.8$ $484$ $71.4$ $328$ $48.4$ $483$ $71.2$ 701 $6.0$ $607$ $8.6$ $536$ $75.5$ $604$ $86.2$ $4137$ $35.4$ $3698$ $89.4$ $3097$ $74.9$ $3691$ $89.2$ $1073$ $9.2$ $483$ $45.0$ $318$ $29.6$ $481$ $443$ $1073$ $9.2$ $483$ $45.0$ $318$ $29.6$ $481$ $443$ $921$ $83.2$ $7966$ $82.0$ $6566$ $82.0$ $6256$ $64.4$ $797$ $90.5$ $8012$ $68.6$ $6676$ $83.3$ $534$ $5449$ $68.0$ $.038$ $6668$ $83.2$ $3662$ $31.4$ $3068$ $83.8$ $.534$ $5449$ $68.0$ $.038$ $6668$ $83.2$ $3662$ $83.3$ $.534$ $5449$ $68.0$ $.038$ $6668$ $83.2$ $3662$ $83.3$ $.534$ $5449$ $68.0$ $.038$ $668$ $83.2$ $3662$ $83.3$ $.534$ $5449$ $66.1$ $3059$ $83.2$ $3662$ $83.3$ $.534$ $5449$ $66.1$ $3059$ $83.2$ $3662$ $220\%$ $19.3$ $1886$ $83.7$ $.690$ $1523$ $67.6$ $.795$ $1881$ $83.5$ $3600\%$ $82.7$ $.690$ $1523$ $67.6$ $.795$ $1881$ $83.5$ $90$ $92.7$ $.690$ $1523$ $67.6$ $.795$ $1881$ $83.5$ <td>Safety-net</td> <td>1175</td> <td>10.1</td> <td>666</td> <td>85.0</td> <td></td> <td>879</td> <td>74.8</td> <td></td> <td>266</td> <td>84.9</td> <td></td>	Safety-net	1175	10.1	666	85.0		879	74.8		266	84.9	
7016.06.06078.65367.6.560486.2413735.4369889.4309774.9369189.210739.248345.031829.648144.8196316.8177990.6<.001	Health Maintenance Organization	678	5.8	484	71.4		328	48.4		483	71.2	
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Academic	701	6.0	607	86.6		536	76.5		604	86.2	
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Hospital-owned	4137	35.4	3698	89.4		3097	74.9		3691	89.2	
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Other	1073	9.2	483	45.0		318	29.6		481	44.8	
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	Rurality of location											
9711     83.2     7965     82.0     6256     64.4     7950     81.9       8012     68.6     6676     83.3     .534     5449     68.0     .038     6668     83.2       3662     31.4     3068     83.3     .534     5449     66.0     .038     6668     83.2       ing < 200% of	Rural	1963	16.8	1779	90.6	<.001	1612	82.1	< .001	1777	90.5	<.001
8012 68.6 6676 83.3 .534 5449 68.0 .038 6668 83.2 3662 31.4 3068 83.8 2419 66.1 3059 83.5 ing < 200% of 2252 19.3 1886 83.7 .690 1523 67.6 .795 1881 83.5	Urban	9711	83.2	7965	82.0		6256	64.4		7950	81.9	
B01268.666.7683.3.534544968.0.038666883.2lage $362$ $31.4$ $3068$ $83.8$ $2419$ $66.1$ $3059$ $83.5$ ulation earning < 200% of	Language of care delivery											
lage $3662$ $31.4$ $3068$ $83.8$ $2419$ $66.1$ $3059$ $83.5$ ulation earning < $200\%$ of $2252$ $19.3$ $1886$ $83.7$ $.690$ $1523$ $67.6$ $.795$ $1881$ $83.5$ rty Level (top quintile)	English	8012	68.6	6676	83.3	.534	5449	68.0	.038	6668	83.2	.672
ulation earning < 200% of 2252 19.3 1886 83.7 .690 1523 67.6 .795 1881 83.5 rty Level (top quintile)	Other Language	3662	31.4	3068	83.8		2419	66.1		3059	83.5	
6 of 2252 19.3 1886 83.7 .690 1523 67.6 .795 1881 83.5	Poverty status											
	Percent population earning < 200% of federal poverty Level (top quintile)	2252	19.3	1886	83.7	.690	1523	67.6	.795	1881	83.5	.773

