

suggested our consolidation with either of these specialties. In fact while we receive a large portion of training from a variety of other specialists, the overriding influence in the training of a family medicine resident is from family physicians. Dr. Benson's assertion that we have, "wisely confined training to panels of families in model practices" tells me that he has not visited very many family medicine clinics or health centers. Although some are somewhat sheltered, a large number provide sorely needed health services in areas of need both in rural and urban settings. They treat "all-comers" with all types of complaints and problems. Often, they treat patients that no one else wants.

Family physicians as well as the patients we treat would lose a lot if we were forced to become "basically like internists." The world needs internists just as it needs physicians of all specialties. That does not mean that family physicians should stop providing the breadth of practice we are trained for, including obstetrics, surgery, and pediatrics, simply because general internists have become unhappy with their lot.

Family physicians are continually being challenged when requesting hospital privileges. This is partly because our specialty includes aspects of patient care traditionally considered to be within the turf of other specialties. Although overlap exists between other areas, it seems that only family physicians are singled out for close scrutiny of their competence. Our efforts should be to maintain our own identity as a specialty as well as our scope of practice so that our colleagues will recognize what we are in fact qualified to do. Becoming chameleons will certainly backfire. Let us expend our energy toward eliminating discrimination against family physicians both in hospital credentials and in recognition by government and third-party payors so that we can effectively provide the comprehensive care that is included in the scope of practice of family medicine.

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The above letters were referred to the author of the article in question, who offers the following reply:

*To the Editor:* Dr. Gillette's questions beg for answers, which today must be only speculations. I believe that the two practice specialties are coming closer and that it is time for each side to discard stereotypes of the other. Neither attracts enough students to train to serve the best interests of the public. Neither practice is the same as it was 20 years ago; family practice features more internal medicine, and internal medicine more work in the ambulatory care setting, prevention, and care for adolescents. The two Boards formed a constructive and powerful link in setting a single standard for training and certification in Geriatric Medicine. That mutual respect and admiration continue as we embark together on recognizing competence in Sports Medicine. Dr. Gillette, I count the impact of the ABFP as substantial and rational curricular reform, the legacy of a remarkable man. My rubric, the American Board of Physicians, delineates an evolutionary

step that may well be politically unworkable. The results of outcomes research will be the next evolutionary step in guiding the training and practice of the general physician.

I apologize for any unintended offense taken by osteopathic physicians. My point was and is that a single standard for a single general physician made sense in California about 25 years ago, a model for the organization of primary care today. That Californians had such foresight belies their reputation for flakiness. Dr. Stringos would be pleased to know that osteopathic physicians trained in allopathic residencies have done quite well in recent years on ABIM's Certifying Examinations in Internal Medicine.

I disagree strongly with Dr. Greenberg that any physician should be regarded as neither curious, scholarly, nor concerned with a practical approach to health care. All professionals apply the scientific method and should be skeptical and prepared to adapt to the new biology. Family physicians get more training in internal medicine than in any other discipline. I do understand the need for a broadly trained general physician. I don't believe either internists or family physicians are trained for or interested in the care of the very sick newborn, but internists today are being trained to provide continuing, comprehensive care in the areas of office gynecology, orthopaedics, dermatology, and behavioral medicine. The philosophies and skills taught to residents in the two specialties are far less divergent than he thinks.

An unlimited breadth of practice skills regularly applied is clearly impossible and not needed in those non-rural areas where a variety of specialists, managed care systems, or teaching hospitals are available. Modern transportation, allied health professionals, preventive medicine, and improved communications reduce the numbers of general physicians needed in rural areas (not the need for them there). I agree with Dr. Greenberg that urban areas and large managed care systems need good general physicians for primary, secondary, and tertiary care, not simply triage and offering reassurance through the course of self-limited illnesses.

The question is not either/or but how to deliver the best physician possible for the most people. I don't believe we have found the answer yet.

John A. Benson, Jr., M.D.  
President  
American Board of Internal Medicine

### **Dorsal Penile Nerve Block**

*To the Editor:* It is good that you printed an article<sup>1</sup> on use of local anesthesia for newborn circumcision. I have used it for more than 30 years for both newborn and adult circumcisions. For 100 percent effectiveness, in addition to dorsal nerve block, one must use circumferential infiltration at the base of the penis. For an adult, a 10-cc syringe of 1 percent lidocaine with a 1-inch long, 27-gauge needle is used. Initially, 2 cc is injected subcutaneously on the dorsum near the base, then the needle is turned laterally and advanced subcutaneously around to the ventral side. As the needle is withdrawn, 4 cc is injected. Without coming out of the skin, it is turned to the