

surgical specialists and other subspecialty fields have also increased.

For the most part, the book is organized by body systems, with additional sections on accidents and emergencies and on adolescent medicine. Some sections with new authors have been completely revised, and others with the same authors have had major revisions. The chapter on the newborn has increased from 85 to 139 pages, and the section on human immunodeficiency virus infection has increased from 5 to 25 pages. Material is as up-to-date as one can expect from a textbook that addresses such current topics as the ipecac vs activated charcoal for acute poisoning, the essentials of the new Centers for Disease Control guidelines for the treatment of otitis media in an era of increased antibiotic resistance, storage of umbilical cord blood as a source of stem cells, newer antibiotics, and treatment of *Helicobacter pylori* in children. Each section has selected references, which, too, have been updated.

While the title says current therapy, discussions are narrative and instructive and are not limited strictly to treatment but include information on pathophysiology, disease processes, differential diagnosis, and some aspects of diagnostic evaluation. Styles vary somewhat with different authors, but readability and clinical relevance are generally good throughout. Contributors are allowed to share their personal views, such as with the discussion of infant colic. There is no formulary; and specific medications are listed in individual sections usually by their generic names. There is liberal use of charts and tables, particularly to list differential diagnoses, drug treatments, and other therapeutic modalities.

This book is not a substitute for a standard textbook of pediatrics, but it is a definitive work that addresses therapy for the entire range of pediatric problems. Although it is much too big to fit in a pocket or purse, it should be available as a reference wherever sick children are treated. For the busy practitioner who already owns the previous edition, there is sufficient revision in this edition to justify an updating.

Leland J. Davis,
University of California, San Francisco
Santa Rosa, Calif

Women's Mental Health in Primary Care. By Kathryn J. Zerbe. 365 pp. Philadelphia, WB Saunders, 1999. \$39 (paper). ISBN 0-7216-7239-6.

The goal of this book is to increase the comfort of primary care clinicians when working with a wide array of common mental health issues in a busy medical practice. The book particularly focuses on mental health issues in women. In 14 chapters the author covers topics seen frequently by family physicians, such as anxiety disorders, depression, eating disorders, and insomnia. The chapters are readable and have a consistent format. Each chapter includes multiple journal references, guidelines, and annotated resources for both the patient and the clinician.

The main strength of the book is the detailed referenced information about aspects of mental health problems that are unique to women. Less helpful are the patient and clinician guidelines. The patient guidelines and resources would be appropriate only for a well-educated, psychologically sophisticated patient population. Although the guidelines for clinicians emphasize counseling, they do not provide sufficient detail to clinicians who are relative novices at it. The guidelines for clinicians appear to be most helpful for those clinicians who are already experienced and comfortable with counseling. Similarly, the clinician guidelines do not provide sufficient detail to be used as a source of information for prescribing psychotropic medications.

This book, therefore, is most useful to readers seeking a basic overview of common mental health issues in women. It will not be helpful for clinicians seeking specific detailed information about management of these problems, particularly with medications.

Diane J. Madlon-Kay, MD
Minneapolis

Developmental-Behavioral Pediatrics. Third edition. Edited by Melvin D. Levine, William B. Carey, and Allen C. Crocker. 912 pp, illustrated. Philadelphia, WB Saunders, 1999. \$135. ISBN 0-7216-7154-3.

This is an excellent book. It could be the behavioral companion to the standard textbooks of pediatrics. Its wealth of information on the developmental and behavioral aspects of pediatric medicine is particularly useful. Although these issues arise frequently in clinical practice, they are often not covered in depth in most training programs and receive abbreviated coverage in the standard texts. Arranged clinically, the material is organized to facilitate quick access to specific topics.

The book is divided into eight parts that deal with four areas. The first area is concerned with the influences on behavior, such as age, milieu, and biology; the different ages of childhood; the effects of culture, ethnicity, major life events; and genetic and disease-related issues. The next area discusses outcomes of 30 specific clinical entities, such as recurrent pain syndromes, substance abuse, violence, eating disorders, school maladaptation, various developmental and behavioral disorders, and major psychiatric disturbances. Third is a useful discussion of many of the tools needed to function in this discipline, such as interview techniques and methods of screening, testing, and assessing children's development. Finally, there are interventions, such as counseling techniques and various therapies, including psychopharmacology, as well as tips on making referrals.

This multiauthored book is consistent in style and organization, but the readability and clinical orientation of the chapters vary, with some more theoretical than others. In general, the book design allows the clinician to refer to specific topics quickly and find useful management information. Boxes and bulleted points often summarize the role of the physician in specific management situations. The sections tend to be thorough, yet concise,