Continued

						С	Care of Children	ldren			
	Practice & Geographic Characteristics	hic Characteristics		≤18Years	rs	1	Under 5 Years	ears		5 to 18 years	ars
Characteristics	u	%	u	%	P-Value	u	%	<i>P</i> -Value	u	%	P-Value
Percent census tract population <18 years											
Tertile I (0.01-22.3)	3871	19.4		80.8	<.001		62.5	<.001		80.6	<.001
Tertile II (22.3-25.1)	3890	23.7		84.5			70.2			84.4	
Tertile III (25.1-42.0)	3913	27.8		85.0			69.7			84.9	
Pediatricians per 3000 children											
Quintile IA (0)	1298			82.2	<.001		77.3	<.001		82.1	<.001
Quintile IB (0.09-0.73)	1467			74.6			64.3			74.4	
Quintile II (0.73-1.38)	2767			73.4			60.2			73.3	
Quintile III (1.38-2.07)	2763			70.7			56.3			70.6	
Quintile IV (2.07-3.32)	2767			70.6			54.1			70.4	
Quintile V (3.33 to 59.8)	2763			65.5			48.1			65.3	
Year of recertification											
2017	6220	53.3	5243	53.8	.010	4249	54	.024	5237	53.8	.007
2018	5454	46.7	4501	46.2		3619	46		4490	46.2	

**Table 2. Continued** 

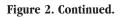
Figure 2. A, Factors associated with family physicians' provision of care to children ( $\leq$  18 years): ABFM certification examination demographic questionnaire data (2017 to 2018) (n = 11,674). B, Factors associated with family physicians' provision of care to children (< 5 years and 5 to 18 years): ABFM certification examination demographic questionnaire data (2017 to 2018) (n = 11,674). Adjusted odds ratios from multivariate logistic regression examining association between demographic and practice characteristics of family physicians and likelihood of providing care to children under 18 years of age (A), under 5 years of age and 5 to 18 years of age (B). ABFM, American Board of Family Medicine; HMO, health maintenance organization; IMG, international medical graduate; USMG, United States medical graduate; MD, doctor of medicine; NH, non-Hispanic; ER/OP, emergency room or outpatient facility; FPL, federal poverty level.



published results, US medical school graduates, rural physicians, those practicing in lower-poverty and lower-pediatrician-density areas, and family physicians practicing in the Midwest remain more likely to see pediatric patients than other family physicians.

Female gender was associated with seeing pediatric patients in prior study using 2006 to 2009 ABFM data; however, we found no such association in 2017 to 2018. Unlike the prior analysis, we did not find a significant association between pediatric population percentage and provision of pediatric care, but we did find a difference in provision of care to children under 5 years. We examined several new variables that were associated with seeing pediatric patients, including nonsolo practice size, practice ownership, care delivery in a non-English language, and non-Hispanic White race.

Our results are consistent with previous studies showing fewer family physicians seeing children,<sup>10</sup> particularly younger than 5 years as seen in a Vermont study and Eden et al.<sup>11,12</sup> An overall declining trend of family physicians caring for pediatric patients as shown in a recent study,<sup>12</sup> poses a broader concern for a specialty that defines itself by its comprehensive scope of practice. Although some debate exists regarding whether there is an overall shortage of pediatric primary care physicians, there



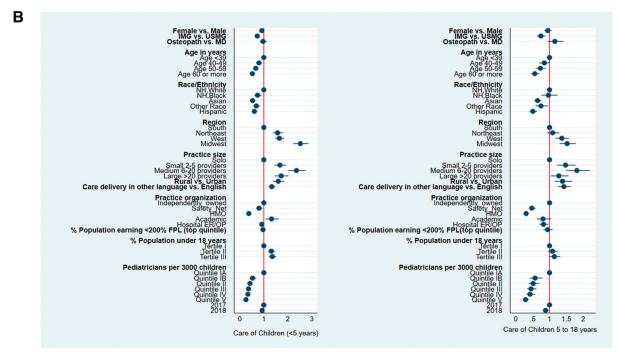
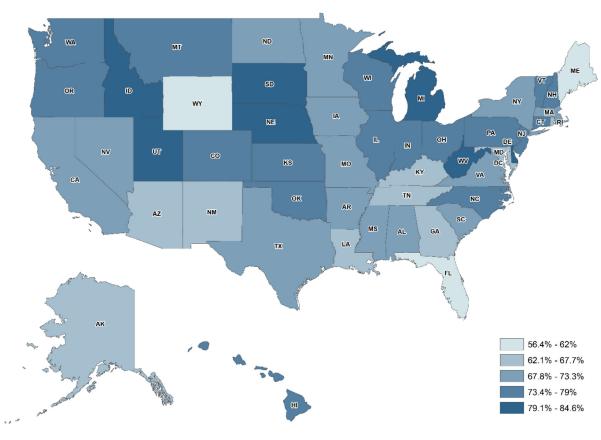


Figure 3. Percentage of family physicians registering for the ABFM certification examination who report caring for children under the age of 18 years, 2017 to 2018.



is undoubtedly significant variability in the regional supply of pediatric primary care physicians and thus areas where family physicians are needed to meet current pediatric workforcedemand.<sup>13–15</sup>

Many diverse drivers likely influence the findings we observed, including organizational, personal, social, and economic factors, and further research will be necessary to examine these associations in detail. Organizational factors such as HMO practice policies (restricted to adult patient care) may limit scope of practice for employed physicians compared with independently owned practices. As 95% of the children are insured<sup>16</sup> and safety-net clinics serve 11% of the children in the United States<sup>17</sup>, the FPs practicing in safety net clinics may be less likely to see pediatric patients purely due to their patient demographics and not because of desire or skill. Personal factors might include a preference for younger family physicians to maintain a broad scope of practice (including pediatrics) early in their careers, while aging family physicians may gradually transition from more pediatric to geriatric care as they maintain longitudinal relationships with patients. Social factors could include regional cultural norms, enforced through hiring policies and practice cultures that may allow a broader scope of practice for Midwestern family physicians than those practicing in other regions. Economic factors may drive family physicians in areas with low pediatrician density to capitalize on a market opportunity or as a response to the needs of the population they serve more than physicians in pediatriciansaturated areas with greater competition for young patients.

Recent data suggest that family physicians in practice longer provide narrower scope of care than recent residency graduates intend, so perhaps recently graduated family physicians should consider our findings when selecting workplaces such as managed care/HMO or practices in certain geographic regions.<sup>7</sup> Family physicians providing obstetric care are more likely to see pediatric patients. Our results showing fewer family physicians seeing children is consistent with a recent study that showed declining trends in FPs providing obstetric care.<sup>18</sup> The lower probability of family physicians seeing pediatric patients in poorest neighborhoods, urban, and safety-net clinics may be a problem, or it may be reflective of broader market pressures with family physicians meeting the needs of their communities. Some of the safety-net clinics may use pediatric nurse practitioners to take care of the children, while

the family physicians take care of the low-income adults with chronic health conditions, which may have contributed to decreased number of family physicians in safety-net clinics providing pediatric care. It would be premature to place relative value on the racial, ethnic, linguistic, or medical school nationality trends observed in this study due to the unknown underlying mechanisms driving these associations. Further qualitative research in this area could explore pediatric care trends in greater depth to help cultivate more practice settings with the correct scope to meet patient demand and maximize physicians' joy in practice.

Limitations of this study include a cross-sectional design, limited years of followup, and self-reported questionnaire. Exploring causality would require more in-depth studies examining organizational, social, economic, and personal factors driving the associations. The sample size was limited to 2 years due to question changes. Physician-reported data may misrepresent true practice patterns; however, prior studies demonstrated the validity of the examination registration data. <sup>19</sup> Despite these weaknesses, notable strengths include nationally representative data, the consistency of this study's findings with prior research, the validation of associations among children less than 5 years of age, and the timeliness of the data.

## Conclusion

Our study demonstrates that practice and physician level characteristics are associated with provision of care to children. Of interest are the geographic differences indicating that family physicians continue to participate in areas where they are most needed, such as rural and pediatrician underserved areas. While family doctors in safety net clinics were less likely to report seeing young children, family physicians did report higher likely hood of seeing children if they practiced in an underserved area. This may be that in areas that do not have a safety net clinic, local family physicians fill this role to provide care to lower income families. As the role of primary care physician continues to evolve within a dynamic medical system, care for children remains an important feature of the family physician's scope of care.

The authors thank David Grolling, HealthLandscape for helping us in creating maps.

To see this article online, please go to: http://jabfm.org/content/ 34/1/196.full.

#### References

- AAFP Foundation. Definition of Family Medicine. 2019 April BOD. 2019. Available from: https:// www.aafp.org/about/policies/all/family-medicinedefinition.html.
- Starfield B. Primary care concept, evaluation and policy. New York, NY: Oxford University Press; 1992.
- Donaldson MS, Yordy KD, Lohr KN, eds. Primary care: America's health in a new era. 2, Defining Primary Care. Washington, DC: National Academies Press; 1996.
- Uddin SG, O'Connor KS, Ashman JJ. Physician office visits by children for well and problemfocused care: United States, 2012. NCHS Data Brief. 2016, no 248. Hyattsville, MD: National Center for Health Statistics.
- Phillips RL, Dodoo MS, McCann JL, et al. Report to the Task Force on the Care of Children by Family Physicians. Washington, DC: The Robert Graham Center for Policy Studies in Family Medicine and Primary Care in collaboration with the American Academy of Pediatrics Center for Child Health Research; 2005.
- Weidner AKH, Phillips RL, Fang B, Peterson LE. Burnout and scope of practice in new family physicians. Ann Fam Med 2018;16:200–5.
- Coutinho AJ, Cochrane A, Stelter K, et al. Comparison of intended scope of practice for family medicine residents with reported scope of practice among practicing family physicians. JAMA 2015;314: 2364–72.
- 8. Goodell M. Training (and maintaining) full scope family medicine. Fam Med 2016;48:659–61.
- 9. Newton WP. Family physician scope of practice: what it is and why it matters. J Am Board Fam Med 2011;24:633–4.

- Makaroff LA, Xierali IM, Petterson SM, et al. Factors influencing family physicians' contribution to the child health care workforce. Ann Fam Med 2014;12:427–31.
- Wasserman RC, Varni SE, Hollander MC, Harder VS. Change in site of children's primary care: a longitudinal population-based analysis. Ann Fam Med 2019;17:390–5.
- Liaw WR, Jetty A, Petterson SM, Peterson LE, Bazemore AW. Solo and small practices: a vital, diverse part of primary care. Ann Fam Med 2016;14:8–15.
- Aimee E, Morgan ZJ, Jetty A, Peterson L. Proportions of family physicians are caring for children is declining. J Am Board Fam Med 2020;33(6):830–831.
- 14. Freed GL, Stockman JA. Oversimplifying primary care supply and shortages. JAMA 2009;301: 1920–2.
- Goodman DC. The pediatrician workforce: current status and future prospects. Pediatrics 2005;116: e156–e173.
- Alker J, Roygardner L. 2019 Center for Children and Families. Georgetown University Health Policy Institute. The number of uninsured children is on the rise. Available from: https://ccf.georgetown.edu/wpcontent/uploads/2019/10/Uninsured-Kids-Report.pdf.
- 17. Health Resources & Services Administration. HRSA Health Center Program 2019 fact sheet. Available from: https://bphc.hrsa.gov/sites/default/ files/bphc/about/healthcenterfactsheet.pdf.
- Barreto TW, Peterson L, Petterson S, Bazemore A. Family physicians practicing high-volume obstetric care have recently dropped by one-half. Am Fam Physician 2017;95:762.
- Peterson LE, Fang B, Phillips RL, Avant R, Puffer JC. The American Board of Family Medicine's data collection method for tracking their specialty. J Am Board Fam Med 2019;32:89–95.

		Care of Children	
Characteristics	<5 Years, OR (95% CI)	<b>5 to 18 Years,</b> OR (95% CI)	≤ <b>18 Years,</b> OR (95% CI)
Gender			
Male			
Female	0.92* (0.84-1.00)	0.95 (0.85-1.06)	0.95 (0.85-1.06)
Age (years)			
< 39			
40 to 49	0.80 <sup>‡</sup> (0.69-0.92)	0.84* (0.70-1.02)	0.85 (0.71-1.03)
50 to 59	0.66 <sup>‡</sup> (0.57-0.77)	0.73 <sup>‡</sup> (0.60-0.88)	0.73 <sup>‡</sup> (0.60-0.89)
60 or over	0.52 <sup>‡</sup> (0.44-0.62)	$0.56^{\ddagger}$ (0.45-0.70)	0.58 <sup>‡</sup> (0.46-0.70)
Location of medical school			
USMG			
IMG	0.73 <sup>‡</sup> (0.63-0.83)	0.74 <sup>‡</sup> (0.63- 0.88)	0.74 <sup>‡</sup> (0.63-0.87)
Type of medical degree			
MD			
Osteopath	0.97 (0.83-1.12)	1.16 (0.95-1.41)	1.16 (0.95-1.41)
Race/ethnicity		()	
Non-Hispanic, White			
Non-Hispanic, Black	0.74 <sup>‡</sup> (0.61-0.90)	0.97 (0.76-1.24)	0.99 (0.77-1.26)
Asian	$0.53^{\ddagger}$ (0.47-0.61)	$0.64^{\ddagger} (0.55 - 0.75)$	$0.65^{\ddagger} (0.55 - 0.76)$
Non-Hispanic, other	$0.69^{\ddagger} (0.569 - 0.849)$	0.75 <sup>†</sup> (0.58-0.96)	0.75 <sup>†</sup> (0.58-0.96)
Hispanic	0.60 <sup>‡</sup> (0.50-0.73)	0.51 <sup>‡</sup> (0.41-0.63)	$0.50^{\ddagger} (0.40 - 0.62)$
Census region	0.00 (0.00 0.75)	0.51 (0.11 0.05)	0.50 (0.10 0.02)
South			
Northeast	1.57 <sup>‡</sup> (1.37-1.80)	1.09 (0.92-1.29)	1.08 (0.91-1.28)
West	$1.65^{\ddagger}$ (1.47-1.85)	$1.37^{\ddagger} (1.18 - 1.58)$	$1.38^{\ddagger} (1.19 - 1.60)$
Midwest	2.52 <sup>‡</sup> (2.23-2.85)	1.52 <sup>‡</sup> (1.31-1.78)	1.54 <sup>‡</sup> (1.32-1.80)
Practice size			
Solo			
Small (2 to 5 providers)	1.67 <sup>‡</sup> (1.45-1.93)	1.48 <sup>‡</sup> (1.23-1.77)	1.47 <sup>‡</sup> (1.22-1.77)
Medium (6 to 20 providers)	2.36 <sup>‡</sup> (2.02-2.75)	1.81 <sup>‡</sup> (1.49-2.20)	1.81 <sup>‡</sup> (1.49-2.20)
Large (>20 providers)	1.72 <sup>‡</sup> (1.46-2.02)	1.28 <sup>†</sup> (1.04-1.56)	1.27 <sup>†</sup> (1.04-1.56)
Rural			
Urban	1.60 <sup>‡</sup> (1.38-1.85)	1.39 <sup>‡</sup> (1.15-1.67)	1.38 <sup>‡</sup> (1.15-1.67)
Speaks second language			
No, speaks English			
Yes, Spanish/other	1.33 <sup>‡</sup> (1.20-1.48)	1.43 <sup>‡</sup> (1.25-1.63)	1.45 <sup>‡</sup> (1.27-1.65)
Practice organization			
Independently owned			
Safety-net	0.80 <sup>‡</sup> (0.68-0.95)	0.47 <sup>‡</sup> (0.38-0.58)	0.48 <sup>‡</sup> (0.39-0.59)
НМО	0.38 <sup>‡</sup> (0.31-0.46)	0.30 <sup>‡</sup> (0.24-0.38)	0.30 <sup>‡</sup> (0.24-0.38)
Academic	$1.320^{\ddagger}$ (1.07-1.62)	0.81 (0.62-1.04)	0.83 (0.64-1.08)
Hospital owned	0.91 (0.82-1.02)	0.82 <sup>†</sup> (0.70-0.96)	0.83 <sup>†</sup> (0.71-0.97)
Other	$0.16^{\ddagger}(0.14-0.19)$	0.096 <sup>‡</sup> (0.08-0.11)	0.096 <sup>‡</sup> (0.081-0.11)

## Appendix Table 1: Factors Associated with Family Physicians Provision of Care to Children

#### Continued

		Care of Children	
Characteristics	<5 Years, OR (95% CI)	<b>5 to 18 Years,</b> OR (95% CI)	≤ <b>18 Years,</b> OR (95% CI)
Poverty status of the PCSA of practice location			
Percent population < 200% FPL (top quintile)	0.96 (0.86-1.08)	0.94 (0.82-1.09)	0.95 (0.83-1.10)
Percent population < 18 years			
Tertile I			
Tertile II	1.31 <sup>‡</sup> (1.18-1.4)	1.087 (0.951-1.241)	1.082 (0.947-1.237)
Tertile III	1.36 <sup>‡</sup> (1.21-1.52)	1.14* (0.99-1.32)	1.14* (0.99-1.31)
Pediatrician density per 3000 children			
Quintile IA			
Quintile IB	0.53 <sup>‡</sup> (0.42-0.68)	0.57 <sup>‡</sup> (0.41-0.79)	0.57 <sup>‡</sup> (0.41-0.79)
Quintile II	0.42 <sup>‡</sup> (0.34-0.53)	0.51 <sup>‡</sup> (0.38-0.69)	0.512 <sup>‡</sup> (0.38-0.69)
Quintile III	0.36 <sup>‡</sup> (0.29-0.45)	0.45 <sup>‡</sup> (0.34-0.605)	0.44 <sup>‡</sup> (0.33-0.60)
Quintile IV	0.34 <sup>‡</sup> (0.27-0.42)	0.42 <sup>‡</sup> (0.31-0.57)	0.42 <sup>‡</sup> (0.31-0.56)
Quintile V	0.26 <sup>‡</sup> (0.21-0.32)	0.29 <sup>‡</sup> (0.21-0.39)	0.29 <sup>‡</sup> (0.21-0.39)
2017			
2018	0.92* (0.85-1.01)	0.88 <sup>†</sup> (0.79-0.98)	0.89 <sup>†</sup> (0.80-0.99)
Constant	3.62 <sup>‡</sup> (2.70-4.84)	15.80 <sup>‡</sup> (10.78-23.15)	15.73 <sup>‡</sup> (10.72-23.11)
Observations	11,674	11,674	11,674

OR, Odds Ratio; CI, Confidence Interval; MD; Doctor of Medicine; IMG, International Medical Graduate; USMG, United States Medical Graduate; HMO, Health Maintenance Organization; PCSA, Primary Care Service Area; FPL, Federal Poverty Level. Source: 2017 and 2018 American Board of Family Physician Recertification Examination Application Survey. \*P < .1.

#### $^{\dagger}P < .05.$

 $^{\ddagger}P < .01.$